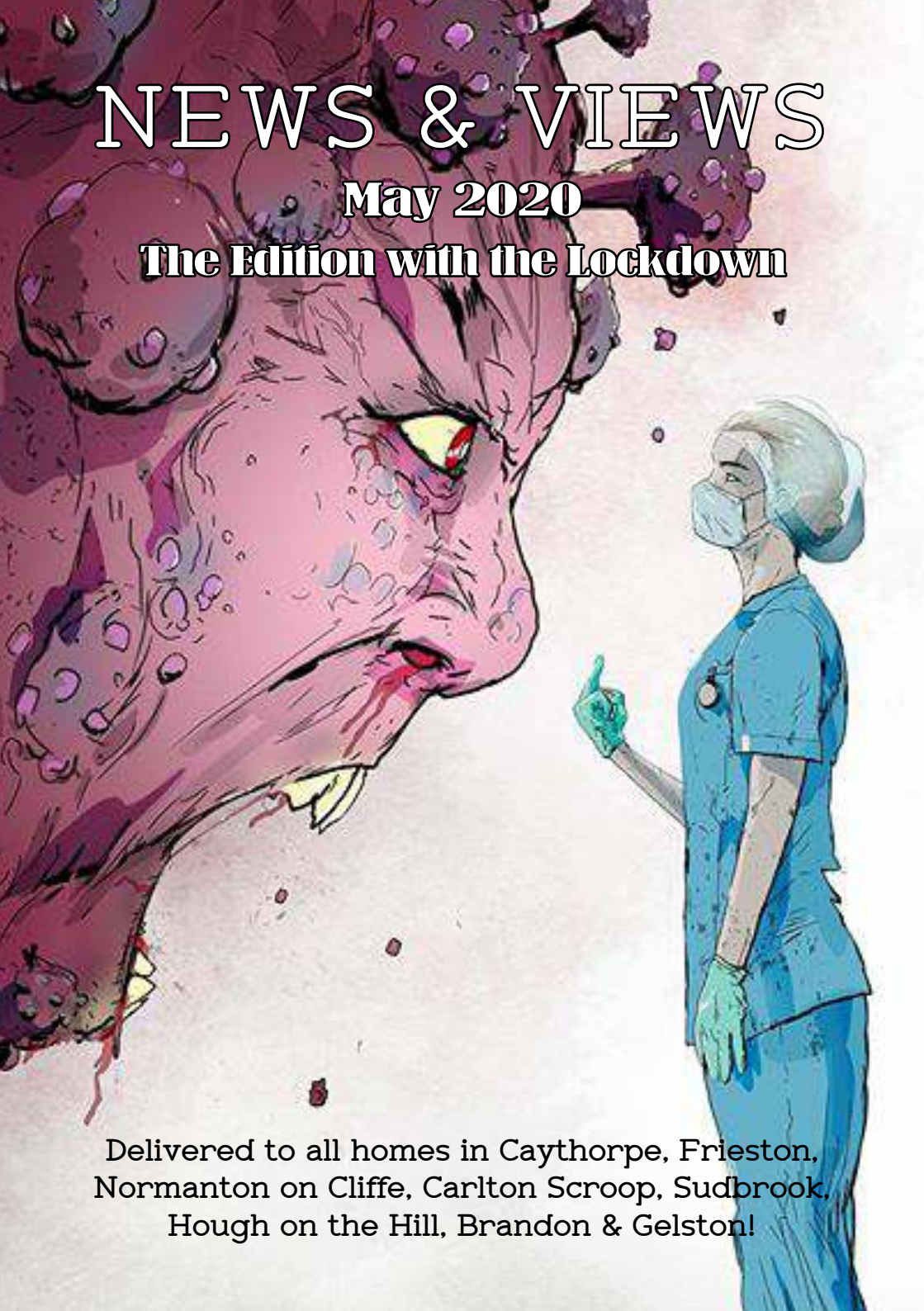


NEWS & VIEWS

May 2020

The Edition with the Lockdown



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ISSUE 56 - MAY 2020

**Distributed to all homes in Caythorpe, Frieston, Normanton-on-Cliffe, Carlton Scroop, Sudbrook,
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News & Views - Is produced in association with Caythorpe and Frieston Parish Council.

Editors - Pete & Laura Leeds - editorsnewsandviews@gmail.com

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General Information

SPAR



THE POST OFFICE



Spar Shop Team - Photo Courtesy of Richard Hall

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Ancaster Surgery: 01400 230226 / Disp 231204

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Tuesday	08:30 - 18:00	08:30 - 18:00
Wednesday	08:30 - 18:30	08:30 - 18:00
Thursday	08:30 - 18:00	08:30 - 18:00
Friday	08:30 - 18:00	08:30 - 18:00
Ancaster		
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Thursday	08:00 - 18:30	08:30 - 18:00
Friday	08:00 - 18:30	08:30 - 18:00

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Frieston	CURRENTLY OUT OF USE
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Normanton	Telephone Kiosk, Main Road
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For patients who are arriving by car but do not have a mobile phone, or for patients arriving on foot to Caythorpe please come to the back door of the surgery (accessible from the carpark) and follow the instructions on the door.

To order your next prescription we are not currently accepting paper requests. This can now be done by phoning the surgery as normal and selecting the dispensary option from our phone system, or alternatively signing up for our online repeat prescription service. To do this please call and speak with the Practice reception team. Please leave at least 3 full working days before collecting your medication

N&V EDITORIAL

Come What May 2020



What a month it's been since we last went to print! Before making a decision whether to print the May Edition of News & Views, consultations were sought with our 'A-Team', namely Westgate Print, Caythorpe & Frieston Parish Council and our Team of Distributors. Once we knew we had the support of this fantastic team, along with a community who wanted News & Views to continue, the decision was easy...We Go ahead!

This Edition is a bit different as we have altered the format and content to be relevant to our changing environment. Thank you to everyone who has sent articles and letters in this month, we certainly enjoyed reading them and we hope you will too!

Please rest assured that all necessary precautions are being taken to bring you this issue safely. Our distributors have been asked to leave the copies on doorsteps where there is no external postbox i.e a box on the wall or gate, which is the same protocol used by the likes of Amazon and Hermes.

The delivery of this magazine is seen as an essential source of local information and as such we are within the current Government guidelines to continue, in the same way that Newspapers are. We, and others, consider News & Views as a valuable community resource and we see it as our responsibility to continue to produce and deliver our Village Magazine, we are determined to get to our News & Views Family through thick and thin, and always will be! We are a community, and as we have seen so much of on our Facebook Pages and the like, we pull together and face adversity, together, and we are both proud and humbled to be a part of this community spirit.

We do send out an electronic, low resolution, copy of News & Views. If you would like to be added to the list, please either email us on the address at the bottom of the page or call us on 07375 701575 and let us have your email address. Should the point come where we are unable to safely print and/or deliver News & Views to your door, we would be able to produce an online only copy and you'll never miss an issue!

Finally, keep safe and we'll see you next month, love from Pete & Laura

Cover Artwork kindly supplied by M J Hiblen

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A Message from Councillor Neil Fritzsche Chairman of Caythorpe & Frieston Parish Council



Neil & Christine Fritzsche
Photo Courtesy of Richard Hall

What a great community we have in our Parish. I hope you're all keeping safe and well. If you are not enjoying the lockdown, I hope that you are at least getting to know your family and friends better during this time.

In our wonderful community, we have volunteers who have come forward to assist others who may be self isolating or have other needs during this time, these people have selflessly, put their names forward to help and responded to all requests. So a big, fantastic, thank you and handclap to you people. Secondly the local Spar Shop, Amir his Team have pulled out all of the stops to ensure that we, as a community, are able to access food and daily items that we require and then additionally had a wonderful selection of fresh vegetables, fresh meat and dairy produce in abundance for us all to purchase. They've also sourced bags of compost for the keen gardeners, so well done Amir and your team, thank you so much for supporting us.

The Red Lion has continued to support us with takeaway meals on Thursday's, Friday's, Saturday's and Sunday lunches. I know many have taken advantage of that, so again, thank you to Simon, Kim, Becky and all the Team.

Our local fish merchant Nick Streeter donated a considerable amount of fish for us to give out in the community to the vulnerable people. Nick, that was such a kind gesture thank you very much.

Richard Hall's idea of photographing people during the lockdown has really taken off, it has had a really positive effect on our community. Probably for the first time we realised all the different people that live in our community, ones that we maybe nod or say hello to, but don't really know them! Now we can see them and their families such wonderful photos. I think this idea has brought us all closer together as a community!!! Richard has plans to produce a book of the photo's in the near future which is being supported by the Parish Council. We would look to place the book with our other historic documents in the Village, either in the County Library or with local Historians, so that in the future people may know what our community looked like at this time, very similar to the glass plate photos that were discovered of our village from the early 1900's, where you can see a montage of those pictures in the Red Lion on a canvas photo. Incidentally, I have a CD with a copy of these 1900's photos so if anybody else would like the photos and please email me and I will send you a copy. The County Council are offering some money to help communities during this time and the Parish Council will see how this could best be used although it isn't a great amount, it is some support.

Councillor Jonathan Betts and his wife Kathryn, have been stalwarts in supporting the

volunteers to enable them to get the support that they require in dealing with, and supporting, our parishioners, so Jonathan and Kathryn, thank you, for your hard work.

With regard to the Parish Council we have advertised for the position of a new Parish Clerk and the application dates has now closed. We will undertake interviews and hopefully appoint somebody in the near future.

The Parish Council had a meeting at the beginning of this lockdown and devolved the decision-making down to a core of four councillors. This is for a limited period during the lockdown and we hope that these powers would not need to be used. However, they are available if required and of course we would use them to support our community. This does not mean that the other parish councillors would not be able to have a say as we would communicate with them, but as meetings are banned currently under the lockdown criteria, it will be down to the quorum of the full council is to make any final decisions.

As you can imagine the Annual Parish Meeting and the Annual Parish Council Meeting have both been deferred until a future date, when these are able to take place. We have been advised that there will be no elections or councillor co-options to any council bodies during the lockdown, however, we are not in that position anyway so it doesn't really affect us.

For those of you that may struggling to attend hospital or get to appointments that are urgent, Lincolnshire County Council bus service 'Call Connect' is still running and available to book during this time. They have declared that it is 'free of charge' and all you have to do is telephone to organise a date and time where the bus can collect you and take you to your appointment. The telephone number is 0345 234 3344, if you need any more information and have access to the Internet just Google 'Call Connect Bus Lincolnshire'. This service has been running for a number of years and is normally a paid service, but is available for people to get about during the lockdown so please take full advantage of it .

Please don't forget if you're exercising your dog more regularly, please remember to bag and pick up your dog poo so that the footpaths and streets are kept clear of any dog fouling it will be much appreciated.

News & Views is a really important means of ensuring we get a message to every household, so I would like to thank the Editors, Printers and the Distribution people that all work together to get this publication to you, thanks very much.

So, until the end of this lockdown or the next issue of News & Views everybody please take care, stay safe and let's carry on celebrating the support that is given by everybody from the NHS, Local Suppliers, Care Home Staff, Lorry Drivers, Emergency Service Personnel, Shop Assistants and everybody else that is working during the lockdown to ensure that we can carry on and survive. What a fantastic group of people they are and what a fantastic community we have, thank you all very much.

Neil Fritzsche, Chairman,

Caythorpe & Frieston Parish Council

07901598052 / 01400 273293 /

n.fritzsche-caythorpepc@outlook.com



Thank you to our amazing NHS staff



Photo Courtesy of Adam Jackson

Eight o'clock on the evening of Thursday 26th March marked the first time the nation stood together in full support and respect for our treasured NHS staff and frontline workers. This show of solidarity has become part of our routine on a Thursday, it's what we do. Here in Caythorpe we saw St Vincent's turn blue. From that evening and every Thursday evening since, our friends and neighbours have been in their cars beeping, standing on their doorsteps or in the street (socially distancing unless they are in the same household) clapping, banging pots and pans, cheering and clapping the amazing staff of the NHS and the army of frontline workers who are currently fighting the Coronavirus Pandemic. Facebook was also a hive of activity...



the WI

INSPIRING WOMEN

As the WI are unable to meet due to the current lockdown situation, one of their Members, Jassy Wells of Caythorpe, has been keeping a diary of her Lockdown which, due to popular demand has been shared with the other Members of Caythorpe WI. We've left the Diary completely untouched. Pete & Laura

LOCKDOWN - Week 1

Hello you all,

I do hope you are well and bearing up. I hope food and essentials are getting to you and that

you are not too worried. At least this weather means the garden can be enjoyed. We are so lucky to have that at the moment. For those that don't it must be dreadful. Warren, my lovely gardener, was here for two days last weekend before complete LOCKDOWN. He didn't come inside and we conversed by phone and waved to each other through the window. He worked so hard on the garden and replaced fencing which had blown down, so now I can enjoy it without going daft.

As his second day was Mother's Day he brought me flowers, a box of chocs and two pictures painted by his five year old daughter telling me not to be sad. (So sweet!) Plus a giant jar of pickled walnuts he'd done last year. Yummy! He left them all in my porch to collect when he'd gone. Nick, another dear chap who delivers regularly, left me a pressie of a pack of cheese, so now my lunches will be crackers, cheese and pickled walnuts.

Although I am on my own all the time, it is a strange and peculiar feeling being in this lockdown isn't it? Deliveries come, thank goodness, so I am not short of grub but the local small businesses have stopped and I feel for them. I thank heaven for Face Time and Skype as I can chat to daughter Fiona and see what she is up to in the garden, the same with son Andy and family. Eldest Grandson Dan took me on a guided tour of his garden, small but beautifully done. He is working from home but also has his two daughters under his tender loving care. Wife Jodie in the aforesaid garden, working on her laptop.

Eldest Granddaughter, Laura, has moved back with Mum and Dad whilst this trouble is on and they are happy with their dogs, cats and horses way out in the middle of nowhere. Well, there is a village nearby but they are more or less surrounded by open country. We chat and Face Time regularly which is so special. All are able to work from home thank heavens.

Jess, youngest granddaughter is home from University and painting away in the sunshine, between whiles making smoothies out of spinach and stuff, determined that she and her mother are kept fighting fit. Youngest grandson George has finished college and, if all goes to plan, hopes to take up his place at West London Uni in the Autumn. Fortunately he'd already done his BTEC so grades were in and as expected. He is helping to keep the garden organised; he's good at that. Son in law Nick, bless him, is working hard to keep his staff happy whilst they too work from home.

What my Peter would have said of it all heaven knows. In a way I am thankful he is out of it but God knows I miss him to bits.

I've made a list of things I MUST do but strangely, the enthusiasm faded as soon as I'd completed it. I know one thing for sure that the Easter eggs I'd purchased for my Grandchildren may be eaten by Grandma instead! So one already large Grandmother will

be blown up to giant size. Those, plus Warren's chocs! Oh dear me!! Wobble, wobble!

Actually I have just now managed to pack the goodies up as apparently Parcel Force and Hermes are still delivering so I am saved! I've divided up the chocs into bags of six and put them in the freezer in the hope that I won't remember they are there. Slim chance!

I am writing as always, somewhat faster and more furiously than usual. At present researching WW2 and the brave Doctors and Nurses who put their lives on the line (like now) to deal with huge numbers of badly injured members of the armed forces. Some grim tales of those magnificent people. The story is a Romance but I find myself crying when I read of how those committed people coped. I reach for and use cotton handkerchiefs to weep into....remember those?

Enough of my ramblings. I'll send another next week if you are getting short of reading material. Perhaps I should start a Blog! Keep safe and care for one another as best you can,

Love Jassy xx

LOCKDOWN - Week 2

A friend remarked to me yesterday that it is only the end of week one and wasn't it a long week! Actually it felt one and the same to me as I am on my own most of the time. The only difference is that I can't look forward to my family visiting regularly, which they do despite the fact that they live over 125 miles away, nor me visit them. That's the crux of it, the isolation is now enforced for our safety, other's safety and the protection of our wonderfully staffed NHS. We have to accept it and do something to keep busy.

Talking of the NHS, both my son Andy and my stoic, amazing daughter in law Sue, work for the NHS. Sue is on the staff working with patients undergoing radiography and Andy deals with the security of the hospital staff in various hospitals under his wing. Sadly often taking up the dangers facing the overworked and to date, underpaid staff, who face abuse on a daily basis.

It seems extraordinary to me that people who are being treated so kindly can be so unpleasant and too often openly violent, unashamedly so, towards those who are putting themselves on the line for them. What if sometimes a receptionist is brisk? He/she is probably tired out, scared witless in the present situation and doing his/her best to keep several plates spinning at any one time. I challenge anyone to put themselves in the shoes of Nurses, Doctors and all hospital and surgery staff for a week and see how they'd react to an individual who wants their problem to be dealt with as of yesterday!! They are under huge pressure and as far as I can see will be under one hell of a lot more in the days to come. It was wonderful to see the people applauding our NHS recently but let us all make sure that this Government and future Governments to come, recognise their worth and reward them accordingly. What say you? Well, that's me on my high horse, so I'll get off now and chat about lighter moments.

As I sit at my dining room table, tapping away at my computer and creating more stories to bore the masses, I can see life passing by. Recently, to my joy, a bloke on a penny farthing bike, YES an actual penny farthing, cycles by. I love it!! He wears colourful garb and brightens my day. I'm so disappointed if I miss him. No idea who he is but I do hope he carries on all summer long!! What it is to be so easily entertained!

Yesterday, or was it the day before, days are running into one at present....a tiny tot with Mum in tow stood at my gate. The tiny one waved and I waved back. She waved again delighted I'd responded and I swear she gave me a wide smile, although at that distance it

was hard to tell, but whatever, it was so lovely. I'll treasure that. I am after all a simple soul.

Two of my greatest long term friends, and I'm talking of over thirty years here, are also alone in their bungalows. Both are drivers so they can drive off to the shops, when there is anything left on the shelves to buy. We often, until recently, meet up for lunch, particularly when it is around our birthday times and often on occasion in between, when we feel we need company. We'll miss that but we keep in touch by phone making sure we are alright. One of our number hasn't a computer nor does she text but we are making sure that she is kept up to date with what we are up to. In fact I will print out this email and post a copy to her.

Talking of driving, a task I don't do. Something I really regret not following up after failing my test four times. The last test was farcical. We lived near Ipswich at the time so the test was of course taken in the centre of that busy place.

I was doing ok until I came to this enormous round-a-bout which appeared to have far too many roads leading from it. I went around it once, couldn't find the easiest exit, as I was in the wrong position, went around again, and was faced with the same problem. By the time I'd circuited the blessed place four times the patient chap testing my 'brilliance' said politely and so, so gently. 'I will have to help you now Mrs Wells, ok?' "Okay," I said, relief in every gulp. He lead me off expertly and guided me back to the Testing Station. Obviously I'd failed miserably. Peter, the love of my life said, "No matter darling. I'll always do the driving. You don't need to drive." Happily I allowed that to happen. However when the day came when I needed to drive because Peter was so ill, I couldn't. How stupid was that? A salutary tale there. Never put things off, however scared you may be.

Hey, here's that little girl again! Such a sweetie! Now I await the penny farthing...**Cont pg 29**

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Capturing Caythorpe In Lockdown

It was on the 2nd of April that Caythorpe's Richard Hall (a mature student doing a full time degree in photography) sent out a message on the village Facebook page asking for willing volunteers to have their portraits taken. The images will be used as a project within his degree to show the strength of the villages community during the period of lockdown. With a great many families stepping forward, as part of Richard's daily exercise, he's been taking portraits of families and their pets outside their front doors at a completely safe distance on the road or pavement. Richards initial aim was to capture the images of 50 or so families, to date he is up to 152 which equates to approximately 25% of the homes in the Parish.

The idea is one that is being shared across the world and Richard, a portrait photographer, feels proud to be capturing images that will last for a lifetime, he doesn't ask for smiles, simply to have a photo taken showing how you are feeling. Almost on a daily basis we've been greeted on Facebook with happy smiling faces of families in Caythorpe and Frieston. Not only has this created a great community spirit but in times where mental health is so important, the images have also sparked renewed friendship for those who have not seen each other for some time!

It is Richard's intention to have the images made into a book and he will be posting about this in the near future on the Caythorpe Village Facebook Page. We've kindly been given permission to share some of the portraits with you. Should you wish to contact Richard to have your Lockdown Portrait taken, please contact him on: richardhallphoto@gmail.com





Richard's full album can be found online at
<https://www.flickr.com/.../146272443.../albums/72157713740850722>

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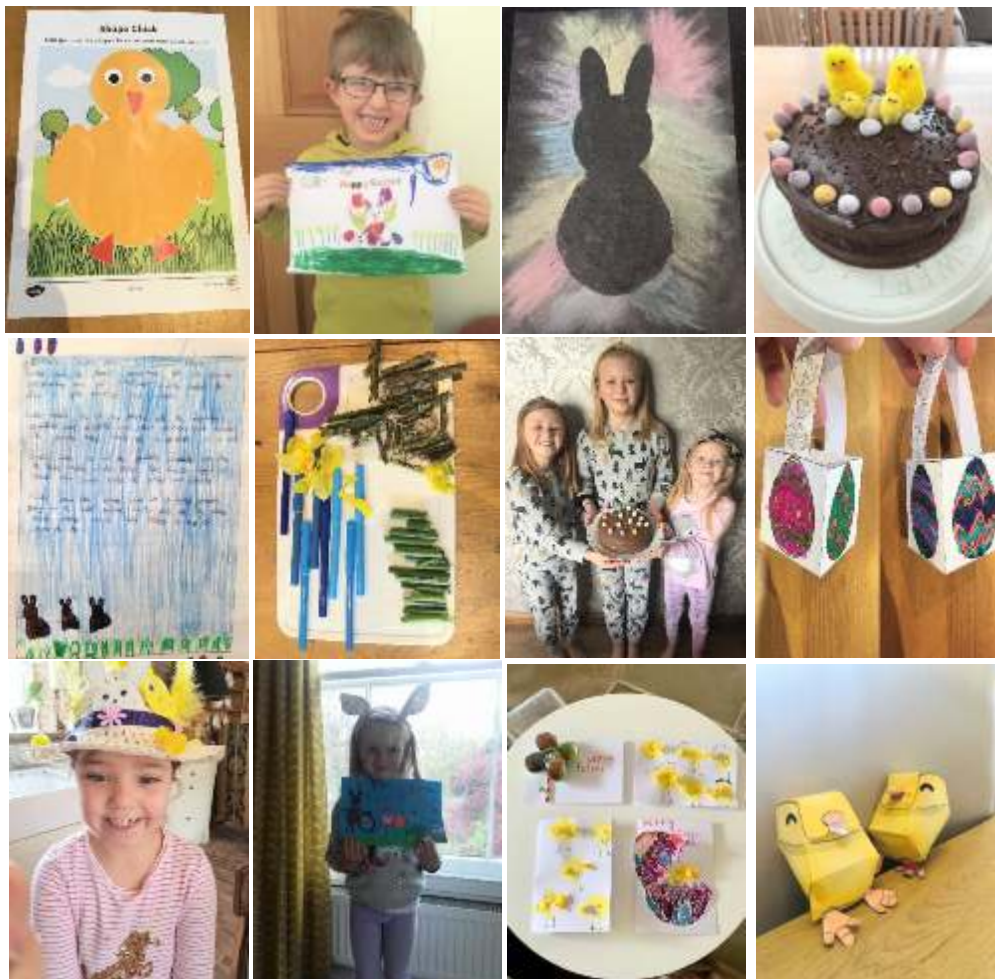
Family Time

It has been amazing to hear about all of the wonderful things our amazing families have been getting up to whilst we are in lockdown and staying at home to help beat the Coronavirus Crisis. Not only have the children been completing their school work and simply enjoying some quality family time they have also been developing a whole range of lifelong skills at home such as baking muffins, learning how to make a cup of tea, painting garden furniture and learning to ride their bike. Some children have also been on holiday in their garden! Stay safe everyone and make the most of your time at home.



Easter Challenge

Despite lockdown, Caythorpe Primary School embraced this year's Easter Challenge! It was great to see such a range of creativity and so many masterpieces! Well done to you all!



The deadline for **News & Views** is midday 17th of each month. If you have any events you wish to advertise or articles, letters, contributions etc, please drop us a line at:

editorsnewsandviews@gmail.com

Letters, which are most welcome, are accepted by email only. Please provide your name, address and a contact number. Your name or pseudonym will be published. Your letter may be edited for reasons of content or of space.

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Caythorpe & Frieston Playing Field Committee



No dogs
except
guide
dogs

Dogs are prohibited to go onto the Playing Field by By-laws but never fear, we live in a fantastic part of the world where we are abundant with places to walk with lots of fabulous places to sniff (that's for your pups, not you... well, unless you fancy getting down on all fours and sniffing dirty stuff!).

As much as we love to see your Doggies, the Playing Field Committee needs to reiterate that Dogs are not allowed on the Playing Field.

Thank you in advance for your co-operation and response to our plea.



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In & Around The Garden

April and mid-spring. The daffodils are now finished apart from one Cheerfulness type, but the tulips are out in force. The earliest is a large red Darwin tulip well named 'Red Impression'. I started with a bag of 10 and there are now dozens of them. Others that have done well from year to year are 'Spring Green' (white with a green flash) and 'Gavota' (maroon with a yellow edge that ages to cream), though they haven't spread as much. The well known 'Queen of Night', however, disappeared over several years and the lovely, peony-flowered 'Angelique' is annual in my garden, flowering in the first year but never seen again. Every year I vow not to buy more tulips, a resolution that lasts until I see the display rack in the garden centre; last time it was bright orange and deep purple varieties that I planted together – a rather striking combination.

As well as bulbs there are a number of other perennial spring flowers that are perhaps not as familiar. Omphalodes 'Cherry Ingram' forms a low mound covered in sky blue flowers. Veronica 'Georgia Blue' has a creeping habit and makes good ground cover between taller



Veronica Georgia Blue



Dicentra



Doronicum



Anthemis Tetworth

plants. At this time of year it bears deep blue flowers, which complement its dark glossy leaves. Dicentras, related to Bleeding Hearts, have ferny foliage and drooping stems of white or pink flowers, and Doronicums have bright yellow daisies on 30cm stems. All like dappled shade, which we have in abundance. Also looking good in a sunnier spot is a new Anthemis hybrid, 'Tetworth', with silvery-green leaves and white daisy flowers with a yellow eye. I bought a small plant last year and it has spread to about 2 ft across. I'll be interested to see how long it flowers for, and whether the plant is long lived.

The warmer weather has brought out the butterflies that over winter as hibernating adults, including brimstones, peacocks, commas, small tortoiseshells and orange tips. The latter favour plants in the *Cruciferae* family (which includes cabbage and mustard), especially Lady's Smocks which are the main food plant for their caterpillars. Lady's smocks grow in damp meadows, not a habitat found in my garden, but I have seen the adults feeding on aubretia, sweet rocket and honesty which are in the same family so I will be looking out for the caterpillars – they are welcome to eat some. Other butterflies like nettles, but I don't intend to provide those.

The frog spawn I rescued a few weeks ago turned out to be fertile despite the lack of water where it was laid and I now have hundreds of tadpoles. At the moment they are feeding on lettuce leaves that have been wilted in the microwave and floated on the water. The tadpoles graze off all the green layer leaving just a white skeleton, but as they mature they need higher protein fare. Goldfish flakes seemed to be acceptable to last year's brood. **JA**



Caythorpe & District Garden Society

In view of the current situation the April meeting of the society was cancelled, as well as the talk scheduled for May 12th. The afternoon tea planned for members only on May 20th will not take place, and all subsequent events will be reviewed as circumstances change. Further information will be posted in the June issue, or see our web page on the Parish Council site for up-to-date information. Members will be updated by email.

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News & Views Shout-Out



Dear News & Views, I'd love to give a shout out to the kind people in Caythorpe and Frieston, who responded so readily to my plea for jigsaw puzzles. I generally buy mine from various charity shops, and then return them when finished, but with the charity shops closed during the lock down, my supply was cut off! A message on the village face book page brought an immediate response, and for several days, small piles of jigsaws appeared on my doorstep each morning! Rest assured they will all be re-circulated (once disinfected!) either to charity shops, or the doctor's surgery, or anyone else who would like them, once completed. My faith in the kindness of our local community, together with my sanity have been restored. Thank you.

Janet McNeill, Frieston Resident

Dear News & Views, During these times of exceptional circumstances, we would like to express our heartfelt gratitude to Caythorpe's Spar Shop & Staff. They really have gone the extra mile for us all. When this is all over, let us show our appreciation by continuing to use our local 'corner shop'.
The 'H' family, Caythorpe Residents



Dear News & Views, Thanks for including Hough, Gelston and Brandon amongst your readers. **Jill Lewis, Hough Resident**

Dear News & Views, It was a shock to be 'locked down' for 12 weeks for my 'clinically vulnerable' husband! I have accepted that restriction as there is no point in my risking Covid 19 and bringing it home

But a big thank you to all who have volunteered to help. Especial thanks to David Allen who has ensured we don't go without vital shopping. Also, thank you to all those who have waved and chatted(from a safe distance!) when they see us in the garden and thank you to all those who have abided by the guidelines. Better to be bored than sick.

National Garden Day, May 10th, A day to celebrate our gardens.

The current situation has given lots of opportunities to mow, sow and improve! Sadly, we can't invite friends in to admire our efforts, so can we think of ways to enhance front gardens, adding a few planters or window boxes, tidying verges, planting in front of walls and fences, etc??

A chance to show your creativity and those taking their daily exercise can be cheered by a beautiful display. Let's make Caythorpe even more attractive!

Pauline Brown, Caythorpe Resident

Carlton Scroop Charities Volunteer Group helping to support residents at Carlton Scroop and Normanton on Cliffe with shopping, medicines collection or visits to doctors/hospitals during the Covid-19 epidemic. Residents can contact me on **07966 451956** or **01400 250154** or **alanthomas1053@outlook.com**

Tree Planting - At a recent meeting of the Parish Council it was resolved to explore the possibility of planting more trees around the villages both to improve the environment aesthetically and for wild life and also to act as carbon sinks as part of the Councils environmental policy. If you have any land that may be suitable or any suggestions where this could take place then please contact Andy using the details below. **Cllr Andy Crawley, Caythorpe and Frieston Parish Council, 01400 318453 / 07986 548474**

Dear News & Views, MOST people are so responsible with their dogs and collect their poop. Some owners aren't, if it's you, if you're the one who isn't acting with integrity and picking up after your dog, do the right thing even if no-one is looking! The whole village will thank you for it, I won't promise a round of applause at 8pm on a Thursday but the gratitude will be immense. **Caythorpe Resident**

Coronavirus - Do You Need Help? Residents of Caythorpe and areas served by News and Views, can we help you? Are you over 70 or suffering from an underlying medical condition, resulting in self-isolation? Do you need help to get essential supplies from the shops or collect prescriptions from the pharmacy? Members of St Vincent's Church Parochial Church Council can assist by going shopping for you, posting letters or picking up your tablets. If you need any help please contact **Liz Moses 01400 272160, Jo Russell 01400 273551** or **John & Judith Scott 01400 272974**. We will do our best to assist you.

Dear News & Views, Please could you say a big **THANK YOU** to the Spar shop. They are doing a grand job of keeping the shelves filled with fruit, veg and even garden compost as well as their usual stock. I'm very grateful and I expect the rest of the village is too. Also for Nick Streeter as well. He's been delivering his fish to order and teamed up with a butcher in Lincoln (Perrerdine's) to get meat as well. **THANK YOU! Jean Allen, Caythorpe**

Meeting for Two Metres - A possible solution for those already fed up with 'Lockdown'. Go out onto the pavement outside your home, preferably on a sunny day and chalk two crosses on the pavement two metres apart. Invite a friend or neighbour (by phone of course) to join you there, bringing either a bottle of wine and a glass or a flask of tea and a mug. Oh, and also a deck chair. Pour a glass of wine or coffee and natter away with your guest for the rest of the day. Hopefully solving the world's problems. Good luck with that. This may also solve the problem of not, at present, being able to do what us humans are built to do; talk to one another face to face. I hope this helps or at least makes you smile. Or you maybe just think I'm completely bonkers. **Robin Dickinson, Caythorpe Resident**

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A DAY IN THE LIFE

of a Police Officer

by Andy Crawley

I joined Hertfordshire Constabulary in 1993 as a late entrant to the service having spent 20 years working elsewhere, chiefly as a surveyor in the building industry.

Like most I started on a response team as a PC after initial training. Whilst a PC, I went on to become trained as a PSU officer dealing with riots and public order situations and also as a explosive search officer dealing with searches to detect explosive devices and also of scenes where serious crimes had been committed, in addition to searching for missing people. These roles were in addition to my normal role as a response PC and this role was later expanded to include advanced driving qualifications and also tutor constable, training new entrants to the service when they came to the response team.

After a while I decided that I wanted to advance my career and studied for and passed the promotion exam for Sergeant and after completing many further practical scenarios was accepted as a substantive sergeant and allocated to a response team with 2 other sergeants. I was also trained as a custody sergeant and took my turn looking after the prisoners in the cell block and processing them through custody. I undertook further training as a Police Search Advisor (POLSA) planning and organizing explosive searches as well as searches of crime scenes and for missing people.

Later in my career, I secured a role as a Detective Sergeant Case Director and headed up a team of officers and civilians dealing with people who had been arrested and brought to custody. We dealt with interviews, disposals from custody and liaison with the Crown Prosecution Service and preparation of case files for court as well as attending court on occasions. I was also responsible for overseeing the interview training of those wishing to become detectives.

During this time, I continued my work as a POLSA and one of my most notable achievements was being part of the team who conducted the planning and implementation of the search facility for the 2012 Olympics at the White Water slalom centre in Lee Valley Park where approximately 15000 people attended each of two sessions each day for the duration of the event.

So ... what is a typical day in the life of a police officer? The answer is, that there is no such thing!

There are many different roles within the police and what you may do in a day depends to some extent upon your role. The only safe bet is that every day will be different and will test you in some way or another. One thing that you will quickly learn is that you are part of a team and that team is very close knit and is there to support and protect you.

So, let's look at the different roles that are available.

Most officers joining the police start, (after initial training) on an intervention team responding to the needs of the public. This can be very varied and may range from dealing with victims of crime, investigating crime, arresting or reporting offenders and possibly doing interviews of suspects and written case papers to present to the Crown Prosecution Service. They may later have to attend court and give evidence to a magistrate or judge and jury or even a coroner in cases where someone has died.

Crime plays a large role in an officer's duties and they may be involved in attending the scene of a serious offence such as a robbery, serious assault or even a death. Under these circumstances, their role may be recording and preserving the scene to allow other specialist officers such as scenes of crime or detectives to attend and take on the investigation in more depth.

These days domestic incidents play a large part in an officer's duties and domestic situations are sadly more common and take a lot of time to deal with properly. There is always some trauma involved in these, particularly when children are present and it is difficult for a police officer (who is normally a stranger to the family) to enter their home and intervene in a family matter.

There is often a role for police in public order situations, be it in the local town keeping order and preventing unsocial behavior during the night time economy or at football or other sporting events or social gatherings such as music festivals or demonstrations.

Missing persons is another area that can be very time consuming and it is surprising just how many people are reported missing to police. These range from young children to the elderly such as Alzheimer's patients or those suffering with dementia, to the lost and those who are suffering with depression.

Some officers choose to specialize and if selected can become dog handlers or firearms officers where they spend a lot of time training in these specialist roles. This enables them to use their dogs for general patrol and public order duties as well as firearms and explosive roles and detection of drugs, cash and people. Firearms officers use their skills and weaponry to protect members of the public and their colleagues where there is a risk of weapons or other harmful items being encountered.

Others choose to specialize as traffic officers and may spend their time attending road traffic collisions, checking cars or commercial vehicles for defects and that the drivers have the correct documentation and qualifications to suit the vehicle they are driving. In order to do this traffic officers generally have one or more differing driving qualifications and this may include advanced driver, motorcycle or off-road vehicle.

There are also specialist roles available with the increased use of new technology and officers may find themselves undertaking training to fly a drone, crew a helicopter or conduct speeding checks using radar or laser. Other officers may choose to go to a fraud unit where they will be taught to detect and investigate fraud offences including on line and computer crime. Some may choose to train to carry out explosive search and put these skills to use protecting high profile persons and searching following serious offences.

Some officers choose to train as detectives where their skills are used to conduct more in-depth investigations into the more serious offences.

Other officers choose a neighborhood or community policing role where they seek to assist the community on their appointed patch by developing an in-depth knowledge of the key people, businesses and places with in that area with a view to ensuring that local life can be conducted harmoniously and smoothly.

Yet others go to a training role where they use their skills and experience to impart knowledge to others, both in new procedures and legislation and in specialist roles.

Virtually every police officer goes through this stage of their service as a PC but some choose to advance through the ranks where they will encounter different roles supervising and setting policy and conducting projects that will benefit their policing area.

So what is a typical day for a police officer? The answer is that there is no such thing as a typical day. Every day is different in every role, but the one thing you can count on is that the next corner you turn, radio transmission or telephone call that you take will often produce something unexpected and will often try you physically, mentally or intellectually.

If you fancy a challenge then search www.joiningthepolice.co.uk/join

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LOCKDOWN - Week 3

I've made a plan. It's important to have a structured day. I knew that anyway but this enforced isolation has driven it home. I wrote out my plan neatly in my day to day, 'what's going on,' diary. As there is nothing 'going on' it seemed important to pretend there was. I have a static cycle. Now that has been there for some time, winking at me and telling me off for not clambering on it when I SHOULD! So that was top of the list. Cycle for thirty minutes a day. Break it down into fifteen minute slots or even ten minutes times three.

The other morning, on Breakfast TV, I watched the Green Goddess doing her stuff. She must be getting on a bit as she was around in the eighties. There she was, still bedecked in green, doing a ten minute exercise plan for we oldies. I read that she is 80, so hope for me yet! I had a go. Phew, it was tiring. All this shrugging of the shoulders and the heel to toe stuff was exhausting! I had to rest a while and have a biscuit. My family, most of whom are exercise fanatics, would have been proud!

Jackie, my lovely cleaner, I have instructed to remain at home. I do miss her. She makes me chuckle as she whizzes around cleaning and hoovering. A Yorkshire lass who says what she thinks! I love that. She and Peter, when he was brain sharp and very funny, would tease one another constantly. She's great company! However now she's not popping around every week, means that the turning of mattresses and the stripping down of the bed linen and making up of same has now fallen into my lap. Jackie appears to literally throw the mattress over with an adept flick of the wrist. I used to do that once in the far distance of time. Now I fear my mattress will remain where it is put until my magic cleaner returns. I have today, however, changed the bed linen. My word it took me a long while.

Bed linen off. A sit down and a coffee. Bottom sheet on, battling with fitted corners, plus two new pillow cases over two incredibly awkward pillows. A sit down and had a cup of tea. Two more pillows, bulging and difficult, reluctantly accepted two clean pillow cases. The top sheet went on fairly smoothly in comparison. A sit down, gulping down fruit juice and a glass of water. This time read the paper and did the crossword. Finally the duvet. I'd change that cover last week so thought, blow it, it'll do another week. Shoved dirty linen into the washer and switched on. Job done!

Began task at 8:30am and finished just after 4:00pm. Jackie insists she is paid enough. After today I doubt that very much. Will review.

Of course the laundry, after drying in the spare room on a useful clothes horse, needs ironing! I did cycle, at 8.30am actually, a total of three miles. I must have woken up incredibly highly motivated. I'm worn out now at 8pm!

Cycling again the following day at 8:30am. actually it was 7:30am as the clocks went forward one hour!! Dressed and ready for breakfast an hour later. Today my plan is to blitz the bathroom, not just a cursory wipe over but a genuine, 'let's go for it' blitz! Gosh wouldn't that have upset Peter's Grandmother? House work on the Sabbath! It was the day for Church, morning and evening, with roast beef and Yorkshire at lunch time, then afternoon tea from the trolley in the 'best' room! She even changed in the afternoon and put a hat and gloves on for church! Wonderful!! Those were the days! Why didn't I appreciate them more?

Back to the bathroom....I really must get one of those corner fittings on which to put all the bath /shower clutter. At the moment stuff is arrayed around the edge and looks untidy. Perhaps there is a fitting which requires very little to attach it? Before then I must sort out the flowers. I was lucky enough to have three bouquets for Mother's Day, one from Fiona

and family, another from Andy and Sue and a third from Warren and family. All three very beautiful but they are now looking a little sad and need dealing with. Managed to festoon the kitchen with foliage and slippery leaves covered in gunge from being in water for so long. Flowers done, I made a foray into the garden to put the dead flowers into the green bin. I felt incredibly guilty outside, as if I were breaking the law, so I scuttled inside and locked the door. Scuttled implies speed. I actually hobbled using my walking stick!

Next job, deal with the kitchen. Floor is a mess....where is Jackie!!!! She bought me a clever mop which has a spray attachment. A couple of squirts and 'hey presto' the floor gleams again! Clever Jackie!

Mustn't forget the bathroom.

A lovely long, Face Time with Andy, Sue and Laura. Their dogs look so gorgeous after a long walk in the fields, flopped about asleep in the sunshine casting its warmth on the carpet. Andy, Sue and Laura's statutory health giving walk. No one about, so social distancing rules upheld. So good to talk and see them. As I said to my daughter last evening, it is wonderful to see you on Face Time but a hug would be nice. I felt the same when I spoke to the rest of my family this morning. The human touch is so important. Up until a few years ago the kissing and hugging we've seen up until recently was foreign to the British reserve.

My Peter's Grandfather would never have given him a hug. A stiff handshake was the norm. My Dad would give me a cuddle but never in public. It wasn't considered the thing to do, so perhaps that regimented upbringing had its values. I don't know how he would have treated a son as I had no brothers, possibly kept him at a distance and to stand to attention when spoken to! The Victorian ladies had the right idea, gloves for every occasion! We have a lot to learn from the Victorians ...possibly more so today!

The clock on the wall tells me that it is an hour earlier than it actually is! Better change that! Oops! Mustn't forget the bathroom!! Evening came quicker than expected. The benefits of being busy and doing the housework again plus my daily scribbling, filled my day. Guess what, I forgot the bathroom! Ah well, there is always tomorrow!

Tomorrow came and went but I did do the bathroom. I do find glass shower partitions difficult to do. My height being the problem. I have a very useful long handled mop thingy, not really a mop but a flat pad. It is easy to use but I can't get the polish and shine on the glass that Jackie can do. Never-the-less it is clean.

When I fell in the bath a few weeks ago I must have clouted my shoulders and back side very hard as both are giving me a problem. They were bruised but now they ache. Wake me up too sometimes if I am in the wrong position. Consequently I view the bath with suspicion as if it is waiting there to pounce on me. Having a shower is now viewed as a very 'brave' thing to do on my part. Family plans are afoot to have the bath replaced with a walk in shower. However, since the advent of enforced isolation, I can't see that happening for a while.

Nick, always known as the 'fish' man, has now had to reorganise his business. Now, instead of selling fresh fish from the van he is taking orders and packing them up in his sanitised unit and delivering to the door...well a few feet from the door. He is also taking meat and egg orders so he is getting there. Payment is made using the wizardry of technology. I am delighted that he has done that. He works so hard and provides an important service to several communities. Well done Nick.

This morning found a very welcome and delightful email from a dear friend Viv in the USA. She tells me she has a one-eyed cat which gives her amusement. We were always a dog

family, mostly German Shepherds. Our last one, called 'Shep' was a dear chap and I often think of him. He and Peter were inseparable. I like to think they have now met up and cavorting in heaven somewhere. We did have cats when the kids were little, and later. One used to follow Peter across the fields and got so tired Peter would return with her shoved inside his barber jacket with her tiny head peering out the top and purring fit to bust. She was in a happy place. On reflection, I used to like being there too. Take care and try to be busy...from an ancient one who knows.

Love Jassy xx

LOCKDOWN - Week 4

Hi y'all! I think I am watching far too many westerns!

I'm not sure that my structured day is progressing well. I find I wander off mid clean up or remember that I haven't been on my cycle. Friends ring me and we gossip and laugh at the absurdities of it all, although knowing well how serious it is. So structured day doesn't happen. I do thank God that a sense of humour between friends and family still carries on regardless as otherwise we'd go quite mad.

Have just seen the man on the penny-farthing again today. A warmer day, so he is in shirt sleeves, a fawn waistcoat and fawn trousers. A pink helmet this time. Obviously aware of the dangers. He looks straight ahead and totally casual. In this coronavirus world he is a joy to behold.

I try not to dwell too much on the news. I try and keep up with the daily briefings in case there is something I should know but the headlines and stuff I try to avoid. It is a scary world anyway and seeing the idiots out there not taking it seriously is worrying enough. And now there's Boris! Oh dear me Boris, hang on in there! We need you.

So far the delivery personnel have been so good. They are keeping their distance but still **managing** to shout a word or two. At least one still feels part of society. It is quite bizarre the little **dances** we have to do to pay by contactless cards. You stay there and I'll put my machine here; then you wave your card over machine and step back, then I'll move forward and collect machine! Put it to music and it would go global on You Tube!! Perhaps to the tune of Hokey Kokey!! "You put your right hand in and then your right hand out, lift up your card and wave it all about. Do the hokey kokey and move away! That's what it's all about. Hey!!"

No I'm not going nuts. But it keeps me amused!

Friends send me funny anecdotes and amusing videos which have me laughing out loud. Don't know where they get them all but I hope they keep them coming. Thank you!! I think a sense of humour is paramount in these awful times and the British sense of humour is great.

I managed to send my Grandchildren and Great Grandchildren their Easter eggs. Quite a feat of brilliance on my part though I say it myself! I went on line to check if Hermes were still collecting and delivering. They were, so I double checked to see if it would be an easy task. It was. Following their instructions and having the use of a printer I was away. I packed up four parcels in brown paper and seemed to use an entire reel of parcel tape. Paid and printed off my cost for each parcel. Stuck on the bar code and addresses on each one and awaited collection.

Helen, the excellent, always cheerful, Hermes delivery Rep, arrived promptly and off they went. We shouted a few words, "You take care now!" "And you!!" but it was all done at the required social distance.

Yesterday parcels arrived at their destinations. Job done! All that with a friendly wave and a smile. So Grandma/Nanny is still thought of as amazing! As is only right and proper!! Daughter, ever watchful, wearing protective gloves, received parcel, sprayed all sides and left parcel in the laundry room for a few days. Grandson, knowing that Easter was on the way and recognising my handwriting shouts, "Is that a parcel from Grandma, I see?" A sharp retort from Mum prevents virus and inevitably, chocolate escaping!

Very confusing having the children of two sides of the family who refer to me by different titles. To my son's offspring I am Nanny and Great Nanny. To my daughter's I am Grandma. To my son in law I am the Matriarch! I answer to them all but sometimes confuse the two. I'm never confused when son-in-law calls me. He's very much a chap not to ignore! The kids however, don't appear to mind, and smile at me indulgently. Poor old soul's got us muddled again, I sense them thinking. Dead right there!!

I am so delighted that we managed to get all our family and friends together last October for my 80th birthday as I don't know when that will happen again. As a family we thought we'd better arrange more get together's as we'd so enjoyed that one. Coronavirus has made us have a rethink, as it has no doubt forced the rest of the world to rethink. In a way I guess many have suddenly realised how important our families are and that, I hope, is something positive to come out of this horrendous virus.

My daughter today sent me a lovely card which says inside 'I can't cuddle you right now so here's a virtual hug.' The picture on the front is a drawing of two people doing just that. I had a bit of a weep needless to say. My son on face time got quite cross with me when I suggested that he shouldn't worry about me. "Why shouldn't I worry," he said, "You're my mum!" What I meant to imply was that I was fine and there was no need to worry! Bless him! He and Sue sent me a delightful card on which is stuck a round, thin wooden carving which says, "Little Pocket Hug" Just a little something for while we can't be there. Crumbs where is the handkerchief?

I made some celery soup yesterday which was yummy. Today for lunch I had some more into which I sprinkled powdered ginger, equally yummy. So easy to make and delicious.

I keep thinking of making a cake. Chocolate or Victoria sponge come to mind. The trouble is if I do there is only me to eat it. Usually I could offer a slice to friends when they pop in for coffee. Now that 'popping in' appears to be a thing of the past, eating cake is perhaps not the way to go. To hell with it, I reckon I will!!

Do you find, like me, that eating is such a pleasant pastime? Mostly stuff, which as a rule, I'd try to avoid as diet and fitness were becoming uppermost in my thoughts....mmm... fitness not so much!! I pity those who haven't learned to cook or may even dislike it. Now that quick and easy stuff is more difficult to find and quite expensive, with a house full of kids to feed, it becomes a worry. There are so many great cooking programmes on You Tube or Google that one can rustle up enough stuff to feed an army. I read lots of recipes, think how great it would be to cook them, then decide against it. Appears to be the norm for me at present. Haven't made that cake so my will power must still be around, mind you I have eaten a packet of Jaffa cakes! There's nothing to them is there? A tasty breath of chocolate air...reach for the next.... Oops the packet is empty!!

The chestnut tree I can see from my window was, until a few days ago I'm certain, just coming into bud. Today it is a veritable feast of green and I've no doubt, within a blink of an eye, it will be adorned with pure white candles. My azalea, in its pot on the patio is stunning. Masses of pink flowers to brighten my day.

In the garden the slow growing magnolia tree is equally beautiful. My elderly mother, some years ago, used to reduce Peter to hysterics when she'd announce confidently, as she grasped her walking stick before going on a walk around the garden, "I'm just off to Mongolia to see the tree!"

According to my family I am inclined to do the same....not go to Mongolia but descend into malapropisms! I say it is because my brain is so full of junk that it is merely going through a process of recycling! Any word will do!

Yesterday my son in law became quite excited as he saw a ship on the Solent. It is of course uncannily quiet at the moment. Fiona turned her phone around for me to witness this phenomenon. Only a small tanker but a relief to see movement. At this time of year the view of the Solent from their window is a mass of yachts and other small craft, with Nick whizzing to work on his RIB adroitly avoiding them all, and the rest doing battle with enormous liners making their way to places far afield. Beautiful though the sea is, whether calm or stormy, it is quite painful to see it so empty.

Boris appears to be rallying thank heavens. I never thought I'd get so upset about a politician! Take care dear friends and family, and KEEP SAFE....guess what! I made a cake. **JASSY xxx**

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**I believe that the basic attribute of mankind
is to look after each other**

- Fred Hollows -

C & F Parish Council News

PORTFOLIO UPDATE FROM CFPC COUNCILLOR ALLAN GRAHAM

Footpaths

On behalf of the whole Parish Council I hope you are holding up at this difficult time. Lockdown and social distancing are having a fundamental effect on people, businesses and the effective functioning of society, and we all need to make the best of things under the stringent directives of the government. It affects us all in different ways, presenting many difficulties, so we hope these measures do not last long.

It is great to see so many people getting out to do some sort of exercise, cycling being one of the most popular (I get out myself with my kids as many days as they can take). We would certainly encourage this but there is one issue that has come to our attention that I'd like to raise. A number of people have been seen cycling on the footpaths around the village, especially along the footpaths going off Back Lane and South Parade, going down towards Frieston. It should be remembered that it is not permitted to cycle on footpaths. This is both against the law (where the path has not been designated a cycle path) and also presents a risk of serious injury; these paths are used by many residents, many of them elderly or more infirm in some way, and the possibility of a cyclist crashing into a pedestrian is real and could have serious consequences. If any of the Parish Council see cyclists riding their bikes on a



Left: Access to
Frieston from
South Parade



Right: Access to
Frieston from
Back Lane

footpath they will politely but firmly request that the cyclists dismount, and we would ask other residents to do the same; you will have the support of the Parish Council. The intention is not to spoil anyone's fun but rather to ensure that everyone can get out of their houses when they can and are allowed, without the risk of being knocked over by inexperienced cyclists who do not know the rules of the road.

If anyone has any thoughts or concerns about this then we would be interested to hear them. Other than that, we wish you happy and safe cycling/running/walking etc.

Cllr Allan Graham, Caythorpe and Frieston Parish Council, 07762 414863

Parish Councillors

Jean Allen	01400 275052	Jonathan Betts	07818 588546	Roger Brook	01400 272022
Mike Budden	07711 618269	John Carpenter	01400 272510	Andy Crawley	01400 318453
Neil Fritzsche	01400 273293	Allan Graham	01400 279236	Colette Linforth	01400 272241
Andy Roberts	01400 273320	Pete Sandy	01400 273567		

C & F Parish Council News

Litter Picking and the Big Clean

Litter Picking

Prior to the Coronavirus taking hold, litter picks were carried out on Gorse Hill and the A607 using a number of volunteers who are thanked for their efforts.

The clearance of the A607 resulted in 17 bags of litter being collected as well as some larger items such as a tyre, car parts, boots and construction materials.

An article in News and Views regarding the depositing of litter brought no direct response which is disappointing.

A piece appeared on the village Facebook page regarding a vehicle from Mountains depositing litter, believed to be recycled fuel (small pieces of plastic) came to my attention and as a result I emailed Mid UK for an explanation. A response was received that promised a full investigation into the incident as well as continued litter picks from their entrance to the A607 crossroads and 100m either side. It has subsequently been noted that Mid UK continue to gather litter, and on one occasion a local resident reported seeing seven of their operatives collecting litter along the A607 and South Heath Lane.

They were unable to find a direct reason for the litter blowing from their lorry and believe this to be an isolated incident. Following a meeting with members of the Parish Council they have introduced additional measures to clear waste from their vehicles before they leave their depot.

As the Coronavirus pandemic has become more severe it was decided at an extraordinary meeting of the Parish Council (held by email on 24th March) to suspend the routine litter clearance carried out in the villages by our employed litter picker. This is to aid the safety of our employee and also to prevent contact with members of the public as well as demonstrating how seriously we take the matter of Coronavirus. It is hoped that during these difficult times that members of the public will do all that they possibly can to prevent leaving litter to stop our villages becoming defaced and spoiled.

The Big Clean

SKDC Big Clean team carried out clearance of Old Lincoln Road and the footpath between South Parade and Hough Road on 2nd March as requested by us.

They appear to have done a splendid job although it has highlighted some areas of the tarmac path that have deteriorated and need repair. This has been raised with SKDC and will be actioned in due course, doubtlessly once we are Corona free.

I also welcome suggestions for further areas that could be targeted, when the team are next due to be visiting Caythorpe and Frieston. (please note that they will only work in areas that are subject to a 30mph speed limit or less).

Cllr Andy Crawley, Caythorpe and Frieston Parish Council, 01400 318453 / 07986 548474

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Covid-19 Ramblings of the Rector

The Rambling Rector has found a green shoot and burst into print again for May!

Roy Plomley used to ask his Desert Island castaways what they would most like to have with them on the desert island to keep them sane. After four weeks of 'Lock-down' we know now how utterly useless their choices were. I would find the Bible useful, but much as I like the Bard, to have only the complete works of Shakespeare as reading material would, in the end, lead me to regard Lady Macbeth as a rational human being.

Human beings are social animals; it is hard-wired into our genetical code. Social isolation is anathema to us. That is why I am astounded, and delighted, to observe the manner in which people have reacted to the enforced isolation required by the attempt to break the development of Covid-19. Except for a small number of young men in large urban areas who think they are immortal, the British public has followed the Government advice and stayed at home.

I am immensely proud to live in Caythorpe, for the standard of social conduct during the past month has been impeccable. And the same is true of Fulbeck, Carlton Scroop and the surrounding villages. Villagers taking exercise or walking the dog – and that is not necessarily the same thing – stop to chat while keeping the two-yard distance rule; neighbours telephone the elderly to make sure that they are well and not in need. The Spar shop with its Post Office counter has served the community excellently, and the pubs have ensured that a hot meal can be delivered to your front door. We shall not suffer hunger!

I suppose the warm weather has helped to put a smile on our lips and encouraged us to manage the garden after wintry storms, but that does not wholly account for the sheer good humour which has brought us all together while in isolation. I found the act of standing in my front door to applaud the effort of NHS, Social Care and all front-line workers quite moving. As I heard the applause spread into other streets, I thought to myself, "There's not much wrong with our village."

In the middle of all this came Easter; the time when Christians all over the world remember that while, on Good Friday sin crucified Jesus Christ, and a good man laid him in his tomb, on Easter morning the devout women and the disciples found the tomb was empty. Later that day Christ appeared among them – risen from the dead. Evil had done its worst and killed the Son of God yet did not prevail; death has no more dominion over him.

The resurrection of Jesus Christ provides hope for us all. We all sin, but if we are penitent and are truly sorry for the bad things we have done, Christ picks us up and wipes the slate clean so that we can live a better life. Our hope is that if we do try to live a good life then, at our end, he carries us home to live in the presence of God for ever. Yes, it was strange celebrating in isolation this great act of God, without the glorious Easter music and the sacraments of the Church. Even so, Christ finds a way of speaking to us in our heart, and we are made whole. Alleluia!

Brian Lucas (The Last Rector of Caythorpe)



CHURCH MOUSE NEWS

St Vincent's Church Floodlighting

May 5th

Treasured memories of JOHN WATSON

Should you wish to have Caythorpe Church Floodlit for your Celebration or Remembrance, please contact **Janet Hoddell 01400 272448**

May they Rest in Peace



24/03/2020 Lilian Robb [Caythorpe]

The South Cliff Benefice

Our churches are currently locked and no services are taking place in them. For up to date information please see the benefice website at www.southcliffchurches.uk and join the Rector for a live streamed service of Holy Communion at 10am each Sunday on the Benefice Facebook page at

<https://www.facebook.com/Southcliff-Benefice>

Friends of St Vincent 200 Club

Easter Draw

£20 Pauline Brown / £15 Mike Bavin

£10 Richard Johnson / £5 Barbara Phelps

St. Vincent's Church 200 Club draw will be suspended from May until further notice due to the Coronus virus, collectors will be unable to collect the yearly subscriptions.

Thank you for your support – Janet Hoddell.



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TONY'S QUIZ

All Answers on Next Page

1. According to legend, which twin brothers were the founders of Rome?
2. Opera singer Kiri Te Kanawa, mountaineer Sir Edmund Hillary and scientist Ernest Rutherford all are or were which nationality?
3. Which planet in the Solar System has a year equivalent to 687 Earth days?
4. Who provides the voice of Elsa in the Frozen films?
5. What mythical creature appears on the flags of Bhutan and Wales?
6. According to the rhyme, if Monday's child is fair of face, what does Saturday's child do?
7. Which former actor was Governor of California between 1966 and 1974?
8. What is the capital of Morocco?
9. With the symbol of the Greek letter Omega, what is the SI derived unit of electrical resistance?
10. Which legendary Argentine footballer recently quit as manager of Gimnasia y Esgrima La Plata, only to reverse his decision two days later?
11. On which sea does Azerbaijan have a coastline?
12. Which citrus fruit originated in Barbados as a hybrid between a Shaddock and a Sweet Orange?
13. *Last Bus to Woodstock* was the first novel to feature which Detective Inspector?
14. Which metal did Prince Charles give as a nickname to Meghan Markle in honour of her strong will?
15. The Toccata and Fugue in D minor is a noted 18th-century organ work by which composer?

WORD CUBE

How many words are there containing four or more letters?

(No Plurals or words ending in 'S')

What is the nine letter word?

F N C
E U F
L Y A

- Poor - 18
- Average - 22
- Good - 26
- Excellent - 30

SUDOKU

				9			8	
		6	3				2	
	1	4				6		
				7	4			8
6								5
8			2	6				
		8				3	5	
	9				7	1		
	2			4				



Quiz Time Answers

- Answers to Tony's Quiz**
1. Romulus and Remus.
 2. New Zealander.
 3. Mars.
 4. Idina Menzel.
 5. Dragon.
 6. Works hard for his living.
 7. Ronald Reagan.
 8. Rabat.
 9. Ohm.
 10. Diego Maradona.
 11. Caspian Sea.
 12. Grapefruit.
 13. (Endeavour) Morse.
 14. Tungsten.
 15. Johann Sebastian Bach.

S U B D O K U

7	3	2	4	9	6	5	8	1
9	8	6	3	5	1	7	2	4
5	1	4	7	2	8	6	3	9
2	5	3	1	7	4	9	6	8
6	4	1	8	3	9	2	7	5
8	7	9	2	6	5	4	1	3
4	6	8	9	1	2	3	5	7
3	9	5	6	8	7	1	4	2
1	2	7	5	4	3	8	9	6

Word Cube Solution

AFFLUENCY

Acle, Acne, Caff, Cane, Clan, Clue, Cyan,
 Elan, Face, Fame, Feal, Flay, Flea, Flue, Fuel, Lace,
 Ulna, Cunea, Enlay, Leafy, Fecal, Fluey, Lycea,
 Ulnay, Unlay, Cantul, Cautle, Clean, Cluff, Cuffle,
 Lunacy, Unface, Unlace, Unleaf, Yaffle, Fluency.

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NSPCC Child Protection	0808 800 5000
Citizens Advice	03444 111 444
Crimestoppers	0800 555 111
Electrical Emergencies, Power Cuts	0800 056 8090
Environmental Agency Incident Line	0800 807060
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South Kesteven District Council	01476 406080
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Sir William Robertson School	01400 272422

WHAT'S ON IN MAY 20?

<u>Date</u>	<u>Event</u>	<u>Page</u>
1 st	Nothing	14
15 th	Seriously, Absolutely Nothing!	16
30 th	Stay Safe, Stay Home!	17

Remember to call my
loved ones if they
are self isolating, it's
lonely being on your
own!

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