NEWS & VIEWS

December 2025 and January 2026

Delivered to homes in Caythorpe, Frieston, Fulbeck, Normanton on Cliffe, Carlton Scroop, Sudbrook, Hough on the Hill, Brandon, Gelston, Ancaster, Willoughby and more

The Red Lion Caythorpe

DISCOVER A NEW LEVEL OF TASTE

Locally sourced produce ● **Dog Friendly** ● **Vegan/Vegetarian Options**

Whether it be a drink or a meal, sit back and relax and we will take care of everything

Need to get in touch?

Don't forget, we are now in the 21st Century and we have a mobile number! Our landline is now disconnected, so you can call or message us on **07450 448073** if you have any questions or want to make a booking!

New Years Eve

Get ready to sparkle and celebrate as we throw it back to the 70s for one unforgettable Glam Rock New Year's Eve! Expect live music, a special set menu inspired by the era, and all the Glam Rock vibes you can handle.

Channel your inner rock star, and dance your way into 2026 in true 70s style.

No tickets needed, just let us know if you're joining and book a table if you'd like to dine. It's a night not to miss!

Burns Night

Saturday 24th January 2026

Celebrate Burns Night at The Red Lion with a special Scottish-themed menu.

Enjoy an evening of Highland spirit and raise a toast to the legendary poet Robert Burns as you settle in for good food, good company, and a touch of tradition.

Valentine's Day

Saturday 14th February 2026

Make Valentine's Day a special one in the new year and secure your table early and enjoy our exclusive specials before they're fully booked.

62 HIGH STREET, CAYTHORPE, LINCOLNSHIRE, NG32 3DN

07450 448073
WWW.REDLIONCAYTHORPE.COM
HELLO@REDLIONCAYTHORPE.COM

News & Views

ISSUE 116 - December 2025

Distributed to all homes in Caythorpe, Frieston, Fulbeck, Normanton on Cliffe, Carlton Scroop, Sudbrook, Hough on the Hill, Brandon, Gelston and more.

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Welcome

Dear News & Views Readers,

I hope you enjoy this double edition for December and January.

Many thanks as always to our large team of volunteers who ensure that this magazine is delivered to you. Thank you also to the advertisers, contributors and Westgate Printers who make it possible.

I'd like to wish you all a Merry Christmas and a Happy New Year.

Look out for the next edition in February 2026.

Robert Prabucki

You can have a digital copy of News & Views to read on your devices Please get in touch.

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Advertising and Contributions Deadline for February Edition 15 January 2026

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Magazines are delivered free to every home. A pdf version can be emailed.
If you would like to donate to our costs pay by Bank to
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News & Views is produced and distributed by a team of volunteers. All advertisements are taken in good faith, we cannot accept responsibility for any legal enquiries resulting there from. Submitted articles do not necessarily reflect our views. We reserve the right to not print submitted articles.

SPAR

THE POST OFFICE

Caythorpe Spar Opening Hours
Mon - Sun 07:00 - 21:00

Post Office Opening Hours
Mon - Fri 09:00 - 16:30
Sat 09:00 - 12:00

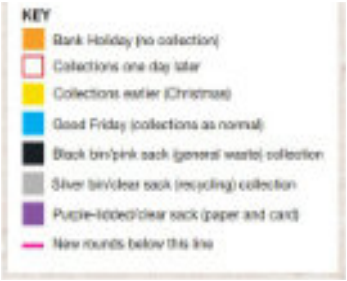
Caythorpe & Ancaster Medical Practice

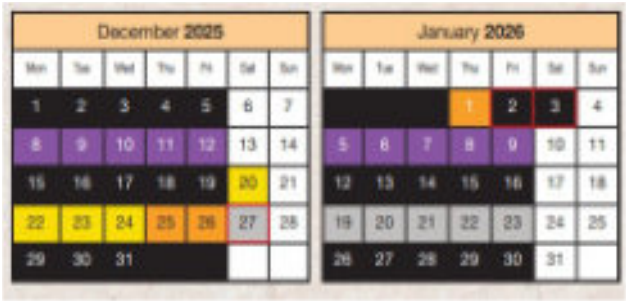
Caythorpe Surgery: 01400 272215 Opt 1 for Dispensary
Ancaster Surgery: 01400 230226 Opt 1 for Dispensary

Surgery Hours
Monday to Friday 8.00am to 6.00pm
Dispensary 8.30am to 6pm
Closed Saturday and Sunday

Closed
December 25/26
January 01

Bin Collections





Silver bin collections due on 22nd December will take place earlier on Saturday 20th December. Collections due on 23rd, 24th and 25th December will take place one day earlier.

Collections due on 26th December will take place one day later.

General waste collections on 29th, 30th and 31st December are as normal. Collections due on 1st and 2nd January will be one day later.

Lincolnshire Mobile Library Service December

Caythorpe	The Church 12-12.45 Monday 1st & 29th
Frieston	Church View 10-10.30 Thursday 18th
	The Green 11.30-12.00 Monday 15th
Fulbeck	Hare & Hounds 10.30-11.00 Monday 15th
Gelston	The Green 12.15-13.00 Monday 15th
Sudbrooke	Village Hall 10.45-11.30 Friday 12th
Ancaster	Ermine Street 15.00-16.00 Tuesday 23rd

At time of editing the mobile library times for 2026 were not yet published.

Useful Contacts

Emergency Services

Police, Fire or Ambulance	**999**
Police Non Emergency	101
NHS Non Emergency	111
Lincoln Police	01522 532 222

Doctors

Caythorpe	01400 272 215
Ancaster	01400 230 226

Household Emergencies

Electricity/Power Cuts	105
Water & Leaks	03457 145 145
Floodline	01522 782 082

Personal Support

Rev'd Canon Geraldine Pond	07930353316
Samaritans	116 123
Citizens Advice	08082 787 942
Childline	0800 1111

Defibrillator Locations

Brandon	Telephone kiosk on corner of Church Lane & Hough Lane
Carlton Scroop	
	Charity Street on wall before Golf Club entrance
	Wall at Village Hall, Newark Lane
Caythorpe	Village Hall High Street Hammond Pavillon, Old Lincoln Road Old Chapel, Chapel Lane
Frieston	On wall of 35 Hough Road between Top and Bottom Green
Fulbeck	On wall, Main Door Village Hall
Gelston	Village Green in Telephone Kiosk
Hough	Telephone kiosk on High Street opposite Church
Normanton	Telephone Kiosk Main Road
Sudbrook	Telephone Kiosk

Caythorpe & Frieston Parish Council
Clerk Mrs D Manterfield 07351690496
clerk@caythorpeandfriestonparishcouncil.gov.uk

Carlton Scroop with Normanton Parish Council
Clerk Florence Hill clerk@carltonscroopnormanton-pc.gov.uk

Fulbeck Parish Council
Clerk Dermot Daly 07778 351935 clerk@fulbeck-pc.org.uk

Sudbrook Parish Council
Clerk Christine Myers 07594 295457 sudbrookeparishcouncil@gmail.com

Leadenham, Fulbeck, Caythorpe, Frieston, Normanton-on-Cliffe, Carlton Scroop, Sudbrook, Hough on the Hill, Brandon, Gelston, Ancaster, Willoughby and beyond!

Reach all of these places by placing an advert or article in the Double Award Winning News & Views

Christmas Chill and Chat Event

Caythorpe & Frieston Village Hall

Friday 19th December 10.00 – 12.00

Hot chocolate

Secret Santa

Christmas cakes

Drink & Cake £2

Over 60's Club
at Fulbeck Sports Club

1st and 3rd Friday every Month 2-4pm

If there is an event you would like to publicise then please let me have the details and it can be included in our News and Views monthly edition which is delivered to 1400 homes.

Opening Times:

Friday 5:30pm to 8:00pm

Sunday 12:00pm to 4:00pm

Open for Pool Team Fixtures on Tuesday 7:00pm - 11:00pm

FULBECK
SPORTS & SOCIAL CLUB

Calendar of Events

December

2	Hough on the Hill Church Coffee Morning
3	Handicrafts Club
5	Fulbeck Over 60's Club
5	Caythorpe Quiz Night
6	St Vincents Coffee Morning
6	Fulbeck Sports Club Bingo
6	Carlton Scroop Bingo
6	Caythorpe Village Hall World Cinema
7	Caythorpe Village Hall Breakfast
11	Carlton Scroop Christmas Lunch
13	Fulbeck Sports Club Bingo
13	Leadenham Village Hall Christmas Dinner
16	Carols Round the Tree Caythorpe St Vincents
19	Fulbeck Over 60's Club
19	Caythorpe Chill & Chat
24	St Vincents Crib Service

January

3	Fulbeck Sports Club Bingo
4	Caythorpe Village Hall Breakfast
9	St Vincents Coffee Morning
16	Caythorpe Chill & Chat
16	Caythorpe Village Hall Film Night
17	Fulbeck Sports Club Bingo
31	Fulbeck Sports Club Bingo

Fulbeck Thursday Coffee Club

All Welcome!

Fulbeck Village Hall

Open 10 am – 12 noon every Thursday

Tea and coffee with cake and biscuits

Occasional speakers and Village Library

Come along for an informal chat with friends and neighbours, and meet new ones, in our wonderful café/bar area!

All we ask is a donation of £2.00 to cover costs. Excess funds are regularly given to charity, so far £100.00 each to: Village Bereavement, Caythorpe Surgery, Marie Curie, St Barbabas, Lincs. Air Ambulance, Trade Aid, Children In Need, Cancer Research, Children in Need and Salvation Army

Caythorpe & Frieston Sports & Social Club

The Hammond Pavilion, Old Lincoln Road

Opening Times:

Thursday 7.00pm - 11pm
Friday 8pm - 11pm
Saturday 5pm - 11pm
Sunday 2pm - 9pm

Please come and pay a visit to this welcoming Village Amenity. Enjoy a drink with family and friends, as well as joining in the various events.

Membership is not essential but there are several benefits for those who pay the annual fee. These include: Free wifi, Free Sky Sports and Free seasonal activities for children

Membership Family £15 Individual £10

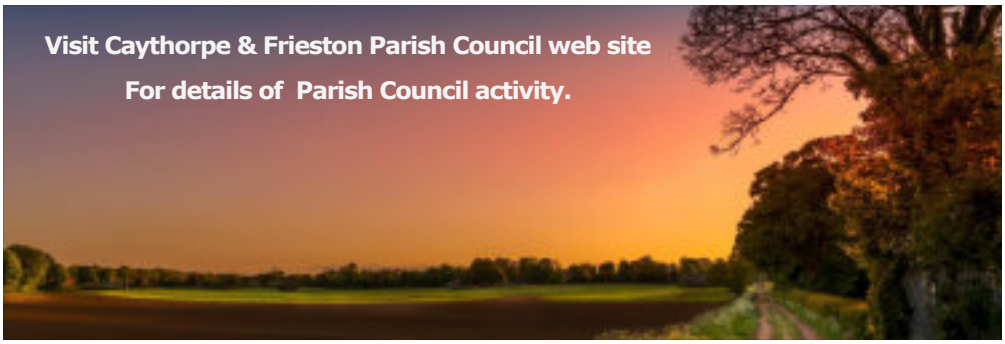


Photo by Adam Jackson

Timetables for **Caythorpe Children's Centre** are now available via the link below:

www.lincolnshire.gov.uk/directory-record/62593/caythorpe-children-s-centre

We have a new session every Wednesday morning 10-10.45

Early Talkers 0-5 yrs

Please check regularly for dates and times of sessions as these change due to holiday times.

All sessions Free of Charge

High Street, Caythorpe, NG323DR Tel: 01400 279285/E-mail: CaythorpeCC@lincolnshire.gov.uk

FREE

Chill & Chat

Caythorpe & Frieston Village Hall

Cake & Drink £2.00

Friday 16th January
10:00am - 12:00pm

Come and Join Us!

Grantham foodbank

Many thanks for the donations for the Foodbank. If you would like to donate there are collection boxes inside the Caythorpe church and Ancaster COOP. Donations of food, pet food, laundry products, cleaning products and personal hygiene items are always welcome. Please ensure that items are within their sell by/use by dates. All donations are welcome no matter how small e.g. small tin of beans or soup.

Current shortages reported are: JARS OF PASTA SAUCE, TINNED FISH, TINNED FRUIT, JARS OF COFFEE, BOTTLES OF SQUASH, TOOTHPASTE, SOAP, BAGS FOR LIFE (IN GOOD CLEAN CONDITION)

Monetary donations are accepted on the Grantham Foodbank website; https://grantham.foodbank.org.uk

Carlton Scroop & Normanton Social Club

Saturday 6th December
7:30pm for eyes down at 8:00pm

Fulbeck Sports Club

December 6th and 13th

January 3rd , 17th and 31st
7:00pm for eyes down at 7:30pm

Caythorpe Village Hall Breakfast

09:00-11:00
Full English £8.00
Bacon Bap £4.00
Sausage Bap £4.00
all including
Tea/Coffee

Caythorpe Walking for Health Group

We meet every Monday morning starting at the Hammond Pavilion on Old Lincoln Road, Caythorpe.

The first Monday each month is an away walk and we meet at the Pavilion at 9.30 or the venue at 10, on all other weeks we meet at 9.45.

We have three groups according to how far you want to walk and can accommodate all abilities. Each walk returns to the Pavilion where we have refreshments waiting.

Walking for Health is supported by the Lincolnshire Co-Op.

Everyone Welcome

Dogs on leads accompanied by their owners welcome.

CS Village Hall Book Exchange

Books & Teas and Coffees

The CSVH Book Exchange is our weekly event offering books and also £1 hot drink & biscuits or cold drinks & crisps.

Every Saturday 11.00- 12.00

Check for regular updates on the Carlton Scroop & Normanton Village Hall Facebook page.

CAN WE HELP YOU?

The trustees of the Carlton Scroop & Normanton Parish Charities have some funds available and may be able to give financial assistance to eligible residents who find themselves in need.

Please contact us, in total confidence, by e-mail on carltonscroop.parish.charities@outlook.com or contact Daniel Sheard, Chairman CSPC, on 07484616045

Advertise with News & Views and reach over 1400 homes across 10 villages in our area

Please contact Richard Johnson

richardnewsandviews@gmail.com

Carlton-le-Moorland and District Art Group

Thursdays 10am-12.30pm

The Village Hall, Brigg Lane, Carlton-le-Moorland LN5 9HP

New members of any ability are very welcome. For more information please call 01522 810739

For more information please call 01522 811510

The Saint Vincent Holding Cross

John and Ruth Watson lived in the High Street at Caythorpe. Ruth died in hospital on the 17th of October 2025, and her funeral is on 4th December, but John died some years ago. He was an engineer, and Ruth had worked at the Albion cylinder works at Caythorpe Station. They were both committed members of Saint Vincent's church, where John served for a while as a Churchwarden.

John was a skilled woodcarver, and at Easter 2000 he and Ruth came to see me with an idea of raising money for Saint Vincent's church. He had been given a small wooden cross by someone who told him that they found it helpful to hold it in their hand when they were stressed. Their idea was for John to carve small crosses from pieces of different wood, while Ruth manufactured boxes to contain them. They would be given free to people who asked for them with the suggestion that they might wish to make a donation towards its manufacture. He produced a sample which was a simple cross measuring about 3 inches by 2 inches, smoothly carved out of a piece of mahogany, which he had been given by a woodcarver in nearby Sudbrook.

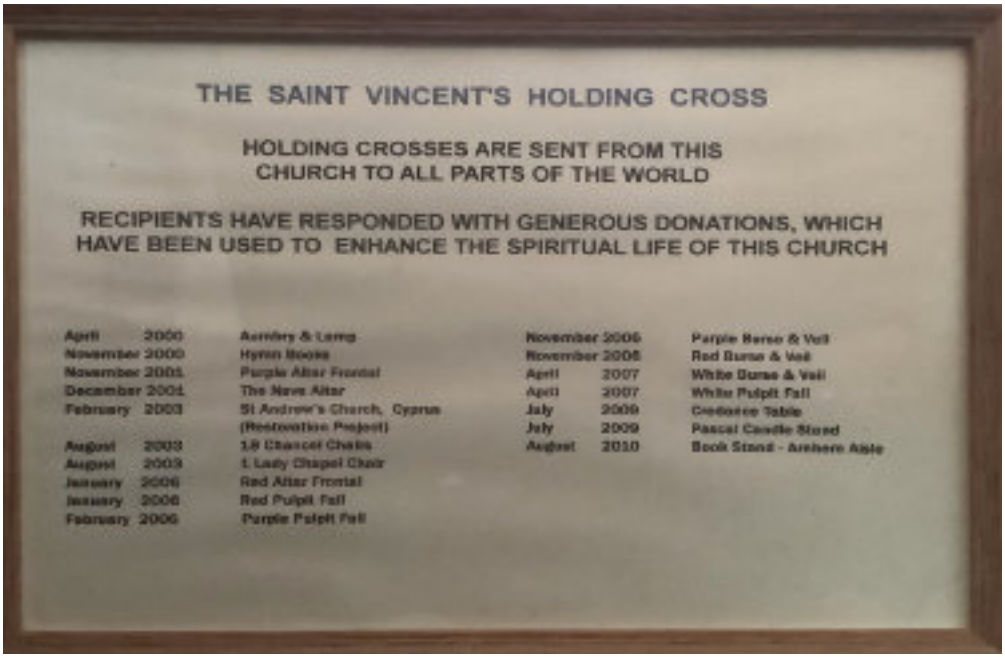
I gave him my approval at once, and they set to work. It was advertised only in the parish magazine, but as requests came to them the enterprise expanded rapidly by word of mouth. Every cross was created only after a prayer for the person requesting it. Within months John and Ruth were working full time in their garage workshop; requests were coming from all over the United Kingdom, and soon from other countries all over the world, as their reputation grew. I had said at the outset that apart from holding crosses I would like an Aumbry for the sanctuary; in a parish where there was a Care Home I felt that the Holy Communion ought to be available at all times, and an Aumbry on the north wall of the sanctuary, with a white light to indicate the presence of the Sacrament, was the place to house it in a small silver Ciborium, which I provided. Accordingly, the Archdeacon issued a certificate of faculty, and the Sudbrook carver was given the task of manufacturing it.

Meanwhile, they opened a bank account for the donations, and as the donors were very generous it was necessary to start using the money for the good of Saint Vincent's church. I would suggest a project to John and Ruth and then gain the approval of the PCC before placing an order with an appropriate firm. It is astonishing to note that between Easter 2000 and August 2010 this devout couple raised enough money to pay for the items shown on the plaque. Two members of the congregation had a close relationship with St Andrew's Church, Kyrenia in Northern Cyprus, and so a donation was sent to its Restoration Fund.

Some of the request letters were quite harrowing and emotional, but every letter was answered and filed In confidence by Ruth, and in many cases a friendly correspondence ensued. Eventually John and Ruth were exhausted by the constant pressure of production, and with great reluctance the enterprise came to an end in 2010. Their work helped and encouraged many families in the world at vulnerable

periods in their life and apart from the embellishment of our Parish Church, this quiet couple completed a great work in the name of the Lord. It is recorded on a plaque on the wall of the Lady Chapel in the Church.

© Archdeacon Brian Lucas 2025.



A big thank you for putting these poppies on the railings in front of the Fulbeck War Memorial ready for the Remembrance Day service.

Community Hub

@ CS Village Hall
Social Club

2025 Free Christmas lunch, Thursday 11th December 11am-2pm

Please join us for the last Community Hub lunch of the year.

- Refreshments & Lunch
- Transport available on request
- Free, donations welcome.

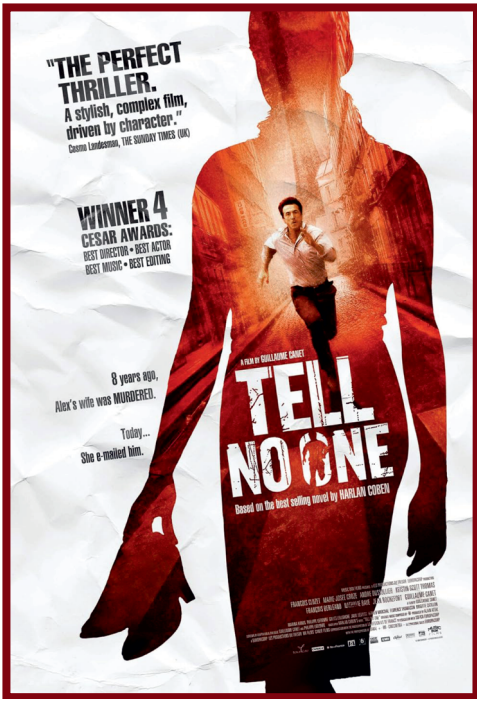
All welcome, please try to let us know if you intend to come so we can minimise food waste.

CarltonScroopHub@gmail.com

Daniel Sheard 07484616045, Alan Thomas 07966451956, Nigel Hill 07957424453

Knitting Craze grabs all generations from schoolgirls to 99 years old granny.

The care home in Horncastle where where 99 years old Olive Rogers now resides featured in the national media recently. **Olive lived for many years at Caythorpe Heath.** Her husband Bob is buried in Marston and family still live there. The home launched a knitting challenge to raise funds for Dementia Awareness, which has grabbed the attention and participation of all generations.



World Cinema Group

For those who enjoy films from around the world

Saturday 6th December

Doors open 7pm for 7.30 pm start

Tell No One

(French language with English subtitles)

Still in France, our second showing will be "Tell No One", based on a thriller by Harlan Coben.

Thanks to those who came to "Il y a Longtemps Que Je T'aime". I hope you will find this one equally enjoyable.

Caythorpe and Frieston Village Hall

Please bring your own drink and nibbles!
Admission is FREE

There will be a single prize raffle of £5 per ticket in order to fund the showing of the film and our village hall licence.

For further details call Paul on 07793 583748

Hough on the Hill, Gelston and Branston

Distributors urgently needed.

A huge thank you to Vicky Wilkinson who has organised distribution of News & Views for the past seven years in these villages and is now stepping down. Thank you also to Janette and Penny for delivering to Brandon and Gelston

Vicky has taken delivery of 180 copies each month and delivered them to each home in Hough. Without this help there would be no News & Views for these villages.

Can you volunteer each month to help us ?

If so please get in touch with Janet McNeill

07725993794 or janetm2010@hotmail.co.uk

Do You Play a Wind Instrument?

Sleaford Training Band will be playing **Carols Round the Tree** outside St Vincent's Church on Tuesday 16th December at 7 pm. Anyone is welcome to come and sing, but if you have an instrument and would like to join in, bring it along. You can see the music in advance by contacting moiraxyl@gmail.com (01400 272145) or just come and introduce yourself on the night.

CAROLS AROUND THE TREE

Tuesday 16th December at 7:00pm on the Church Green

Come along and sing your favourite Christmas carols around the Christmas Tree and enjoy a hot drink in the church afterwards.

St Vincents Caythorpe

Helen Hunt
Headteacher

Caythorpe Primary School
High Street, Caythorpe, NG32 3DR
Tel: 01400 272600
Email: helen.hunt@caythorpe-cit.co.uk
Web: www.caythorpe-cit.co.uk

Come to Caythorpe School

Was your child born were born between 1 September 2021 and 31 August 2022?

Admissions for Reception 2026 is now open. Wrap around care available from 7.50 am - 6pm

Please call our office on 01400 272600 to book a tour of the school.

Places also available for mid-year admissions.

Poppies on Pebbles Project

Hogwarts were delighted to welcome the Poppies on Pebbles team to Caythorpe! Led by Debbie Nichols (SKDC), this special commemorative project encourages children across the area to paint decorative poppy pebbles in honour of Remembrance Day 2025. All of the beautifully painted pebbles will be brought together to form a larger community artwork, creating a lasting tribute of remembrance.

Our pupils also enjoyed learning about Caythorpe's important role during World War II and the history of the 216 Signals Parachute Squadron. This learning ties in with an exciting new project — an Airborne Forces Trail — made possible through Lottery funding as part of the 'Soldiers from the Sky' initiative.

We are so proud of our children's creativity and thoughtfulness as they remember and reflect on the sacrifices made.

Sporting Events

Children from Key Stage 1 and 2 had a fantastic time taking part in an archery event organised by Carre's Grammar Outreach at Cranwell Primary.

The event was all about offering pupils an alternative sporting opportunity, with a range of fun activities designed to develop their aim and accuracy before putting their new skills into action in archery. Amelia summed up the excitement perfectly: "I love archery!" All the children represented our school superbly and had a brilliant time trying something new, building confidence, and discovering a sport they might love.

Last week, our new recruits to the Active Ambassadors team — Evie, Poppy, Kristan, Jack, and Milania took part in Sports Crew Training. The session focused on developing leadership skills, teamwork, and confidence through the delivery of mini games and playground activities.

The children enthusiastically took part in a variety of fun, active challenges and had the opportunity to plan, create, and deliver their own activities to their peers. We're very proud of their efforts and can't wait to see them putting their new skills into action across the playground!

Netball and Football fixtures for the Sleaford and District Schools League are on the way. The football team played away against Kirkby-La-Thorpe on Monday. They put in a valiant effort, but the result was 7:6. The player's pick was awarded to George B for determination.

It was a home game for the netball on Thursday, some excellent defending as two quarters were no scores. However, we took at loss at 1:5. Player's pick was George H. for passion.

Well done to our teams!

National Poetry Day

Last half term, our pupils celebrated National Poetry Day, exploring this year's exciting theme — "Play!"

Throughout the day, children across the school read and explored poems, discovering how poetry can be a powerful way to express feelings, share ideas, and tell stories.

Highlights from the day:

In Hogwarts, pupils shared poems inspired by their favourite games and toys — and everyone had fun trying to guess which ones!

Narnia pupils hunted for lines that reflected the "play" theme and created beautiful collages to frame their poems. Their work was proudly displayed in a gallery for parents to enjoy.

Children in Neverland and Enchanted Forest brought their poems to life by performing them with expressive actions.

The day ended with a special assembly where everyone came together to share and celebrate their fantastic creations. ***Well done to all our budding poets*** — what a wonderful way to play with words!

Diabetes Awareness Assembly

At Caythorpe, we pride ourselves on being an inclusive school. We have many children on roll who live with medical needs. The staff undergo training to ensure these needs can be met as thoroughly as possible. However, it is also important for the children to understand other pupil's medical conditions. Last week we welcomed Nurses Rose and Rebecca to talk to the children about people who live with diabetes.

It helped the children understand why people have diabetes and what they need to do to manage their condition.

Stay Safe on the Roads

The school welcomed the Lincolnshire Road Safety Partnership. Children from Year 1 to 6 took part in workshops focusing on how to stay safe on the roads.

Year 1 learnt how to cross the road safely. The children told us that when crossing the road, we should use our eyes and ears to help us spot cars. They also created actions to stop, look, listen, and think, which are all the things we should be doing when we cross the road. Year 2 went for a walk around Caythorpe, where they practised crossing the road safely.

Narnia looked at being safe while travelling in a car.

The children in Hogwarts class participated in an engaging session on being Road Safety Superheroes.

The workshops were not only educational but also fun, leaving a lasting impression on the importance of staying safe.

Why not get into the Christmas spirit and enjoy and quiz. The bar will be open but why not bring some nibbles to feed your brains with knowledge.

Please call Carol on
07770 750395
to book a table

St Vincent's Church Prayer Group

We believe that we are called to be persistent in prayer, both for ourselves, those in need, our community and the world. The church is open every day if you would like to find a quiet space and a time to pray or you are most welcome to join us in the Church. Please contact Jude on either scott,truck@live.co.uk or call 01400 272974 for our next meeting.

Specific prayer requests can be left in the box by the votive candle stand - you may like to light a candle as a focus for the prayer you offer. You can also send your prayers to loveden.deanery@lincoln.anglian.org marked as St Vincent's Prayer Group.

St Vincents Caythorpe

Sidespersons for December

14th 10.30 Mr & Mrs Dorey

21st 10.30 Robert Prabucki

24th 2.00 Susanne Wills & John Scott

Sidespersons for January

11th 10.30 Jo Russell

18th 10.30 Liz Moses & Janet Avison

CHURCH MOUSE NEWS

50:50 Coffee Mornings

Saturday 6th December 10.30 to 12 including Christmas Stall. Charity is Clic Sargent

Friday 9th January 10.30 to 12 for a local charity

Church Floodlighting

Dec 24th To remember Tony Thiede at Christmas. With fondest love Chrissie & Gordon

Jan 22nd - In loving memory of Val Martin from her family

Flower Rota December

Advent - no flowers

Christmas - Flower Team

Hough on the Hill All Saints Church

Coffee Morning

1st Tuesday every month 10-12

The Religious Society of Friends (Quakers)

Meeting House Lane, Brant Broughton LN5 0SH

We meet each Sunday at 10.30 am for an hour of mostly silent worship followed by coffee in the Barn next door afterwards. All are welcome. Have a look at our website:

www.brantbroughtonquakers.co.uk or phone 07745417637 for more information

LINCOLN DIOCESE: CENTRAL LOVEDEN GROUP OF CHURCHES
DECEMBER 2025 SERVICES

Date	Carol Service	Dec 7th	Dec 14th	Dec 21st	Dec 24th/ 25th	Dec 28th
SUNDAY		Advent 2 Purple	Advent 3 Purple	Advent 4 Purple	Xmas Eve Purple/White Day:White/Gold	Christmas I White
Welbourn					10.30/TT Holy Communion	
Caythorpe	24th 14.00/Team Crib service, lessons and carols		10.30/LB Holy Communion	10.30/LB Holy Communion	All age service Happy Birthday Jesus! 10.30	
Marston	24th 16.00/CS Crib Service	10.30/BM Holy Communion		17.00/CS Carols		
Brant Broughton				10.00/JH Morning prayer with Carols	Xmas Eve 23.30/GK Midnight Mass	
Fulbeck	Xmas Eve 19.30/TK Lessons/ Carols	10.00/Team Morning Praise				10.30/TT Holy Communion
Hough on the Hill	22nd 16.00/JK Festive readings and carols					
Hougham	23rd/Carols by candlelight 15.30/ TK,SW	15.00/CB BCP Evening Prayer				
Beckingham	21st/18.00 VR Carol Service		9.30/GG Morning Service			
Straggle thorpe	Friday 19th 18.00 Carols					
Brandon	Friday 19th 18.30 Carols	9.45/CB BCP Morning Prayer				
Leadenham		10.00/HR/ BCP Morning Service			18.00/GK Holy Communion	
Carlton Scroop	Fri 19th 16.00 Carols					

(Common Prayer, Traditional Language. All other service are Contemporary Language

S Clergy – GP- Rev Canon Geraldine Pond: VaR – Rev Canon Valerie Rampton: GK – Venerable Gavin Kirk, Archdeacon of Lincoln; T
.es Batty: BM Rev Barbara Masterfield **Lay Readers-** CS – Claire Sauer: **Authorised Lay Ministers -** CB – Dr Christopher Brightman: E
– Gillian Green: HR – Henrietta Reeve: JH – Jennifer Harvey: JK – Julian Knight: TK – Tony Kingston: JR- Jo Russell: JS-Judith Scott: S

LINCOLN DIOCESE: CENTRAL LOVEDEN GROUP OF CHURCHES
JANUARY 2026 SERVICES

	January 4th	January 11th	January 18th	January 25th
	Christmas 2/ Epiphany Gold/White	**Baptism of Christ/ Epiphany 1** Gold/White	**Epiphany 2 Week of prayer for Christian Unity** White	**Epiphany 3** White
Welbourn			10.00/JH/HR Morning Service	
Caythorpe		10.30/GP Holy Communion	10.30/VR Holy Communion	
Marston			10.00/CS Morning Service	
Brant Broughton				10.30/TT Holy Communion
Fulbeck	10.00/Team Morning Service			
Hough on the Hill	10.30/SP Holy Communion			9.45/JK Morning Service
Hougham	15.00/BCP/CB Evening Prayer			
Beckingham		11.00/VR Plough Sunday Service at RECTORY FARM		
Stragglethorpe				
Brandon	9.45/BCP/CB Morning Prayer			
Leadenham	10.00/BCP/HR Morning Prayer			
Carlton Scroop with Normanton				

ABBREVIATIONS: BCP - Book of Common Prayer: All other service are Contemporary Language
OFFICIANTS Clergy – GP- Rev Canon Geraldine Pond: Val R – Rev Canon Valerie Rampton: GK- Venerable Gavin Kirk Archdeacon of Lincoln: TT-Rev Canon Tony Tucker: LB Rev Les Batty: SP- Rev Sam Parsons SH- Rev Stuart Hadley
Lay Readers - CS – Claire Sauer: **Authorised Lay Ministers -** CB – Dr Christopher Brightman: EB – Emma Breuley: GG – Gillian Green: HR – Canon Henrietta Reeve: JH – Jennifer Harvey: JK – Julian Knight: TK – Tony Kingston: JR- Jo Russell: JS- Judith Scott: SW- Susanne Wills

Caythorpe & Frieston Village Hall

NEXT FILM

January 16th 2006

See website for details:

www.cfvillagehall.org

Mary Berry's Mincemeat Loaf Cakes

150g soft butter	100g currants
150g light muscovado sugar	100g sultanas
2 large eggs	225g mincemeat
225g self-raising flour	50g split blanched almonds

Makes 2 loaf cakes

Preheat the oven to 160C/140 fan. Grease and line two 450g (1lb) loaf tins.

Measure all the ingredients except the almonds into a bowl and beat well until thoroughly blended. Turn into the tins and level tops. Arrange the almonds on top of the cake mixture.

Bake for about 11/4 hours, or until cakes are golden brown, firm to the touch and cooked through.

Allow cakes to cool in the tins for a few minutes before turning out onto a wire rack.

I would like to thank the contributor who sent in the cake recipe last month.

Delicious, moist and so easy to make. I look forward to seeing more recipes that are easy to bake and Delicious to eat. David Dorey

Caythorpe Annual Fireworks Display

The annual fireworks night took place at the playing field on Saturday 1st November. Despite the weather, there was a good turnout and the fireworks were spectacular. The event included food and drink being available from the pavilion and the Sports and Social club, Franco's ice creams, sparklers and glow sticks. The scouts provided hot drinks and candy floss.

Our thanks go to the Playing Field Committee, PGL who provided first aid cover (which was thankfully not needed), the First Caythorpe and Dukes Covert scout troop, and the numerous volunteers from the village who helped to organise the field, staff the gates and sell the various products listed above. They then helped to clear away after the event. None of this would have been possible without their support.

We must also thank our various sponsors, who included Mid UK, Sammis glow sticks, Franco Ice Cream, Caythorpe Care Home, PGL, MJ Arnold, The Spar Shop, The Red Lion, The Waggon and Horses, Tooley Motorsport, Woodwards Garage, Sam Barrell tree surgeon, and Pato Carpentry as well as GR Ward and The Sports and Social Club. These organisations have given their financial support to allow the event to take place and we hope that in return you will continue to support their businesses.

Finally , we must thank you , the members of the public who turned out on a cold and damp night to support the event. You gave generously on the entrance gates, and supported the various stalls on the field. Without you there would be no point in all the planning , time and effort that goes in to making this event happen. We hope you had a good time.

By the time you read this, planning will be underway for next year's event which we hope will get a bigger turnout and better weather!

If you would like to be involved in putting this on, then please get in touch with the organisers at Andy.crawley -caythorpepc@outlook.com or ring 07986 548474

Caythorpe Garden Club

Rob Potterton of Potterton's Nursery was our speaker at the club's November meeting. The family run nursery was started by his parents in 1971, and specialises in alpine plants, small bulbs and woodland plants, the subject of his talk.

Alpines are plants that grow in mountainous areas worldwide, between the tree line and the snow line. Rob explained the key to their successful cultivation is an open, well ventilated position that is well drained. Exposed to winds, they are mostly low growing plants which form a cushion or spread out close to the ground. In the wild they survive low temperatures while covered in snow, but some may die in Britain from a combination of cold and damp. He finds they grow well in pots, raised beds or on a rockery in a gritty compost such as John Innes No.2, topped with gravel.

Woodland plants need shade in the summer, and flower early before the tree canopy closed over. Most also prefer a humus rich soil, and can be grown in beds and borders if these conditions are met. Rob's suggestions included dwarf rhododendrons, Daphne 'Jacqueline Postil', hellebores and woodland bulbs such as winter aconites, wood anemones, cyclamen and hepaticas.

Dwarf bulbs for both woodland and open sites are dainty jewels that brighten up the garden early in the year. Narcissus, iris, crocus and tulip all include small varieties that, like alpines, do best in pots troughs and on a rockery. They are inexpensive and readily available. Rob illustrated his talk with beautiful photos from the nursery display beds and his visits to mountains in New Zealand. Many thanks to him for an enjoyable and inspiring talk.

Our next meeting that is open to visitors will be in February. For membership information please see our webpage, find us on Facebook or call 01400 275052.

GEORGE HENRY LAWSON : 1946 - 2025

It is with much sadness that we advise George passed away on Saturday, 8th November in Lincoln Hospital.

George was a true legend and friend to everyone in Fulbeck and surrounding villages when he rode his bicycle or lent against the church gates waiting for Collette to make him a cup of tea, whilst watching the football. His summer party in his garden for his 70th birthday was a real buzz with everyone joining in and passing on the love he deserved and brought to us all.

George was born in Fulbeck and lived with his mother Ivy and sister Margaret in a cottage in Jenkinsons' Yard until the fifties when they were demolished. He tells of happy memories as a child when his mother cooked over the open fire and the loo was down the garden. They moved to Ash Close, which was a brand-new house with all modern amenities, where he has lived ever since. He worked on a local farm driving tractors until he had an accident and undertook many jobs in the local area. Rest in peace George, we know you will be still watching over us.

We send our sincere condolences to his sister Margaret and niece Janet.

A visit to Grantham Music Club

I recently joined Grantham Music Club, a registered charity, and having been stunned by the quality of music being played in the first two concerts of the season (£50.00 for 6 concerts), thought I would give them a quick shout out in News and Views.

In October the Club presented the Kyan String Quartet, who blend tradition with innovation, playing Mozart, Alban Berg, Beethoven. Last night, the Marsyas Trio (flute, cello, piano) offered Melanie Helen Bonis, Claude Debussy, Haydn and Fanny Medelssohn-Hensel. They concentrate on lesser known and oft-ignored female composers. I have been surprised by international nature of the musicians playing at both evenings: UK, US, France, China, Australia, Canada and Belarus.

It has been a wonderful eye opener for me to enjoy beautiful music at such close range and, moreover, to be able to converse and engage with the musicians. What a treat! The rest of the season includes some jazz orientated and folky stuff, too!

More info at www.grantham-music-club.org.uk or on their Facebook page.

Anne Watler

The Environment Blog

What is the value of regular walks in the countryside?

This month I **(I)** decided to interview a member **(M)** of the Caythorpe Health Walk Group to find out more about the benefits of regular group walks in the countryside.

I First, can you tell me when the walking group was first set up?

M January 2011 – so nearly 15 years ago!

I Tell me about the walking group and how you are organised.

M Groups like ours are now often called wellbeing walk groups, and we are part of the national wellbeing walk network. We have about 60-70 people on our register, with about 25-40 regularly joining the weekly walks. Except for bank holidays we meet every Monday, whatever the weather. There is a group of volunteer walk leaders who recce each walk, so you know someone has prepared the way and that it is safe. We meet at the Hammond Pavilion by the playing field in Caythorpe at 9.45.am to register, before leaving on our walk at 10.00.am. Once a month we do 'away' walks from nearby villages. We register a bit earlier for those at 9.30.am.

Walk timetables are posted on village noticeboards and in News and Views. Everyone is given printed timetables of the walks covering a three-month period. Locally our group is sponsored by Lincolnshire Co-op. They provide health and safety training for our walk leaders. Walk leaders all carry first aid kits.

We have recently obtained a community pass enabling us to walk in the grounds of Belton House, so we now visit the National Trust property several times a year, which is great.

I It sounds like you have quite a few different walks?

M Yes, we are fortunate locally to have lots of footpaths. This has enabled us to recce about 20 different walks; so there's lots of variation. The environment also changes with the seasons (and the British weather), which means that the same walk can look and feel very different at different times of the year.

I How do you become a member of the walking group?

M You just turn up. There's no membership fee. You come as often or as little as you like. The only charge (£1) is for tea/coffee and biscuits when we join each other for a natter and catch-up at the pavilion at the end of each walk.

I Do you need any special gear for the walks?

M Nothing special. Just a pair of stout shoes or walking boots, and wet weather gear. Maybe walking sticks or poles if you need them.

I What time commitment is needed if you join the walks?

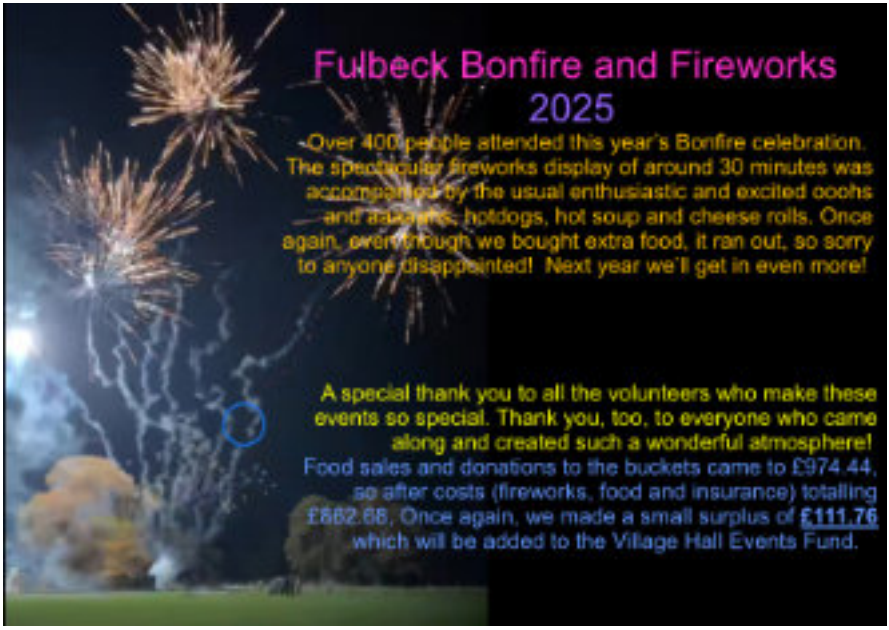
M The walks are kept deliberately short so that they can be completed in 60-90 minutes. This is thought to be a kind of optimum time for good exercise. Walks are long enough so that you get sufficient exercise, but also short enough to support people with more limited energy, stamina or health problems. To enable the inclusion of people with a variety of personal conditions, we now have three groups that each walk at different speeds and/or for different distances. Just as important, each group returns to the pavilion for tea/coffee and biscuits after every walk.

I How would you summarise the main benefits of these walks?

M I think the benefits fall into four main categories. Walkers talk about physical health benefits like improved stamina, better mobility and alleviation of many symptoms associated with chronic illnesses. More important to some people are psychological or mental health benefits such as reduced depression and loneliness, as well as improved confidence and self-image. In regard to social benefits, the walking group enables new friendships, often through the sharing of personal interests and life experiences where relationships can be deepened over time. The social benefits seem to be key to why so many walkers keep returning to the group. I think this experience is common to lots of other local social groups like the gardening group, the short mat bowling group or the allotments. Walkers also talk about environmental benefits like the delight in discovering new places, an increased appreciation of natural beauty, and the identification of places that have a special memory or meaning for them. As one person said, 'it's a great way to start the week'! The experience definitely helps to improve your quality of life.

I Are you interested in having more people join your group?

M Definitely! The more the merrier! The walks are 'wellbeing walks' after all!



In and Around the Garden

Now we are well into a damp and dark November, the summer sun seems a distant memory. Its legacy, however, has been a spectacular display of foliage and fruit in autumn. Crab apples and Pyracantha berries are the best I have ever seen, but most surprising has been the strawberry tree (Arubutus unedo). It is unusual in that flowers and fruit appear at the same time. The flowers grow in clusters of small white bells, similar to bell heather, and the spherical fruits are red with a rough surface and really do look like strawberries. Unfortunately they are not edible. Nothing seems to eat them, so the ground under the tree has become a mess of squashed ones that stick firmly to the soles of my shoes. This has never been a problem before, but there are so many this year that they are hard to avoid.

I had a good crop of Concorde pears, and the first fruits of the apple 'Pitmaston Pineapple'. I bought the tree several years ago, purely out of curiosity, and they really do have a hint of pineapple flavour. Sadly the other tree I bought at the same time was labelled as 'Jupiter', a relative of 'Cox's Orange Pippin', but the fruits were pale green and tasteless. I would complain to the supplier, but it has taken so long to fruit that I can't remember where I got it from. However, my sister has 'Jupiter', so I have taken a piece from hers and attempted a graft. I don't really expect it to work, as it is a skilled job, but I have always wanted to give it a try.

Most of the trees have shed their leaves now, but many of them went out in a blaze of glory. A bright crimson Liquidamber with an orange witch hazel in front of it made a startling combination. Two upright rowans (Sorbus 'Autum Spire') made orange pillars decorated with yellow berries, and flowering cherries were spectacular in shades of yellow, orange and red. Some of the perennials colour up well, too. In the pond Darmera's big round leaves took on red tints, and a hardy ginger (Cauletya) has gone a pretty yellow. The grasses are fading into buff, but Panicum looks bright with red tips and yellow bases to its leaves, and others have fluffy flower heads that wave in the wind.

I aim to have something in flower throughout the year, but there are few in November. Shrubby salvias, and penstemons will keep going until a frost and some late flowering plants are out, including a hardy chrysanthemum, Mahonia 'Soft Caress' and Fatsia japonica. Winter flowering shrubs, heathers and Cyclamen coum , are covered in buds, however, a promise of things to come.

JA

Caythorpe Pre-School

Dear All,

The months have flown by since our last article. The deadline arrives before we know it, it's been and gone! We've had a very busy Autumn welcoming our new children who have settled into Pre-School and our

During September and October we talked about the farmers and their Harvest time and saw the combines and tractors on Back Lane field, it We walked down to church with our Scarecrow and the children told had chosen as the best scarecrow on the trail around the village. Our we had lots of fun collecting acorns and conkers, using them in

our outdoor kitchen to make pretend dinners with some pumpkins and swedes.

One of our favourite stories at this time of year is 'Room on The Broom' The puppets and props really encourage the children to participate in the story and actions. We have also shared The Tiger Who Came to Tea, practising our pouring, filling and measuring skills with the teapots, jugs and cups and decorated our own teapot pictures.

Despite some wet weather, we've had some lovely, bright and colourful Autumn days, so lots of outdoor activities including our new Giant Connect 4 game, very kindly donated by Aubs. Thank you!

It's never too early to get out the glitter so we used it to make our firework pictures and talk about staying safe on bonfire night. Thank you to the Playing field and Social club for a great display!

The next few weeks we will be starting our Christmas crafts, inviting parents into the setting to do some gluing and sticking, putting up the tree, having a party and singing songs.

If you have a child you think may benefit from being at our lovely Pre-school and joining in with all our fun learning and activities, we currently have spaces for 2, 3 and 4 year olds, pop in and see us some time. You will be made most welcome.

Get in touch on 07356 074 749 caythorpe Preschool@googlemail.com

From the staff and children at Caythorpe Pre-School, We Wish you all the Best for Christmas and the New Year!

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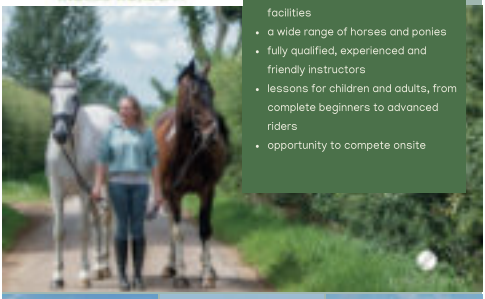

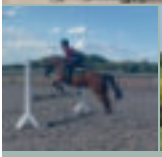

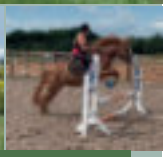

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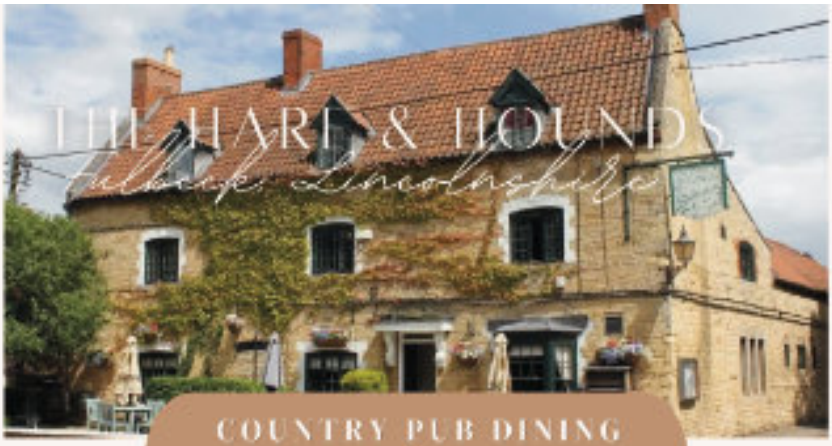

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Our in-house chef, Neil Johnson has previous experience working under Michelin starred restaurants in London. Neil has a passion for creating homely dishes using the very best of local ingredients.

ACCOMMODATION

Bed & Breakfast

We offer 8 recently refurbished double bed and breakfast rooms in our converted barn. Being in the heart of the countryside, the rooms provide a peaceful night sleep for your guests prior to your big day.

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