



**SOLDIERS  
FROM THE SKY**

# **NEWS & VIEWS SEPTEMBER 2026**



## Advertisers

|                              |    |
|------------------------------|----|
| Absolute Interiors           | 41 |
| Barbers Studio No 29         | 38 |
| Carlton Electrical Services  | 40 |
| Caythorpe Gas & Oil Services | 39 |
| Fluffy Heads Dog Grooming    | 36 |
| Foot Health                  | 39 |
| Garry The Boiler Man         | 38 |
| Gelston Lamb                 | 41 |
| Graft Brothers               | 34 |
| Grantham Dog Walker          | 34 |
| Grocock Building Services    | 39 |
| Grocock Electrical Services  | 39 |
| GymPod                       | 34 |
| Inspirational Gardens        | 35 |

|                               |    |
|-------------------------------|----|
| Joss Cade Plumbing            | 40 |
| Lewelows Nails & Beauty       | 36 |
| Lockshaw Locksmith            | 40 |
| Samuel Barrell Arboricultural | 37 |
| Simpson Arboriculture         | 36 |
| Sleaford Roofing              | 41 |
| Spar Caythorpe                | 3  |
| Tech Class                    | 35 |
| The Red Lion                  | 43 |
| Timber Windows of Lincoln     | 37 |
| Townsend Moore Funeral Dir's  | 42 |
| Waggon & Horses               | 35 |
| Willoughby Homes & Gardens    | 36 |
| Woodwards Car Care Centre     | 38 |

Thank you to all our Advertisers who enable us to make this edition of News & Views available to our thousands of readers in our nine villages and beyond.

**Advertising in News and Views works!**

To place an advert please contact  
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Distributed to all homes in Caythorpe, Frieston, Fulbeck, Normanton on Cliffe, Carlton Scroop, Sudbrook, Hough on the Hill, Brandon, Gelston and more.

### Welcome

|                     |    |                                                     |
|---------------------|----|-----------------------------------------------------|
| General Information | 3  | Dear News & Views Readers,                          |
| Useful Contacts     | 4  | The front cover image was taken from a new leaflet  |
| Calendar of Events  | 5  | produced by South Kesteven District Council to      |
| Church Corner       | 17 | celebrate the Airborne Forces Heritage Trail. It    |
| Church Services     | 18 | seemed appropriate given the upcoming Caythorpe     |
| Environment Blog    | 28 | Gala.                                               |
| Caythorpe School    | 13 | August gave us very hot weather, the annual Garden  |
|                     |    | Show, an eclipse of the sun, a hose pipe ban and    |
|                     |    | fantastic meteor showers but unfortunately no rain. |
|                     |    | Maybe there will have been some by the time this    |
|                     |    | edition reaches you.                                |
|                     |    | Robert Prabucki                                     |

**You can have a digital copy of News & Views to read on your devices. You could email and share with friends or family who live outside the area and keep them up to date with what's happening here. Request an email copy or download it from the parish Council website**

The newsletter is produced using software called Affinity. It is free to obtain for both Mac and Windows computers. and is very comprehensive and well recommended. I'm happy to help you to learn the software. If you would be able to use it to help me produce the newsletter please get in touch.

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**Advertising and Contributions Deadline**

**for October Edition**

**15 September 2026**

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If you would like to donate to our costs pay by Bank to

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# SPAR



**Caythorpe Spar**  
**Opening Hours**  
**Mon - Sun 07:00 - 21:00**

## THE POST OFFICE

### Post Office Opening Hours

|           |                         |                   |
|-----------|-------------------------|-------------------|
| Caythorpe | Mon - Fri 09:00 - 16:30 | Sat 09:00 - 12:00 |
| Leadenham | Mon - Fri 09:00 - 17:30 | Sat 09:00 - 12:30 |
|           | (closed 1-2pm)          |                   |

### Post Box Collection Times

All post boxes state 09.00 Mon to Fri and 07.00 Saturday.

Caythorpe Post Office Mon-Fri 16.30 Sat 12.00

Leadenham Post Office Mon-Fri 16.15 Sat 12.15

### Caythorpe & Ancaster Medical Practice

Caythorpe Surgery: 01400 272215 Opt I for Dispensary

Ancaster Surgery: 01400 230226 Opt I for Dispensary

### Surgery Hours

Monday to Friday 8.00am to 6.00pm

Dispensary 8.30am to 6pm

Closed Saturday and Sunday

| September 2026 |     |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|-----|
| Mon            | Tue | Wed | Thu | Fri | Sat | Sun |
| 31             | 1   | 2   | 3   | 4   | 5   | 6   |
| 7              | 8   | 9   | 10  | 11  | 12  | 13  |
| 14             | 15  | 16  | 17  | 18  | 19  | 20  |
| 21             | 22  | 23  | 24  | 25  | 26  | 27  |
| 28             | 29  | 30  |     |     |     |     |

| September 2026 |     |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|-----|
| Mon            | Tue | Wed | Thu | Fri | Sat | Sun |
| 31             | 1   | 2   | 3   | 4   | 5   | 6   |
| 7              | 8   | 9   | 10  | 11  | 12  | 13  |
| 14             | 15  | 16  | 17  | 18  | 19  | 20  |
| 21             | 22  | 23  | 24  | 25  | 26  | 27  |
| 28             | 29  | 30  |     |     |     |     |

**Bin  
Collections**



### Lincolnshire Mobile Library Service September

|                  |                                              |
|------------------|----------------------------------------------|
| <b>Caythorpe</b> | The Church 12-12.45 Monday 7th               |
| <b>Frieston</b>  | The Green 11.30-12.00 Monday 21st            |
| <b>Fulbeck</b>   | Hare & Hounds 10.30-11.00 Monday 21st        |
| <b>Gelston</b>   | The Green 12.15-13.00 Monday 21st            |
| <b>Ancaster</b>  | Ermine Street 15.00-16.00 Tuesday 1st & 29th |

# Useful Contacts

## Emergency Services

|                           |               |
|---------------------------|---------------|
| Police, Fire or Ambulance | 999           |
| Police Non Emergency      | 101           |
| NHS Non Emergency         | 111           |
| Lincoln Police            | 01522 532 222 |

## Doctors

|           |               |
|-----------|---------------|
| Caythorpe | 01400 272 215 |
| Ancaster  | 01400 230 226 |

## Household Emergencies

|                        |               |
|------------------------|---------------|
| Electricity/Power Cuts | 105           |
| Water & Leaks          | 03457 145 145 |
| Floodline              | 01522 782 082 |

## Personal Support

|                            |               |
|----------------------------|---------------|
| Rev'd Canon Geraldine Pond | 07930353316   |
| Samaritans                 | 116 123       |
| Citizens Advice            | 08082 787 942 |
| Childline                  | 0800 1111     |

## **Defibrillator Locations**

|                       |                                                                                           |
|-----------------------|-------------------------------------------------------------------------------------------|
| <b>Brandon</b>        | Telephone kiosk on corner of Church Lane & Hough Lane                                     |
| <b>Carlton Scroop</b> | Charity Street on wall before Golf Club entrance<br>Wall at Village Hall, Newark Lane     |
| <b>Caythorpe</b>      | Village Hall High Street<br>Hammond Pavillon, Old Lincoln Road<br>Old Chapel, Chapel Lane |
| <b>Frieston</b>       | On wall of 35 Hough Road between Top and Bottom Green                                     |
| <b>Fulbeck</b>        | On wall, Main Door Village Hall                                                           |
| <b>Gelston</b>        | Village Green in Telephone Kiosk                                                          |
| <b>Hough</b>          | Telephone kiosk on High Street opposite Church                                            |
| <b>Normanton</b>      | Telephone Kiosk Main Road                                                                 |
| <b>Sudbrook</b>       | Telephone Kiosk                                                                           |

## **Caythorpe & Frieston Parish Council**

Clerk Mrs D Manderfield 07351690496  
[clerk@caythorpeandfriestonparishcouncil.gov.uk](mailto:clerk@caythorpeandfriestonparishcouncil.gov.uk)

## **Carlton Scroop with Normanton Parish Council**

Clerk Florence Hill [clerk@carltonscroopnormanton-pc.gov.uk](mailto:clerk@carltonscroopnormanton-pc.gov.uk)

## **Fulbeck Parish Council**

Clerk Dermot Daly 07778 351935 [clerk@fulbeck-pc.org.uk](mailto:clerk@fulbeck-pc.org.uk)

## **Sudbrook Parish Council**

Clerk Christine Myers 07594 295457 [sudbrookeparishcouncil@gmail.com](mailto:sudbrookeparishcouncil@gmail.com)

Leadenham, Fulbeck, Caythorpe, Frieston, Normanton-on-Cliffe,  
 Carlton Scroop, Sudbrook, Hough on the Hill, Brandon, Gelston, Ancaster,  
 Willoughby and beyond!

Reach all of these places by placing an advert or article in the Double  
 Award Winning News & Views

## Calendar of Events    September

- 1      Hough on the Hill Church Coffee Morning
- 2      Handicrafts Club
- 4      Fulbeck Over 60's Club
- 4      St Vincents Coffee Morning
- 5      Caythorpe Gala**
- 5      Carlton Scroop Bingo
- 8      Caythorpe Garden Club
- 11     Beckingham Last Night of the Proms
- 12     Carlton Scroop Village Social Night
- 12     Fulbeck Car Boot
- 12     Fulbeck Sports Club Bingo
- 13     Classic Car Meet Carlton Scroop
- 18     Fulbeck Over 60's Club
- 18     Caythorpe Chill & Chat
- 25     Caythorpe Film Night
- 26     Fulbeck Sports Club Bingo
- 29     Carlton Scroop Community Lunch

### Caythorpe & Frieston Parish Council

Full Minutes of Meetings can be found on our website:

<https://caythorpe.parish.lincolnshire.gov.uk/>

Any issues arising please contact the clerk at

[caythorpeandfriestonparishcouncil.gov.uk](mailto:caythorpeandfriestonparishcouncil.gov.uk)

Photo by Adam Jackson



# CAYTHORPE PLAYING FIELD GALA 2026



**SATURDAY**  
**5TH SEPTEMBER 2026**



**1.00pm**  
**to 5.00pm**

★ **CAYTHORPE PLAYING FIELD** ★

★ A SPECIAL COMMEMORATION OF ★

## ARNHEM

WITH MEMBERS OF

## 216 SQUADRON



**AN AFTERNOON OF FAMILY FUN FOR EVERYONE!**



**DOG SHOW**



**BRASS BAND**



**SCHOOL OF  
DANCING**



**TUG OF WAR**



**STALLS &  
REFRESHMENTS**

*Come along and support  
your local Playing Field Gala!*



For further information contact  
**Stephen** on **07342 039890**



Organised by the  
**PLAYING FIELD COMMITTEE**

# FILM NIGHT

**Friday 25th September 7pm**

**Doors Open 6.15pm**



**Tickets £6 (sorry no under 12's) Limited Spaces!**  
**Wine, Beer and Ice Cream on sale plus a Raffle**  
**To book tickets please scan the QR code**  
**or call 07824 874959**

Timetables for Caythorpe Children's Centre are now available via the link below:

[www.lincolnshire.gov.uk/  
directory-record/62593/  
caythorpe-children-s-centre](http://www.lincolnshire.gov.uk/directory-record/62593/caythorpe-children-s-centre)

We have a new session every  
Wednesday morning 10-10.45

Early Talkers 0-5 yrs

Please check regularly for dates and times of sessions as these change due to holiday times.

**All sessions  
Free of Charge**



High Street, Caythorpe, NG323DR Tel: 01400  
279285/E-mail: [CaythorpeCC@lincolnshire.gov.uk](mailto:CaythorpeCC@lincolnshire.gov.uk)

**CAYTHORPE PRE-SCHOOL & CAYTHORPE PRIMARY SCHOOL**

# Play and Connect

An opportunity for parents of children aged 0-5 to meet and socialise

Come and explore our provision and meet other parents of young children in the local area.

**DATES:**

- Wednesday 3rd June
- Wednesday 1st July

**TIME:** 2:00 - 3:00pm

**REFRESHMENTS provided**

**TO CONFIRM YOUR INTEREST:** Please call 01400 272600 (you may book either or both dates)

**PLEASE CALL 01400 272600 (YOU MAY BOOK EITHER OR BOTH DATES)**

**PLAY LEARN GROW**

We look forward to welcoming you!



Many thanks for the donations for the Foodbank. If you would like to donate there are collection boxes inside the Caythorpe church and Ancaster COOP.

Donations of food, pet food, laundry products, cleaning products and personal hygiene items are always welcome. Please ensure that items are within their sell by/use by dates. All donations are welcome no matter how small e.g. small tin of beans or soup.

*Current shortages reported are:* JARS OF PASTA SAUCE, TINNED FISH, TINNED FRUIT, JARS OF COFFEE, BOTTLES OF SQUASH, TOOTH PASTE, SOAP BAGS FOR LIFE (IN GOOD CLEAN CONDITION)

Monetary donations are accepted on the Grantham Foodbank website; <https://grantham.foodbank.org.uk>

## Handicraft Club

Ladies who meet up for crafting on the 1st Wednesday of the month at Caythorpe Pavillion, It is open to anyone.

We start at 2pm and cost is £2 pp

You don't have to be a crafter - you can join us for a chat and tea/coffee.

For further information contact  
Angela Turner  
01703838811

# Caythorpe & Frieston Sports & Social Club

The Hammond Pavilion, Old Lincoln Road

## Opening Times:

Tuesday 7pm (*when pool team is at home*)

Thursday 7pm

Friday 6pm

Saturday 1pm (*when cricket at home*) or 5pm

Sunday 1pm



### Membership

Family £15  
Individual £10

Please come and pay a visit to this welcoming Village Amenity. Enjoy a drink with family and friends, as well as joining in the various events.

Membership is not essential but there are several benefits for those who pay the annual fee. These include: Free wifi, Free Sky Sports and Free seasonal activities for children

## Caythorpe & Frieston Village Hall



### Breakfast



Full English £8.50

Sausage & Eggs £5.50

Tea/Coffee

Coming again in **OCTOBER**



### Chill & Chat

Friday 18th September  
10:00 - 12:00

Cake & Drink £2

**Come and Join Us!**

**CARLTON SCROOP & NORMANTON-ON-CLIFFE**  
**CLASSIC CAR MEETING**

**DATE:** Sunday, 13th September  
**TIME:** 10:00 till 12:30  
**LOCATION:** Carlton Scroop and Normanton Village hall NG32 3AR

**ALL WELCOME**

Cafe open for Breakfast Baps and Coffee

HELP US TO SPREAD THE WORD  
 CONTACT: [scroopevents@mail.com](mailto:scroopevents@mail.com)

## Caythorpe Walking for Health Group

We meet every Monday morning (except Bank Holiday Mondays) starting at the Hammond Pavilion on Old Lincoln Road, Caythorpe. We have three groups according to how far you want to walk and can accommodate all abilities. Each walk returns to the Pavilion where we have refreshments waiting.

The first Monday each month is an **away walk** and we meet at the Pavilion at 9.30 or the venue at 10, on all other weeks we meet at 9.45.

Date      STRIDERS      STROLLERS      STRAGGLERS      WALK

|       |                |                 |       |                          |
|-------|----------------|-----------------|-------|--------------------------|
| 07/09 | Andrew, Linda  | Gordon, Geoff   | Dave  | 10 Hough to Gelston      |
| 14/09 | Richard, Steve | Caroline, Mandy | Val   | 7 Caythorpe Court        |
| 21/09 | Andrew, Sue    | Steve, Linda    | Vicky | 1 Caythorpe to Sudthorpe |
| 28/09 | Steve, Andrew  | Linda, Dave     | Peter | 2 Caythorpe Fisheries    |
| 05/10 | Andrew, Mandy  | Vicky, Geoff    | Steve | 11 Welbourn Ridge        |

Walking for Health is supported by the Lincolnshire Co-op.

Dogs on fixed leads accompanied by their owners welcome.



# Fulbeck Car Boot

**12th September on Fulbeck Sports Field**

**7.00 am-1.00 pm**

**Second Saturday of every month Spring to Autumn**

Pitches selling all sorts of home items, charity tables and traders selling antiques, bric a brac, garden tools and food  
Quality BBQ with bangers and bacon, teas and coffee  
Parking and toilets

**Pitches £5.00. Just turn up with your table**

**Your last chance to grab a bargain this year**

**\*Car boots restart 10th April 2027\***



## Thursday Coffee Club

Fulbeck Village Hall

**10 am—12 noon every Thursday**

**All Welcome!**

**Tea and coffee with cake and biscuits, and  
meet up with neighbours and friends**

**Occasional Speakers**

**Village Library with several thousand books**

**All we ask is a donation of £2.00 to cover costs**

## Carlton Scroop & Normanton Social Club

**Saturday 5th September**  
7:30pm for eyes down at 8:00pm

## Fulbeck Sports Club

**Saturday September 12<sup>th</sup> and 26<sup>th</sup>**  
7:00pm for eyes down at 7:30pm



### FULBECK SPORTS & SOCIAL CLUB

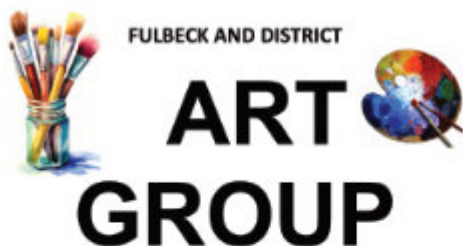
Over 60's Club  
1st & 3rd Friday every month  
2-4pm

#### Opening Times:

Friday 5:30pm to 8:00pm

Sunday 12:00pm to 4:00pm

Open for Pool Team Fixtures on  
Tuesday 7:00pm - 11:00pm



Looking for new members. We meet on  
Mondays, at FULBECK VILLAGE HALL  
Fulbeck, NG32 3JN

(near the Hare and Hounds on the A607)

Open 10:15 a.m. – 3 p.m. Come and go at  
times that suit you.

New session starts Sept 7<sup>th</sup>

We welcome new members at any skill level in  
any medium. No formal instruction but friendly  
advice on offer.

For more information contact Jean Allen  
Tel. 01400 275 052

### Carlton-Le-Moorland & District Art Group

The Village Hall  
Brigg Lane  
Carlton-le-Moorland  
LN5 9HP

We are a friendly art group who meet on  
Thursday mornings from 10-12.30pm  
New members of any ability are welcome  
@ £2 per session

For more information, please call 01522  
810739

For more information on workshops, call  
Pat on 01522 811510  
Members £15, Guests £18



Helen Hunt  
Headteacher

Caythorpe Primary School  
High Street, Caythorpe, NG32 3DR  
Tel: 01400 272600  
Email: [helen.hunt@caythorpe-cit.co.uk](mailto:helen.hunt@caythorpe-cit.co.uk)  
Web: [www.caythorpe-cit.co.uk](http://www.caythorpe-cit.co.uk)



## Inspiring Writing!

Our Neverland children have been developing their recount writing in English by drawing on their own real-life experiences, and what an adventure they've had!

So far, they've enjoyed a woodland adventure where they built cosy dens for minibeasts, explored nature on a colourful woodland hunt, and searched high and low for fascinating minibeasts.

They also showed kindness to our feathered friends by making delicious bird treats using seeds and suet before ending their adventures with a wonderful woodland picnic! The menu included caterpillar grapes, wiggly strawberry worms, a prickly hedgehog, and tasty chocolate logs.



These hands-on experiences have inspired some fantastic descriptive writing, helping the children bring their recounts to life with rich vocabulary and exciting detail. We can't wait to read the finished pieces!

## A Magical Day at Belton House!

We were delighted to bring back a much-loved tradition – our whole school summer trip!

The morning was spent exploring the beautiful grounds of Belton House, discovering the Orangery, searching for the famous Golden Carp, tackling the Pokémon Quest ("Gotta Find Them All!"), and taking on the infamous maze. Arthur summed it up perfectly when he told me, "Even I got lost in there!"

After enjoying lunch together in the shade, the children spent the afternoon making the most of the incredible adventure playground. It was wonderful to see children of all ages playing together, making new memories and finishing the day with a well-earned ice cream.

Days like these remind us what a special school community we have. It was a truly magical day that we'll all remember for a long time.

## **School marking 150 years of education in the village.**

We were visited by several generations returning to shared their memories and recollections of their time at Cayhorpe Primary School. The celebration provided a wonderful opportunity for old friends to reconnect, share stories and reminisce. Guests enjoyed exploring an extensive display of photographs, pupils' work and historical memorabilia, alongside the school's fascinating log books, carefully maintained by successive headteachers since 1907. These remarkable records offered a unique insight into the school's rich history and the many changes it has witnessed over the decades.



Visitors were also invited to tour the school, expertly led by our tour guides Martha, Lottie and Austin seeing first-hand how education has evolved while watching today's pupils engaged in their learning. It was a poignant reminder that, while much has changed over the last 150 years, the school's commitment to nurturing children and inspiring a love of learning remains as strong as ever.



One of the most memorable moments of the day came when current pupils buried a time capsule at the front of the school. Filled with letters written to their future selves, the capsule was placed beneath a commemorative sundial and will remain unopened until 2033, when the children will be invited back to rediscover their memories seven years from now.

Our family picnic on the school field in the afternoon was joyful, where current pupils and their families enjoyed an afternoon of games, activities and entertainment. The children's games and activities raised over £280.

Our 150th anniversary was a truly unforgettable day. It was incredibly special to welcome so many former pupils, staff and families back to Caythorpe Primary School and hear the stories that have shaped the school's history.

### **Continuing our 150 Years of Caythorpe Primary School celebrations...**

Our EYFS Bears had the honour of making the very first jump at the Teddy Bear Drop at St Vincent's Church! Our brave team – Try Bear, Oh Well Bear, Explore Bear and Think Bear – took on the challenge with great courage. They even completed their jump without a parachute!



Thankfully, the fantastic Beaver Group was on hand to help. Stretcher bearers Atrorius, Arlo and Erwin carefully rescued our bears before Alfie expertly administered first aid.

A huge well done to everyone involved for making it such a memorable and fun part of our 150th anniversary celebrations. We couldn't be prouder of our brave little bears!

### **Theme Park Maths!**

Our Year 6 pupils have been putting their maths skills to the test with their exciting Theme Park Maths project! Using a bank loan to fund their ideas, the



children designed and managed their own theme parks, making important financial decisions along the way. They had to budget carefully, paying staff wages, maintenance costs and even taxes, before calculating their annual profit. Once they had successfully completed every challenge, they brought their creations to life by building their very own theme parks.

"I didn't like paying my taxes!" – Shannon

"I didn't realise I would have to pay for staff and maintenance." – Martha

"I enjoyed drawing and then building my Theme Park." – Abby

George B took a particularly entrepreneurial approach, explaining that he included lots of cafés in his theme park because he knew they would generate extra income—and his strategy paid off as he finished the project with the highest profit! A fantastic way to apply mathematical skills to a real-life context while encouraging creativity, problem-solving and financial understanding. Well done, Year 6!



# Church Corner

## St Vincents Caythorpe

### Flower Rota

Mrs Avison & Mrs Green

### Sidespersons for September

6th Zoe Carter & Gary Swift

13th John Scott & Liz Moses

20th Mr & Mrs Dorey

The various parish services have to be organised in a schedule to enable them to take place in each of our churches. If you would like to attend any service we can provide transport for you. Please contact either Jo Russell or Judith Scott.

### St Vincent's Church Prayer Group

We believe that we are called to be persistent in prayer, both for ourselves, those in need, our community and the world. The church is open every day if you would like to find a quiet space and a time to pray or you are most welcome to join us in the Church.

**Please contact Jude on either** [scott,truck@live.co.uk](mailto:scott,truck@live.co.uk) **or call 01400 272974 for our next meeting.**

Specific prayer requests can be left in the box by the votive candle stand - you may like to light a candle as a focus for the prayer you offer. You can also send your prayers to

[loveden.deanery@lincoln.anglian.org](mailto:loveden.deanery@lincoln.anglian.org) marked as St Vincent's Prayer Group.



## Coffee Mornings

### St Vincents 50:50

Friday 4th September

10.00 to 12.00

for

SAMARITANS

### All Saints

### Hough on the Hill

1st Tuesday every  
month 10.30-12.00

# LINCOLN DIOCESE: LOVEDEN CENTRAL GROUP OF CHURCHES

## SEPTEMBER 2026 SERVICES

| Date                                      | Sept 6 <sup>th</sup>                     | Sept 13 <sup>th</sup>                    | Sept 20 <sup>th</sup>                                                     | Sept 27 <sup>th</sup>                    |  |
|-------------------------------------------|------------------------------------------|------------------------------------------|---------------------------------------------------------------------------|------------------------------------------|--|
| <b>Sunday</b>                             | <b>Trinity 14</b>                        | <b>Trinity 15</b>                        | <b>Trinity 16</b>                                                         | <b>Trinity 17</b>                        |  |
| Colour                                    | Proper 18<br>Green                       | Proper 19<br>Green                       | Proper 20<br>Battle of Britain<br>Green                                   | Proper 21<br>Green                       |  |
| <b>Caythorpe</b>                          | 10.30/GP<br>Arnhem<br>Service            | <b>10.30/DO</b><br><b>Holy Communion</b> | <b>10.30/VR</b><br><b>Holy Communion</b>                                  |                                          |  |
| <b>Welbourn</b>                           |                                          |                                          |                                                                           |                                          |  |
| <b>Marston</b>                            |                                          |                                          | 10.00/CS<br>Pet Blessing<br>Service                                       |                                          |  |
| <b>Brant Broughton</b>                    |                                          |                                          | 10.00/JH<br>Harvest<br>thanksgiving                                       | <b>10.30/LB</b><br><b>Holy Communion</b> |  |
| <b>Fulbeck</b>                            | 10.00/TK<br>Morning Praise               |                                          |                                                                           | 10.30/TK<br>Harvest Festival             |  |
| <b>Hough on the Hill</b>                  |                                          | 10.00/BCP/CB<br>Morning Prayer           | 16.00/CB<br>Harvest Festival                                              |                                          |  |
| <b>Leadenham</b>                          | <b>10.30/LB</b><br><b>Holy Communion</b> |                                          |                                                                           |                                          |  |
| <b>Beckingham</b>                         |                                          | 09.30/GG<br>Morning Service              |                                                                           |                                          |  |
| <b>Stragglethorpe</b>                     |                                          |                                          |                                                                           |                                          |  |
| <b>Brandon</b>                            | 10.00/BCP/CB<br>Morning Prayer           |                                          | <i>18<sup>th</sup> Sept</i><br><i>18.30/CB</i><br><i>Harvest Festival</i> |                                          |  |
| <b>Hougham</b>                            | 15.00/BCP/CB<br>Evening Prayer           |                                          |                                                                           |                                          |  |
| <b>Carlton Scroop</b><br><b>Normanton</b> |                                          |                                          |                                                                           |                                          |  |

**Welbourn Weekday Communion Service Wednesday 2<sup>nd</sup> September 10.00/**

BCP - Book of Common Prayer, Traditional Language. All other service are Contemporary Language

**OFFICIANTS Clergy** – GP- Rev Canon Geraldine Pond; ValR – Rev Canon Valerie Rampton; TT- Rev Canon Tony Tucker; SP- Rev Canon Sam Parsons; LB- Rev Les Batty; GK- Venerable Gavin Kirk, Archdeacon; TH- Rev Trudy Hobson; SH- Rev Stuart Hadley; SF- Rev Stuart Foster; FM- Rev Francis Mason; DO Rev David Oxtoby

**Lay Readers** - CS – Clare Sauer; NK- Nick Kerry

**Authorised Lay Ministers** - CB – Dr Christopher Brightman; EB – Emma Brealey; GG – Gillian Green;

HR – Henrietta Reeve; JH – Jennifer Harvey; TK – Tony Kingston; JR- Jo Russell; JS- Judith Scott; SW- Susanne Wills

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Jo Russell

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Faith Ballaam

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faithballaam@googlemail.com

## **Future Caythorpe Church Events**

### ***Friday 2nd October a concert by the Festival Singers.***

Something for everyone, with a 7pm start, refreshments and a retiring donation.

### ***Friday 4th, 5th and 6th December the biannual Christmas Tree Festival.***

To help with the preparations can you please order your tree early.

Ring either Jo Russell 01400 273551 or John Scott 01400 272974 for more details.

# Thoughts from Canon Valerie Rampton

When I was a geography student, many years ago, I was astounded to learn that a river in the USA was classified as a Fire Risk! It was the Cuyahoga River in Cleveland, Ohio. Industrial waste flowed into the river, creating a flammable waterway. The river caught fire at least 13 times between 1868-1969, often burning nearby buildings and boats. In this century rivers have caught fire in India and China because of oil slicks and industrial waste. To my knowledge we've not had any rivers on fire in the UK, but incidences of pollution have been widespread. In this country many rivers have been declared 'dead' as there is not enough oxygen to support life, and there is pollution from sewage, industrial waste and agricultural run-off. Asia and Africa have many polluted rivers – even the famous Ganges. The Cuyahoga river is now clean with plenty of biodiversity and recreational use. We are trying to clean up the rivers in our own land, but in many lands that isn't yet happening.

Ecuador suffered from the extraction of oil, as forests were destroyed, rivers polluted and indigenous communities displaced. But in 2008 the Ecuadorean government very bravely passed a 'Rights of Nature' bill. This granted ecosystems such as forests and rivers the right to exist in themselves, to persist and regenerate, to have legal personhood in themselves, rather than being seen as private property to be exploited as a source of resources. The bill was pushed by the indigenous people who had seen many of their traditional lands exploited and destroyed. Now these lands are protected. Other countries have pushed to follow suit, especially Brazil, Bolivia, Colombia and New Zealand. In the USA some areas were designated 'Rights of Nature' lands. But Donald Trump has since removed many of the safeguards. In the UK some parts of the land are adopting this principle, especially the River Ouse in Sussex and the River Wye in the west.

To my mind one of the burning questions is how we manage to balance our need for resources against the rights of nature to exist and flourish. Do we continue to rape the earth, or can we find another way? I have no answers, but I know that in Scripture we are taught that all lands belong to the Lord, not to us. We are just caretakers, not owners. The Bible tells us that Adam and Eve were placed in the Garden of Eden to 'work it and take care' of it. So we humans have a God-given duty to protect, nurture, and sustain the environment. How can we do that in our own communities, and in the rest of the world?

**Canon Valerie Rampton** (07785 791436 and [valerie.rampton64@gmail.com](mailto:valerie.rampton64@gmail.com))

*Please only get in touch with me if you wish to respond to this note. For baptisms, weddings, funerals or help with other church matters, please contact the Churchwardens or the Acting Rural Dean. Contact details elsewhere in the magazine.*

# Arnhem Weekend in Caythorpe

Friday 4th - Sunday 6th September 2026



As we head into September one of the key dates for the village calendar in Caythorpe is Arnhem Weekend, traditionally held two weeks before the anniversary of the initial jumps into Arnhem which took place on 17th September 1944. The weekend is a celebration of the shared history between the village and the 216 Signals Regiment.

In 1944 the 1st Airborne Signals Regiment was formed. The first major battle the Regiment was engaged in was Operation Market Garden, the battle for the bridges of Arnhem. The Regiment was based in and around Caythorpe for training prior to the operation.

After the war a few survivors of the operation started to visit Caythorpe on the anniversary of Arnhem, calling in at the church to remember lost comrades. In time this event became officially recognised and the 1st Airborne Signals Regiment modern day equivalent, 216 Signals Regiment, now visits annually and holds a memorial service for all comrades lost in Arnhem and other conflicts since.

The village of Caythorpe has always extended a warm welcome to the Regiment and has combined their annual reunion visit with a Gala since 1985. The Gala has always been a key event to bring everyone together with a host of stalls and activities including a football match between the Squadron and the village and a tug of war competition.

Veterans will join serving members of 216 Squadron for the parade on Sunday morning which will start from the Waggon & Horses and head up the High Street to St Vincent's for the memorial service. In order to allow an unobstructed route for the procession, parking will be restricted to one side of the road only on the morning of Sunday 6th to leave the Red Lion side of the road clear.

Whether you are local or travelling from further afield, a regular at this event or new to the history of our village, Caythorpe looks forward to welcoming you!

# Programme of Events

## Friday 4th September

- **COFFEE MORNING** (50/50 charity event supporting The Samaritans)  
St Vincent's Church, 10.00 am - 12 noon

## Saturday 5th September

- **CAYTHORPE PLAYING FIELD GALA**  
Caythorpe Playing Field, 1 pm - 5 pm
- **LIVE BAND (OUTSIDE CHANCE)**  
Caythorpe & Frieston Sports and Social Club, from 9 pm (all welcome)

## Sunday 6th September

- **MILITARY PROCESSION**  
The High Street, starting at The Waggon & Horses 10.30 am
- **REMEMBRANCE SERVICE**  
St Vincent's Church, 11.00 am





Caythorpe Primary School pupils 1965

## September in History

|      |      |                                                                                                                                      |
|------|------|--------------------------------------------------------------------------------------------------------------------------------------|
| 1st  | 1159 | Death of the only English Pope Adrian IV (Nicholas Breakspear)                                                                       |
| 2nd  | 1666 | The Great Fire of London began in Pudding Lane. It lasted for 5 days but only 9 people were killed                                   |
| 3rd  | 1939 | Britain and France declared war on Germany                                                                                           |
| 11th | 1915 | Britain's first Women's Institute opened in Wales                                                                                    |
| 13th | 1902 | Harry Jackson was the first person in Britain to be convicted on fingerprint evidence                                                |
| 15th | 1830 | MP William Huskisson was the first rail fatality at the opening of the Liverpool Manchester railway                                  |
| 19th | 1356 | Led by the Black Prince, the English army defeated the French at the Battle of Poitiers                                              |
| 21st | 1327 | Edward II was murdered by his gaolers, using a red hot poker                                                                         |
| 22nd | 1735 | Britain's first Prime Minister, Robert Walpole, moved in to 10 Downing Street. The last private resident of the house was Mr Chicken |
| 25th | 1818 | The first transfusion of human blood was performed at Guy's Hospital, London                                                         |
| 28th | 1745 | God Save the King was sung for the first time at London's Drury Lane Theatre                                                         |

# The Stubton Swimsuit

A swimming costume incorporating floats, like the one shown here, is now a common sight for young people learning to swim, but it was a surprise to learn that the original design was devised in 1962 by Mr Moore of Stubton. In the first year of production 48,000 were sold. Mr Moore didn't copyright the design as he felt the product was for the benefit of everyone. The local Evening News ran an article about it accompanied by a photograph of Mrs Moore using one in the swimming pool at RAF Cranwell .



Mr Moore was the headmaster at Claypole school from 1929 until he retired in 1940. He was quite a character by all accounts. His grave and that of Alice his wife are in the churchyard in St Peters Claypole. His wife died aged 100. "Monty Moore" was also a JP sitting on the Magistrates bench and even stood unsuccessfully for a parliamentary election wanting to become the Labour MP for Grantham.

Mr Moore found himself in Germany in 1939 and only just managed to return to England before the outbreak of war. Apparently many pupils were hoping he was going to stay there.



This 1935 photograph shows the Headmaster Mr "Monty" Moore, his wife behind and two teachers.

# SPICY APPLE CAKE

3 cooking apples, peeled, cored & sliced  
125g softened butter  
125g soft brown sugar  
2 eggs, beaten  
200g flour  
1/2 tspn ground mixed spice  
1/2 tspn ground cinnamon  
1/2 tspn bicarbonate of soda  
50g sultanas  
50g glacé cherries, halved  
grated rind of half a lemon

Cook the apples with a very small amount of water until soft, then sieve to produce a smooth purée. Allow to cool.

Grease and line a 7" round cake tin. Set oven to 180C

Cream together the butter and sugar until light and fluffy, then beat in the eggs with a little flour.

Sift together the flour, spices and bicarbonate of soda and stir into the mixture.

Add the dried fruit, apple purée and lemon rind.

Transfer to the tin and bake for about 45 minutes.

Cool in the tin for 15 minutes, then turn out on to a wire rack.



All Saint's Church,  
Beckingham

Friday 11<sup>th</sup> September 2026

7.00pm

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Please visit the extensive book library at the Village Hall – open most Saturdays from  
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The **Village Hall** at Carlton Scroop is available for hire by individuals or groups. Please  
contact [carltonscroopvillagehall@gmail.com](mailto:carltonscroopvillagehall@gmail.com) if you want to hire the Hall.

The cosy **Social Club** in the Village Hall is open on a Friday 7.30 pm to 10.30 pm – all  
welcome.

Look out for Bingo and Quiz dates on a Saturday evening in the Social Club.

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# VILLAGE SOCIAL NIGHT

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FROM 5PM

Pop along for a drink. ♥

**Hungry? We will be firing up the BBQ**  
(subject to weather)  
Bring along your burgers or sausages to pop on and cook.

★ **The Bar will be open until late.**

If you are new to the village, it will be a great opportunity to meet your neighbours and also see what a great village facility the hall is.

★ **Everyone welcome!** ★  
**Carlton Scroop Social Club**  
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Any questions  
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# Environment Blog

## What's the fuss about ultra-high processed food?



Currently, there is a lot of contention and confusion about how good or bad ultra-high processed (UHP) food is for your health and wellbeing. The previous blog drew attention to this, with much of the responsibility for UHP manufacturing and marketing lying with food processing giants and supermarkets. Before we get too immersed in the 'good, bad and ugly' about UHP food, let's clear up exactly what UHP food is.

According to the experts, food can be placed into 4 categories based on how much processing has occurred during production:

- 1. Unprocessed or minimally processed foods:** This includes produce such as fruit, vegetables, milk, fish, pulses, eggs, nuts and seeds that have no added ingredients and have been little altered from their natural state.
- 2. Processed ingredients:** This includes foods that are added to other foods rather than eaten by themselves, such as salt, sugar and oils.
- 3. Processed foods:** These are foods that are made by combining foods from groups 1 and 2, which are altered in a way that home cooks could do themselves. They include foods such as jam, pickles, tinned fruit and vegetables, homemade breads and cheeses.
- 4. Ultra-processed foods:** Ultra-processed foods typically have more than 1 ingredient that you never or rarely find in a domestic kitchen. They also tend to include many additives and ingredients not typically used in home cooking, such as preservatives,

emulsifiers, sweeteners, artificial colours and flavours. These foods are generally designed to have a long shelf life.

I am therefore focussing here on this fourth category.

Examples of ultra-processed foods include: ham and sausages; mass-produced bread, most breakfast cereals, instant soups; crisps, biscuits and cakes; ice cream and fruit-flavoured yogurts; fizzy drinks and some alcoholic drinks including whisky, gin, and rum. But there is far more.

The UK is one of the world's biggest consumers of UHP food. In a recent comparison of 19 European countries, the UK topped the list with 50.7% of all food being UHP! Equivalent UHP figures were far lower in Portugal (10.2%), Italy (13.4%), Greece (13.7%) and Spain (20.3%) - where there is a much greater emphasis on the healthier Mediterranean diet comprising salads, fresh fruit, nuts, seeds and olive oil, i.e. food that is either unprocessed or minimally processed.

Over 60% of food sold in UK supermarkets is UHP! Just walk down the aisle where biscuits are on display and check out the long lists of ingredients and additives. The most common indicators of UHP food are flavourings, refined palm oil, fructose/glucose syrup, E322 lecithin and dextrose/glucose. These added ingredients are typically associated with enhancing taste, improving texture or prolonging shelf life. However, if a food product has five or more ingredients you can be fairly certain that it is UHP. The number of ingredients in common products can be truly staggering. For instance, in a well-known UK supermarket a Victoria sponge cake had 23 different ingredients, including palm oil and E numbers.

Not long ago I had a conversation with a 'development chef' who was working in the kitchens of a huge food processing plant. He was constantly under pressure to create new and attractive savoury and dessert food products, i.e. UHPs. I asked him what was usually first on the list of ingredients. His answer – palm oil. Why? I asked. Answer – because it is cheap!

## **BUT why the concern about UHP food?**

It is important to say that not all UHP food is bad for you. Some of it is even beneficial. However, there is mounting evidence that UHP food is linked to poor health and even early death. A recent study examined data on diets and mortality in eight countries including the UK, finding that 14% of early deaths in the UK could be linked to ultra-processed food intake. In addition, a report in the British Medical Journal- based on information from 9.9 million people worldwide – linked UPFs to:

a higher risk of death from cardiovascular illnesses  
(such as heart attack and stroke)  
obesity - type 2 diabetes - sleep problems  
anxiety and depression

At present we don't know if it's the processing of food that causes illnesses, or simply the fact that most UHP foods are high in fat, sugar, salt or other additives. All of these are known causes of weight gain, type 2 diabetes, heart disease and some cancers. There is also growing evidence about the addictive qualities of UHP foods. Processing methods are used that suppress our natural sense of feeling full, or else they speed up digestion to give an immediate but quickly fading sense of 'reward' – Pringles being a prime example! This is designed to make us want to eat even more of that product, even when it is patently not good for your health. If this is the case, then surely there should be a suitable warning sign on the packaging. This raises serious questions about transparency, honesty and morality.

There is a huge industry behind this, with much of the marketing aimed at children and young people. Besides all the TV advertising, think of where sweets and snacks are located in supermarkets and convenience stores - usually in places where you are queueing (like exits) or at eyesight level. These are deeply ingrained marketing practices that may be contributing to our collective ill health.

The question now is what do we do about this?

### **Do we really want big business to be controlling our health and choices by using dubious tactics and strategies?**

Write and share your experiences and suggestions.

Anon.



A flower box at Grantham Railway Station that made me smile. *Editor*

The background of the flyer is a photograph of bright pink, spiky flowers, possibly Sedum spectabile, with green foliage. A white rectangular box is centered over the image, containing the event details.

**CAYTHORPE GARDEN CLUB**

**September meeting**

**Tues 8<sup>th</sup>**

**7:15 for 7:30 pm**

**Caythorpe  
Village Hall**

**Speaker:**

**Dr Ian Bedford**

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## In and Around the Garden

It is now mid August, and the last 2 months have been difficult. The combination of heat and drought have wreaked havoc. As most of my plants are adapted for dry conditions, I can usually go for at least a month without having to water anything but pots and veg, but the last useful rain fell in mid June and the hosepipe ban came in just as I had decided that I couldn't put off watering the borders any longer. I'm still hoping for rain, but as these hot dry summers are likely to become more frequent, I have decided to re-think a lot of the planting.

Some borders have not been watered at all. The plants there fall into three groups: 1. unbelievably, these look fine, at least for now. 2. These have decided to die back very early – they look awful but will probably come back into growth when it eventually rains. 3. These look dead and probably are. To keep the garden looking good with minimal water in future years, I plan to plant more of the first group, get rid of the dead and replant some of the second group into a border where they can be more easily watered if necessary. The main difficulty will be that the toughies need to get established before they can reliably withstand drought, so a second summer like this one could wreck my plans.

Many of the first group are tough evergreen shrubs, including *Euonymus*, *Eleagnus*, *Mahonia* holly and myrtle. Box has survived the drought, but not the attacks of box caterpillar, which is a great pity. Mediterranean shrubby herbs – lavender, thyme, rosemary etc.- are fine, and Penstemons, shrubby *Salvias*, *Sedums*, *Geranium* 'Rozanne' and a clump of California fuchsia (*Zauschneria*) are flowering well. Japanese anemones, day lilies and small periwinkle, are a big disappointment; I don't think they are dead but they look miserable.

The pond has very little water left in it, but animals still come to drink. I also put out a big plant saucer filled with water, but only some pigeons and a squirrel used it. A badger walked right past it several times on the way to dig up some more of the lawn, but ignored the water completely. I have a little solar-powered water feature that is very popular with wasps, as they can easily reach the water.

The local birds seem to have had a successful breeding season. I have seen fledgling robins, blue tits, great tits, long tailed tits, blackbirds, and a song thrush. The crows that nested in the tall pine tree fledged one youngster. The adults have disappeared but the young one is around a lot, making a strange call like a loud purr. The Big Butterfly Count produced 9 different species, though few individuals, and I have seen a hummingbird hawk moth several times. But I am not spending much time in the garden – it is far too hot!



# The Kinema in the Woods

A really great example of an early cinema that absolutely delights everyone who visits it, is the Kinema in The Woods at Woodhall Spa.

Woodhall Spa is a village on the way to the East Coast, a few miles away from Tattershall Castle. In the early 1800s a mineral spring was discovered and Woodhall Spa came into being. The creation of the Spa also saw the building of several hotels including the Victoria Hotel which had a sports and concert pavilion in its grounds. Another hotel is The Petwood, which was used by the Dambusters officers in the Second World War.



On Easter Sunday 1920 the Victoria Hotel burned down. Two years later a local conservative politician Sir Archibald Weigall purchased the hotel grounds and the pavilion. With the help of Captain Allport they brought the pavilion back into use as a cinema, opening in September 1922 - the same year that the BBC was founded. The first film shown was a silent Charlie Chaplin.

Until 1953 the front six rows of seats were deck chairs and they were the most sought after and expensive seats at 1s 6d.

Mr James Green took over the Kinema in 1973 and the cinema remains in private ownership now under Mr Philip Jones. He started work at the Kinema as a projectionist in 2004.



Original Projector from 1920s

There are 4 separate auditoriums with a total of 356 seats and the Kinema plays two hundred + films each year, opening almost everyday of the year.

There are hooks on the wall to hang your coat, and popcorn, sweets, ice creams, and drinks in the foyer.



Screen 1 contains a working Compton Organ which rises out of the floor in front of the screen. Played by the resident organist Alan Underwood it is a joy to listen to.

At Christmas sessions audiences sing Christmas carols played on the organ. There is simply no better place to watch that Christmas classic film "It's A Wonderful Life" than here. The visual quality and sound systems rival any

Odeon or other modern cinema.

We hope you enjoy a visit here as much as we do.

The web site is [thekinemainthewoods.co.uk](http://thekinemainthewoods.co.uk)

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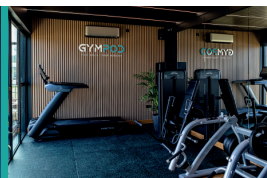
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## Ikebana



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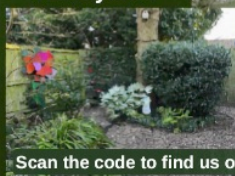
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Dress to scare and come and join the fun!



### *Christmas Parties*

Tis nearly the season!

We're now taking bookings for Christmas parties. Whether it's for work or with friends and family, get your date locked in early to avoid missing out as spaces fill up fast this time of year.

Contact us to book your spot.

### *New Year's Eve*

Save the date! As always, we will be seeing in the New Year in style, and this is your first heads-up to pop it in the diary.

Full details on the night will be announced soon, so keep an eye out, you won't want to miss it.



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