NEWS & VIEWS November 2020 The One Where We Bring The Fireworks

Delivered to all homes in Caythorpe, Frieston, Normanton on Cliffe, Carlton Scroop, Sudbrook, Hough on the Hill, Brandon & Gelston

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Distributed to all homes in Caythorpe, Frieston, Normanton on Cliffe, Carlton Scroop, Sudbrook, Hough on the Hill, Gelston & Brandon

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Patients will receive a text message to inform them when their prescription is ready to collect and we ask that you wear a face covering when collecting and maintain the usual 2m social distancing.

As ever we would like to take this opportunity to thank you for the amazing support you have shown to the Practice and staff.

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N&V EDITORIAL

November 2020



It's been a funny old month here at News & Views Towers, given that we collectively work within the NHS and Education sectors and have children, it's been a mix of self isolation (but only those who have been a close contact with someone who has tested positive) and having to go to work...at times the whole scenario is quite mind boggling!

Normally in this months edition we are telling you about the fantastic annual firework display that the Caythorpe Social Club hold but as COVID has put a stop to that this year, we've added some fireworks to the front cover instead! The Remembrance Day Service is going ahead but with COVID precautions in place, details are within the Caythorpe & Frieston Parish Council update.

The November Edition, however, brings you a whole host of new groaningly bad 'Dad' jokes, updates from the School and Pre-school, a great article about Carlton Scroop's Community clean up of their Cemetery, an opportunity to buy masks and support a local cause and last but not least an invitation to join a local Meditation Group.

Finally, a plea on our part...We'd like to ask if any of our Gelston readers would consider delivering a few copies of News & Views to their neighbours in the village? It's a once a month job and would probably take a maximum of an hour of your time. If you would be able to help, it would be much appreciated, please email us on editorsnewsandviews@gmail.com :)

Until next month, Stay Safe - Pete & Laura



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Many thanks to all of you who have sponsored us on THE RIDE AND STRIDE event back on the 12th September.

On the glorious sunny day we were joined by John and Vida, Joshua, Maggie and Pete, and between us raised £852:00. Which will be split 50/50 between St.Vincents church and the Lincs Old Churches trust.

Once again many thanks, John and Judith Scott





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Lockdown - Week 12

The ninth and tenth of June are the birthdays of two of my Grandchildren, Jessica (21) and George(18). How they plan to celebrate I have no idea but I am sure their parents will ensure they have as great a time as possible within the confines of Covid19 regulations. I find it quite unbelievable that these two have suddenly matured into adulthood without me being all that aware of it. Time flies by so rapidly; one minute they are celebrating

reaching ten, then fifteen, then eighteen, then twenty-one. How did that happen? Of course eldest grandchildren, Dan and Laura, are in their thirties so I shouldn't really be so surprised. I also have two great grandchildren......oh heavens. What it is to be soooo old! Hey ho, back to a few memories to brighten my day and yours too, I hope:-

Would you believe it, daughter fell in the sea! They'd gone out on the boat. A glorious day; freedom at last; picnic on the beach and all was perfect. George, using the paddle board, paddled all the stuff for the beach over from the boat, as the draft too shallow for the boat to be anchored much closer. The picnic was lovely and they enjoyed themselves, despite it being breezy which entailed Fiona putting on her hooded fleece. Time to go. Fiona being taken to the boat first, kneeling on the front of the paddle board and George standing up behind her, calmly paddling away. She stood up on the paddle board to climb aboard the boat but somehow she made an error and found herself in the sea! The fleece rapidly absorbed water and made her ordeal more difficult. She felt the tide take her and began to panic. She came to the surface and through the bubbles she was creating, saw her husband leaping up and down on the shore yelling to George to, "B...y well get her back on the paddle board! Fast!" George, very calmly said, "No Mum, get hold of the board straps and I will paddle you back to the shore." Surely a bloke to have around in a crisis? Jessica meanwhile was doing a sterling job hanging onto a rope, to prevent another boat caught by the breeze, swinging around towards their craft, which would have caused even more of a problem. Fiona did as George instructed and all was well. She lost her favourite peach flip flops but strangely her sunglasses remained on her head. George said that all he could hear from his Mum was a tiny little voice saying, "Help, help, help!" Over and over again, no screaming, just, "Help, help!" Like a baby gull!

Now of course it has gone down into the annuls of family 'funnies' folk law. She is now greeted affectionately by her husband each morning with, "Morning Flipper!"

At last Warren returned to blitz my garden. Richard, my thoughtful neighbour, had kept the front lawns cut and had made an excellent job of the back lawn which, to me, resembled a meadow; pretty but wild. He tackled it willingly and made an excellent job of it too. My double wooden garden seat was way up at the end of the garden, under the trees. A favourite of ours. Peter and I used to sit there in the shade until he became too weak to get there. Then, as my creaky joints began to prevent me from venturing far or braving the uneven grass, the seats became overgrown and lost in the bushes. Warren retrieved them for me. They need a good paint but they are really sound. They were expensive, so I guess

you get what you pay for. They have been liberally decorated by the pigeons, who seem to like them too. They obviously have excellent taste.

My patio pots were over grown and I couldn't bend down to weed the damned things. Within half an hour of Warren being here they were, praise be, clear of weeds. The plants I'd ordered, weeks ago, finally arrived, so thankfully, now I could plant them. My patio has a lower level, all of a four inch depth from one to level to the other. To me, clutching twelve geraniums in their cosy plastic containers, it seemed an horrendous drop. I stood for several minutes, contemplating the drop and how I was going to do this. The double wooden seat, which is now on my patio, is very solid. This provided a useful balancing item for me to grip with my right hand whilst I delicately lowered my left leg down this, seemingly endless, four inches. Phew, glad that's done. Now for the other leg. I wobbled a bit but ok so far. Right all set. Everything to hand. I looked around for my knife to gently lift the plants from their mini pots. Where was it? Damn, I'd left it on the dining table, a mere three yards away. Seemed like a couple of miles! Deep breath, get on with it Jassy! So, I heaved myself up onto the patio. Managed that alright, hobbled to the dining table, retrieved my knife and set off back again. Once again the careful placing of one foot down, followed by the other. Great! Getting pretty good at this Jassy! Quite the Olympian athlete! Now to bend to the Aagh! My back would not oblige at all. Stiff, unwieldy, painful. Both pots I'd first pot! earmarked were topped up with compost by Warren, so all I had to do was to bend about two feet. I eased my back forward painfully. I carefully removed each plant from its min-pot and tossed them, one at a time, into position. They landed softly so no damage at all. Instead of a five minute job, it took me an hour to plant twelve plants. Each time I dug a small hole, I had to wait a while for back to ease, strengthen again, then pop in the next plant and press in. Straighten up, wait awhile, then do the same task again. No, my dear friends and family, before you rush to advise me, I could not use my garden kneeler as there was no room.

My garden seat proved a Godsend afterwards as I rested there for ages in the hot sun, looking, of course, incredibly glamorous in sunglasses and a wide brimmed, straw hat. I realised later that I'd committed the cardinal sin of not watering them in. As the rest of the pots needed watering, I uncoiled the scrunchy hose pipe, shoved the connection onto the tap and turned it full on. Unfortunately I had not given the connection a strong enough push, as it decided to allow the water to burst out, in all directions, from a very small space between tap end and screw-in threads. I was drenched in seconds! Isn't it amazing how, when water is coming at you with incredible accuracy, your mind can't grasp the fact that you are in the way of its trajectory! I was slow. Too slow and trying to turn off the water proved a problem, not because of the force of the water, my speed or even the difficulty of reaching the tap. No, because instead of turning it off, I turned it the wrong way and the intensity of the water increased a hundred fold. Result? A very wet idiot!

I recall a time in my daughter's garden, when my grandchildren were very little, she was about to fill the paddling pool. The hose was on the ground and she hurried off to turn on the tap. The hose suddenly leaped into life, snaked about and headed for me. I tore off shrieking and the blessed thing set off after me. No help from daughter or husband lolling in a deck chair, just hoots of laughter, with unhelpful cries of, "Go for it Jassy!" or "I've never seen you run like that Mum, well done!" Fortunately, after my most recent encounter, it was a warm balmy evening, no one to take the mickey, so both the plants and I enjoyed our soaking, although it would have been wonderful to hear Peter say, as he so often did, "Oh Jassy, what have I got myself!"

Graham, the man on the penny farthing rode by on Thursday evening. This time he raised his cap in the air and I waved. Now, he may have just been adjusting his cap but I'd like to think he was raising it to say, 'Hello!' I'm sure it was the latter. So, Graham, your brief visits are much appreciated, raising your cap to me or not.

Apparently I spoke too curtly or possibly rudely to a young woman on the phone recently. ME? Curt or rude? Never! My kids would probably agree. I can see them now, in my mind's eye, furiously nodding. No doubt a few pupils from 'the day' would agree too. Personally, I think I am all sweetness and light! This all came about because I'd taken on a new broadband agreement and opted out of BT, whom I have been with, for what seems, forever. The new company gave me their selling patter and at the time, it seemed a good deal. However when their 'Welcome Package' came through by email later in the day, I spent some time reading it thoroughly and decided, on reflection, that it wasn't for me. I also received an email from BT telling me how sorry they were that I was leaving and to get in touch if I had changed my mind. (The new company hadn't wasted much time letting them know, had they?) That was Friday. On Sat morning I rang BT and told them I'd changed my mind and I wished to stay with them. I came out of that smelling of roses, as the deal they then offered me was amazing and half the monthly outlay I had been paying. So I set that in motion. I then rang the new company to say I wished to terminate the agreement set up the previous day. They don't take phone calls at the weekend so I was directed to their on line 'chat'. As soon as the individual manning this realised that I was pulling out, she wanted to know reasons why etc so I pointed out that I'd changed my mind, I didn't need to list my reasons and would she please accept the fact. She became decidedly uppity and we parted with the comment that she'd notify the 'team' and they'd be in touch on Monday. I obviously need a 'team' to deal with me! However, Monday came and I was on the phone two minutes after nine. This time I spoke to a real live human being! (Becoming a novelty these days). Again, as soon as I said I wished to terminate the agreement, taken out the previous Friday, she launched into asking the reasons why I wanted to pull out and what a good deal I was missing out on, etc, etc. I raised my voice a tad....only a tad... promise... and said I'd changed my mind and would she please accept that and terminate the agreement forthwith. She said, "There's no need to speak to me like that, Mrs Wells." Like what for heaven's sake? I could have been far more unpleasant. Why is it perfectly acceptable for them to ignore

what you are requesting and continue to push the items they are selling but it is not alright for the likes of me to firmly say no?

The broadband renewal saga goes on....the equipment due to arrive on Tuesday June 2nd. Now I really have to test my intelligence and technological skills. First of course, they give you a 'window' for delivery time....7am to 6pm. Hardly a window more like a block of flats! I was up dressed and breakfasted by 6.30.am....they arrived at just after two thirty, so not bad I suppose but I would have liked my usual lie in, a cup of tea, a read of the paper, complete the cross word and three sudoku's before 9am. My daily challenge. The parcel, very much smaller than I expected, contained a new Hub and a BT TV box. Andy and I had chatted and we'd decided that if I was totally flummoxed by the TV setting up, then he'd be on line to help. The first task, to remove my old Hub and replace with the new. I did everything slowly and by the book. First checking if everything was there, then remembering from which connection each wire came and where the new one should go. All went incredibly smoothly except the new hub did nothing at all. I retraced my actions. All seemed perfectly fine. I checked I'd actually switched on the power at the plug...hah.. you thought I'd not done that didn't you? What on earth hadn't I done? Obviously something was amiss. I reread the booklet. In very small print it said, "If the hub light does not come on, check that you have switched on the Hub Manager." What or who, in heaven's name, is a Hub Manager? Is some handsome guy, in BT livery, going to stroll in and say ,"Leave it to me Jassy, all will be well!" Seems not! I studied the back and front of my new Hub, looking for the magic words, 'Hub Manager' but no, nothing there. Then, at the side, I saw a small, round, on off button. No label there but I recognised the logo. I pressed that ...yippee... a light came on! So, a 'Hub Manager' is a common or garden on/off switch! Why have a fancy name for something so simple? I was too tired to set up the TV box. I left that until the next day.

The next day came...it brought rain too. My plants look so much happier. I had a coffee and anxiously studied the outside of the BT TV cardboard box awhile. Somewhat nervous about this. There is a handy BT TV video to help the stupid, i.e. me, work out how to connect the box with TV and broadband. (I'll be getting another telling off from daughter soon! You are NOT stupid Mum!) Seemed straight forward enough and the young man presenting it, cheerful and encouraging. He reminded me a bit of the bouncy hairdresser! Remember that saga? "You can do this! The yellow end goes in the yellow connection here and the other yellow end goes in the yellow connection there! So, there you go. All done!!" This cable with the yellow ends, is called an ethernet which is very long and very thick. One end goes in the TV box and the other in the back of the new Hub. Unfortunately the distance from one to the other is across my lounge, behind two sofas and across my hall way. Should the cable prove to be long enough, which I doubt, I'd need to drill a sizeable hole through my lounge door to get the cable through! Be easier to go out through the front window and back in through the front door letter box! I apparently need mini-connectors which are clever but very expensive. (Ought really to have been warned about that or be part of the package.) An idea is forming that possibly the Hub, which has a very long, very thin cable could be moved into the lounge, or perhaps having the phone point moved might be even better. I'll think on that one!

Last Sunday we opted for a family chat. Which was lovely as it was Grandson's 34th birthday. So good to see everyone getting together at last, being as socially aware as possible. Fiona popped on screen too, to wish him well and have a chat. He seemed pleased about all the fuss. Bless his cottons!

Also an extra celebration as our son and heir had harvested his very first radishes and lettuces! I'd had a 'virtual stroll' around his garden a day or two earlier. He has done wonders with that garden. I am very impressed. His father would have been amazed as Andy as a youth, would speedily head in the opposite direction when gardening was suggested. Andy's daughter Laura, took a video of her Dad harvesting his crop. I do wish you could see it. His face, all aglow! Laura's comment to me, "Oh Nanny, bless him. Isn't he lovely?" I have to agree.

I really could go on and on but according to my computer I am now on page five, a total of almost 3000 words! Must be way over my quota! Love to you all. Jassy xxx

Carlton Scroop Corner



Normanton on Cliffe is the burial authority for the cemetery (next to the church at Carlton Scroop).

There is now a definite plan and layout which can be accessed through the website or by contacting the Parish Clerk. Over the years the cemetery has become neglected, not helped by this year particularly when the sun/rain has made everything grow more than usual. Saturday saw a working party to bring some sort of order to the cemetery. Volunteers turned up with chain saws, gloves and secateurs, hedge trimmers wheelbarrows and what was initially considered to be a very big job with the help of these wonderful people 3 hours, four trailer loads of brash, cups of coffee and bacon baps a brilliant job was done. Those who helped were Simon Hutton, Jack Baines, Mark and Suzie Watson and family, Richard Harris, David on the Trailer and Bridget Hankinson.

Phase 2 of the operation will be the wild flower turfing on the edge and the beech hedge will be trimmed. Providing the weather still holds good, we will be asking for more volunteers for the Phase 2 in about 4 weeks' time. When the whole job is completed, we intend to have a celebratory BBQ for all those who helped.

For those who would like to be part of the volunteer group please contact Bridget Hankinson 01400 250387 or email:bridgethankinson15@gmail.com

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St Chad's Masks

My name is Brenda Dowling, and although I live in Welbourn, just outside of the News &







Views catchment area, I thought you might like to know about the face masks that I have been making. At the start of the pandemic, I did quite a lot of research on the best type of face mask, and then made them for family and friends. But I didn't stop there. I refined the design and offered the masks locally, asking for a donation of £5 each, with all proceeds going to St. Chad's Church in Welbourn as all their usual fundraising events were curtailed.

I am astonished and delighted that so far I have raised over £2,000 and I would like to say a very big thank you to everyone who has supported this fund raising effort by getting their face masks from me.

The masks are triple layered, the middle layer being a bonded fabric which acts as a filter, and they have an encased wire which fits over the nose, keeping them in place so they are both comfortable and secure. They are also hand washable so environmentally friendly.

I have used dozens of fabrics so lots of designs to choose from as the photos show, and I have just started making some for Christmas as I felt it would be nice to have some festive ones to spread a bit of brightness in these gloomy times.

St. Chad's Treasurer is Dr Tony Watts who has now retired from the Caythorpe Practice, but he has arranged with their Manager to display a flyer at the Surgery. He says that they're exactly what we need to be wearing and has bought several for his family and friends.

A lot of people have also said that because the masks fit over the nose properly, they don't steam up their glasses. It's not something I can guarantee but it's nice to know that it helps.

I have got dozens of masks made up and ready, and I'm getting different fabrics all the time. If you would like to contact me, please phone 01400 279171 or email <u>masksstchads@icloud.com</u> Thank you, Brenda



Dear All,

Children and Parents were welcomed back to Pre-school in September for the Autumn Term.

The children have been brilliant in adapting to our new routines particularly at drop-off time

when they have had to come into the setting without their Mummies, Daddies or Carers. A huge Well Done to you all. You should be very proud!



We have spent a lot of time outdoors. Together we have brightened up the outside area making new wind chimes and re-painting our colour boards.



Our topics have included 'Down on the Farm' and 'Autumn Time' and the children have been learning to do the Makaton signs for the animals.

During Transport week the children made their own



vehicles and said they were going "shopping" and on "holiday". Wishful thinking!

All in all a successful start to our new academic year. Here's looking forward to Christmas! Lots of glitter and sparkle.

Take care everyone! Debbie, Denise, Katie & Charlene



Caythorpe Primary School



"Where Learning Comes First"

Double School Games Awards for Caythorpe!

Caythorpe Primary School is a hotbed of sporting opportunity and achievement. One of the first in Lincolnshire to achieve the acclaimed School Games Platinum Award in 2018-19, Caythorpe have since been awarded certificates for their commitment to the School Games before and during lockdown last academic year.

The School Games are dedicated to providing sporting

opportunities for as many pupils as possible and Caythorpe enjoy taking part in a wide range of activities provided by the Carres Grammar School Outreach Service. These extended into virtual competitions when schools went into lockdown with Caythorpe presenting a number of their own virtual challenges, including a walk to Skegness in less than two weeks! (link)

Helen Hunt, Deputy Head and PE Lead, explained: "Caythorpe Primary has always prided itself on offering all children opportunities to engage in a wide range of sporting activities, events and competitions. One of our key targets was to get more pupils active during lessons which we did through active maths and English lessons.

We were particularly pleased to be awarded the 'Virtual Participation' Award as it was challenging to engage our pupils during lockdown. We set a range of activities that could be completed using household objects as not all children had access to sporting equipment. Pupils tweeted their challenges as well as engaging in virtual competitions set by our Carres Grammar School Outreach providers."

Whole School Topic - Under the Sea

Everyone fully immersed themselves in our whole school topic, 'Under the Sea'. Both staff and pupils thoroughly enjoyed exploring life in the water and discovering weird and wonderful sea creatures and unusual plants whilst also investigating the impact that global climate change and plastic pollution has had on our ocean wilderness.

Enchanted Forest read Commotion in the Ocean to find about the different creatures that live beneath the sea. They also read The Rainbow Fish to





understand the importance of sharing with our friends as well as creating their own colourful fish. They enjoyed a special visit from Nemo; he had so much fun playing with the children that he wanted to stay all week! They also used magnifying glasses to look at shells, seaweed and sand in our rock pool and caught lots of fish!

Neverland made oceans in a bottle in Science using oil,

water, food colourant, sand and shells. They enjoyed finding out about the different habitats of sea creatures. They also created their own version of the Rainbow Fish whilst listening to ocean music and discussing their feelings using the mood monster story to open up conversations/feelings.

In English Narnia read poems written about the seaside. They used our learning powers of "empathy" and "noticing" to talk about how the poems made them feel as well as finding interesting words and phrases in the poetry. They shared memories of spending time at the seaside too and then used all of their ideas to create an anthology of poetry.

In art they looked closely at patterns on different types of fish and develop skills of drawing using pen. These were useful when, in the following week, they created backgrounds of seascapes using tissue paper and created a fish tile to print on their backgrounds. They particularly enjoyed getting messy using mod-rock to create model fish. Some were huge!

In reading they explored non-fiction texts. They used the book "Life on Earth: The Ocean" as inspiration to create their own lift the flap question and answer information pages.

In Hogwarts, Year 6 focused on the big question 'Is plastic important?' which examined plastic pollution in our oceans and how it impacts upon our lives. The children argued for and against the topic and although, they agreed that single use plastic caused major damage, they also thought that some plastic plays an important role in our lives and if disposed of and recycled properly it can be beneficial.

In Year 5, the children brushed up on their descriptive skills as they focused on writing a 'oceanscape' description. This involved them focusing on their use of adjectives, powerful verbs, adverbs and openers. Their descriptions were very imaginative and definitely worth a read.

Their afternoon sessions focused on Ocean Geography. These included identifying and describing the world's oceans, describing and labelling marine features around the UK, the layers of the ocean and a fact file on the animals within the different layers of the ocean.

The DARE 25 Programme

The DARE 25 Programme is a primary programme that is designed to equip young people with a range of knowledge and skills which they can use to support them in the transition to secondary and beyond. DARE stands for 'Drug Abuse Resistance Education' and it gives children the skills they need to avoid involvement in drugs, gangs, and violence. ... The aim is to compliment the work that schools are already doing.

Bike to school week

Mrs Hunt has spotted lots of children biking, scooting and skating to school! Any form of active travel to school is a great way to start the day so well done to everyone who has an active journey to school!





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In & Around The Garden

October was, as usual, the month when leaf clearing began. The leaf mould from 2 years past has been dug out of the bin and will be used as a mulch/soil improver, with my fern collection getting priority for this valuable organic compost. The late summer flowers are holding up well, with big clumps of Michaelmas daisies in shades of blue, white, purple and maroon. They also come in pink, but I have never much liked the pink ones so they do not feature in my garden. My favourite is 'Sapphire', a strong violet blue, disease free and self supporting.



Signs of autumn are everywhere with leaves beginning to change colour, not just on trees and shrubs, but also on some herbaceous perennials. Some of the hardy geraniums, especially *G. psilostemon*, take on attractive autumn colours. One of the best perennials is *Darmera peltata* with large round leaves that turn orange and red. I grow it on the edge of the pond, where it sends up tall flower stems topped with pink flowers in spring before the leaves emerge.

Another rather unusual plant with autumn interest is the pokeweed, *Phytolacca americana*, which grows to about 1m high. It is noted for its bright pink flower stalks with palest pink flowers that give way to striking shiny black berries. It looks just a bit evil, not inappropriately, as the sap is irritant and the berries are highly toxic, but there aren't many plants that do well in dry shade so it stays.





Two unfamiliar insects got trapped in the conservatory in October. The first, *Pimpla rupifes*, is a large ichneumon wasp with a black body, bright orange legs, long antennae and a dangerous looking ovipositor at the rear. It lays its eggs mainly inside the pupae of large white butterflies, which are then eaten alive by the wasp larvae. This gruesome lifestyle is a feature of ichneumonids, of which there are around 2,500 species in the UK: the one I found is amongst the largest, and certainly one of the most conspicuous. Many are valuable predators, parasitizing a variety of insects that are common garden pests. I once neglected to do anything about scale insects on a shrub, and a few weeks

later all were dead with a neat little hole in the top of the scale where the tiny wasp had escaped – so, gruesome but useful.

The second insect, also an unusually large species of its kind, was the Western conifer seed bug (*Leptoglossus occidentalis*). It was the biggest bug (Hemiptera) that I have ever seen, at around 20mm long, with extraordinary paddle-shaped extensions to its hind legs. It is native to the USA and was accidentally introduced to Europe in 1999, arriving in the southern England in 2008. It is a pest of conifer nurseries at home, and it remains to be seen whether it will be a problem here. Unfortunately no amount of plant hygiene regulations can stop winged visitors from the continent! JA

Caythorpe & District Garden Society

Our speaker for October was Johnnie Walkers, specialist bulb grower from South Holland and winner of 29 Chelsea gold medals. His talk on tulips began with their introduction to northern Europe from Turkey in the 1550's. Breeders began to produce new varieties – 600 were listed in one catalogue of 1660 – leading to 'tulip mania' in Holland, followed by financial ruin for many when the market collapsed.

Commercial production in the UK centred on Spalding, due to its proximity to Holland and ideal growing conditions on the drained marshes. The industry, in which Johnnie's family were closely involved, has had a chequered past, interrupted by 2 world wars. The bulb fields were a tourist attraction until it was realised that early flower removal enhanced the quality of the bulbs grown for sale, but then the blooms were used for an annual flower parade until 2013. Springfield Garden is now the industry's show case, with a festival each May.

Johnnie gave us tips on cultivation, including lifting most varieties after flowering and replanting only the largest bulbs in autumn. Few hybrids are good for naturalising, but some of the species will do well in a sunny well drained spot if planted deeply. Thanks to Johnnie for an interesting and useful talk.

Unfortunately there will be no more meeting of the Society this year.

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Caythorpe & Frieston PC

Well here we are in November with no real ease to the lockdown and our COVID-19 situation! As I write our Parish seems to be coping well with the pandemic (fingers crossed). As a Parish Council we have tried to support all of the vulnerable people that have requested assistance through our co-ordinator, Councillor Jonathan Betts and his team. So, thank you to Jonathan and his team for looking after the vulnerable people within our Parish. Hopefully we can provide this assistance until we have seen this pandemic through and away from us all.

Building on from an earlier article I wrote about Rogue Traders, I have been made aware that there is a scam going around at the moment, where a slip is put through peoples' letterboxes saying "sorry we missed you, we had a parcel for you, to arrange re-collection please phone...". The telephone number starts with 09, evidently this is a premium line number and if rung it builds up to substantial amounts on your phone bill, so please, if you receive one of these **do not** call the 09 number.

Not a lot has progressed in the Parish since my last report, however, we have received a number of complaints about speeding along Waterloo Road and persistent use of the road by HGV vehicles. The PC will do everything within their power to discourage both issues occurring however, they are LCC highways matters, which means they are enforced by the police. If you feel strongly about these issues the police should be involved by calling the 101 number. We have looked at Lincolnshire Road Safety Partnership for advice on how to control speeding within the village area and are working with them to provide what we hope will be a solution.

Two people have come forward with offers to provide a bench on Chapel Lane and we are waiting to hear from them and hope to get the benches in place soon.

As winter draws in and the temperature begins to drop please check on your neighbours to make sure, especially if they are elderly or vulnerable, that they are stocking up with wood and coal, oil or LPG to ensure they have plenty of heating during the winter months and don't forget to be community spirited and keep a good eye on them.

If you're of the age and haven't already, get your flu jab, it's never been so important as now!!

The Remembrance Day parade will take a different format this year due to the COVID-19 Tier 1 restrictions. There will be no Church Parade or Church Service; instead, a short and simple ceremony will take place at the War Memorial commencing at 10:50am followed by the Last Post, 2 minutes silence, the reading of the fallen, the KOHIMA epitaph and then the wreath laying. Members of the public are welcome to attend but are requested to strictly observe the current Rule of 6 and social distancing guidelines. Track and trace registration for those attending may be implemented. Should the village move into Tier 2, information updated will be provided on the Parish Council web site: http://parishes.lincolnshire.gov.uk/caythorpeandfrieston/section.asp?catId=22541 and Face Book page and via the village notice boards. I know this sounds strange but it is the times were living in at the moment and we don't want to be spreading the virus. So, we can still remember the fallen, but we'll just have to do it socially distancing so thank you in anticipation of your support. Neil Fritzsche, Chairman CFPC, 07001 598052

Not from the Rectory

The Rector is not a Flirt!

With restrictions on travel north to places in local lockdown and the lack of local availability of cathedrals offering their usual weekday lunch time services the nearest on offer was at Bury St Edmunds

By pure coincidence this offered the opportunity of a Greater Anglia train for the journey onwards from Peterborough on one of their new Stadler Class 755 bi-modal trains – trains of Swiss manufacture which first appeared in 2015 in the Aosta region of NW Italy and which are known by the acronym 'FLIRT' which translates as 'Fast Light Intercity Regional Trains'!

So, we duly 'flirted' via Whittlesey to March and Ely before leaving the Cambridge-London line and heading in a south easterly direction by the horse riding courses and gallops around Newmarket before drawing into Bury St Edmunds station.

The city centre is a short walk from the station and the cathedral is to be found standing to the right of the impressive gateway of the former Benedictine monastery which contained the shrine of the St Edmund, King of East Anglia, who was martyred in 869

The diocese of St Edmundsbury & Ipswich was formed in 1914 from parts of the Diocese of Norwich and the Diocese of Ely to minister to the people of Suffolk and the church of St James, built within the abbey precincts, was chosen for the cathedral

There was time for a brunch – cherry tomatoes and bacon served on toasted sourdough bread if you are wondering - before joining a small congregation in the Lady Chapel for the lunch time eucharist which itself was preceded by 30 minutes of silent meditation introduced bv words from a contemporary Benedictine writer urging us to ignore the noise – not the noise from outside but rather the noise from within our own hearts and minds.

This visit linked back to the times we have spent in north Norfolk where we



often walk the 'Wolf Trail' along the cliff tops at Hunstanton for it is here, allegedly, that Edmund landed in the year 854. It was the time of Viking incursions and Edmund faced the Vikings at Diss in 869; he was taken prisoner, tied to a stake and shot through with arrows until he died when they beheaded him and threw his head into the forest.

Some days later Edmund's followers found the body and searched for the head - so that they give him a decent Christian burial - which they found guarded by a huge great wolf and this wolf – at least a carved wooden wolf – is next to the chapel built to mark the spot where Edmund landed.

Look for the Wolf Trail the next time you are over at Hunstanton: start in the Esplanade Gardens and walk towards the lighthouse following the 6 wooden posts depicting scenes from St Edmund's life culminating in the carved oak sculpture of the protecting wolf! Stuart Hadley, Rector of the South Cliff Benefice



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Churches along with many charities have lost income through the pandemic and are reaching out for support – for example I have yet to respond to the Stamford Shakespeare Company's appeal if I am to have any hope of seeing Shakespeare in the open air next year at Tolethorpe!

In a parallel way the churches would like to appeal to our wider community audiences, including family, friends and those more on the fringes of church, asking them to 'Support your church community for future generations'. This recognises that there is much goodwill towards the Church amongst many in our wider communities, who may wish to support the work of their local church, but whose motivations for doing so might be different from those within our worshipping congregations.

We welcome this opportunity, as we think it will be of benefit to many of our churches for people to be given the option of contributing financially to their local church in a more regular and planned way; i.e. monthly, quarterly or annually.

If you are interested then please contact either the rector or the wardens of your local church [contact details at www.southcliffchurches.uk] to ask for the PCC's sort code and account number to enable you to set up your giving in way which carries no infection risk like cash.

Thank You, The Reverend Stuart Hadley, Rector, The South Cliff Villages Group / Mobile: 07398 390549

Services at South Cliff Villages Group of Churches www.southcliffchurches.uk

| | 1 st Nov | 8 th Nov | 15 th Nov | 22 nd Nov | 29 th Nov |
|------------------------|---------------------|--|---|----------------------|----------------------|
| | 1 st Sun | 2 nd Sun | 3 rd Sun | 4 th Sun | 5 th Sun |
| | All Saints Day | 3 rd Sunday before Advent | 2 nd Sunday before Advent | Christ The King | Advent Sunday |
| Barkston | | 10.30 HC/SH | | | |
| Belton | 10.30 HC/SH | | | | |
| Brandon | | | | | |
| Carlton - Normanton | | | 09.00 HC/SH | | |
| Caythorpe | | | | 10.30 HC/SH | |
| Fulbeck | | | 10.30 HC/SH | | |
| Honington | | | | | 10.30 HC/SH |
| Hough | 10.00 MP/CB | 09.00 HC/SH | | | |
| Hougham | 17.00 EP/CB | | | 09.00 HC/SH | |
| Marston | | | 10.00 MP/CS | | |
| Syston | | | | | |
| | | The second s | | | |

PETE'S PUZZLES

- 1. Name the three particles that make up an atom?
- 2. Afrikaans was developed from which European language?
- 3. What Italian word for 'Scratched Drawing' can be found on walls all over the world?
- 4. Which sign of the Zodiac is represented by the Scales?
- 5. One and a half litres of champagne is known as a what?
- 6. What is the common name of the' Auora Borealis'?
- 7. What is the gemstone for September?
- 8. Which three continents lie on the Tropic of Capricorn?
- 9. Which song gave Allanah Myles a top 10 UK chart hit in 1990?
- 10. Which drink translated into English means Aunt Mary?
- 11. The Rolls Royce radiator ornament is called 'The Spirit of' What?
- 12. Hepatitis affects which organ of the body?
- 13. Where were the Bee Gees born?
- 14. Which professional football team is known as 'The Cherries' ?

Dingbats

Medical Edition

- 1. PCHICOX
- 2. Past Sunbeams

3. CHUGO

| S | udoku |
|---|-------|
| | |



| Did you hear about the Italian Chef that died? He pasta way. I was interrogated over the theft of a cheese toastie. They really grilled me. | What did the buffalo say when his son left? Bison! |
|---|--|
| Pete's I | Puzzles Answers |
| rnemouth | |
| outch 3. Graffitti nern Lights 7. Sapphire | 4. Libra 5. Magnum 6. Nortl 8. South America, Africa & Australia 10. Tia Maria 11. Ecstasy |

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| NSPCC Child Protection | 0808 800 5000 |
| Citizens Advice | 03444 111 444 |
| Crimestoppers | 0800 555 111 |
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WHAT'S ON IN NOV 20?

Leaves falling, getting dark earlier, thinking about putting the central heating on...

Gentlemen....

Why not try doing your Christmas shopping this month....rather than on the way home from work on 24th December?!

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