

NEWS & VIEWS

July 2020

The 'New Normal' Edition

The One where it's the same but not

It's not forever



It's just for now

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Normanton on Cliffe, Carlton Scroop, Sudbrook,
Hough on the Hill, Brandon & Gelston

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The Red Lion

Home Delivery & Take Away Menu Thursday - Saturday 5pm-8pm and Sunday 12pm-4pm

Call us please call us anytime to ensure delivery, on 01400 272632

Starters

Paté £3.50
Prawn cocktail £4.50

Mains

Ribs (Full Rack) with chips and coleslaw
£12.00

Sausage and bacon casserole with mash
potatoes
£8.00

Beef Bourguignon cottage pie
£8.00

Sweet potato, chickpea & spinach korma
with rice (v)
£7.00

Beef lasagne alforno
£7.00

Fish & Chips
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Scampi & Chips
£8.50

Sides

Portion of Veg.....£2.50
Hand-cut chips.....£2.50
Garden or
mushy peas.....£1.00
Mixed salad.....£2.00
Cravy.....£1.00

Kids Menu

Half rack of ribs
& chips.....£4.50
Fish & Chips.....£4.50
Chicken goujons.....£4.50
Spaghetti bolognaise... £4.50

Drinks

Flaggon of Beer - 4 pints for
the price of 3
White wine - £10.00
Red wine - £10.00

**Selection of desserts available
Roast of the Day - Available Sundays**

Pizza Offering

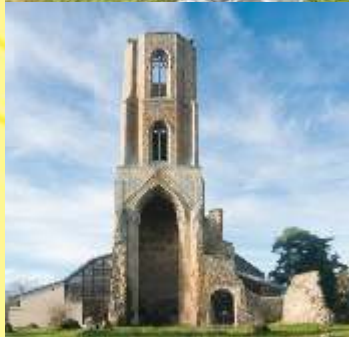
Meat Feast / BBQ Chicken / "Meaty" Vegan / Goats Cheese & Rocket
9" £8.00 12" £10.00 14" £12.00

Add chips, coleslaw and garlic mayo for a meal deal for just £4.00

Delivery Area £2

-Caythorpe/Frieston - FREE -Gelston -Brandon -PFI
-Hough on the Hill -Carlton Scroop -Normanton -PCL

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**Distributed to all homes in Caythorpe, Frieston, Normanton on Cliffe, Carlton Scroop, Sudbrook,
Hough on the Hill, Gelston & Brandon**

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All Correspondence To: editorsnewsandviews@gmail.com

General Information



THE POST OFFICE



Spar Shop Team - Photo Courtesy of Richard Hall

Caythorpe Surgery: 01400 272215 / Disp 272770

Ancaster Surgery: 01400 230226 / Disp 231204

	Reception	Dispensary
Caythorpe		
Monday	08:30 - 18:30	08:30 - 18:00
Tuesday	08:30 - 18:00	08:30 - 18:00
Wednesday	08:30 - 18:30	08:30 - 18:00
Thursday	08:30 - 18:00	08:30 - 18:00
Friday	08:30 - 18:00	08:30 - 18:00
Ancaster		
Monday	08:00 - 18:00	08:30 - 18:00
Tuesday	08:00 - 20:30	08:30 - 20:30
Wednesday	08:00 - 17:30	08:30 - 17:30
Thursday	08:00 - 18:30	08:30 - 18:00
Friday	08:00 - 18:30	08:30 - 18:00



Spar Shop/Post Office Opening Hours

Spar Shop Opening Hours

Mon - Sun 07:00 - 21:00

Post Office Opening Hours

Mon - Fri 09:00 - 14:00

Defibrillator Locations

Brandon	Telephone Kiosk on corner of Church Lane & Hough Lane
Carlton Scroop	Charity Street on Wall before Golf Club Entrance
Caythorpe	Village Hall / Hammond Pavilion / Old Chapel, Chapel Lane
Frieston	CURRENTLY OUT OF USE
Gelston	Village Green in telephone Kiosk
Hough	Telephone Kiosk on High Street, opposite Church
Normanton	Telephone Kiosk, Main Road
Sudbrook	Telephone Kiosk

Prescription Collection

CHANGE TO CAR PARK COLLECTION SERVICE

We have introduced measures such as asking patients to attend the surgery wearing a face covering, fitting new screens to our dispensary counters and ensuring that staff assisting patients at the counter are wearing face masks.

We believe that these measures mean it is safe for patients to return to collecting their prescriptions within the surgery.

The car-park collection service ceases at Ancaster from Monday 22nd June and at Caythorpe from Monday 29th June.

Patients will still receive a text message to inform them when their prescription is ready to collect and we ask that you wear a face covering when collecting and maintain the usual 2m social distancing.

As ever we would like to take this opportunity to thank you for the amazing support you have shown to the Practice and staff.

Mobile Library Bus Service

Please check with Lincolnshire County Council for details.

Telephone:
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N&V EDITORIAL

July 2020



Welcome back! There has certainly been some changes in this last month, we were allowed to meet up with up to 6 people in our gardens or outside space with social distancing measures in place at the start of the month. Caythorpe Primary School re-opened its doors to pupils in what we now refer to things as a 'new normal'. It's all very odd, it's all still the same but not...

I'm finding that the longer this goes on, the less and less I'm inclined to be doing! When lockdown started many weeks ago, I was keeping myself **very** busy: cleaning, washing, gardening...I'm still doing that, but now at a more leisurely pace, I don't have a daily 'to-do' list, that list now spans a week instead...is this what retirement is like?? Talking of retirement, our fantastic new series of articles 'A Day in the Life of...' is just that, a day in the life of a Retired Gentleman, I'm sure it will resonate with a fair few of you!

Anyway, I have a guilty admission, I'm holding my hands up now, it's all my fault. The turn in weather only happened when I finally decided, after a good few weeks of umming and ahing, that I'd buy a sun lounger. It was as if I clicked the 'Continue to checkout button' and there was a grinding sound... the rain clouds came over and have stayed ever since, I can only, sincerely, apologise. If it's of any consolation, it's still sitting in the box it arrived in, in the conservatory on the 5th of June, I've had no joy from it! Do I regret my decision, yes, yes I do! The best I'm doing right now, is basking in the glare from the computer screen as I pull the magazine together. I'm sure that at some point my misguided purchase will get unpackaged, this can't be it for the summer *crosses fingers and looks up at the miserable clouds*.

Yesterday, on a uncharacteristically sunny afternoon, but not hot enough for me to consider unpacking the sun lounger, we headed out to see Richard Hall to get our Caythorpe & Frieston in Lockdown Book, it's a fabulous book and all credit to the lovely Richard for capturing us during the pandemic. What a wonderful piece of history for the village, even the teddy bears got in on the act. I've been reading fantastic things on the village Facebook page from other people who have also collected their copies, we hope you are really proud of your work Richard.

This may seem a rather odd request and not only are we Editors but this month, we are also Detectives!! To butcher a Lionel Ritchie song, '**Is it you we are looking for?**' One of our Caythorpe Distribution Team delivers 6 extra copies of N&V to a house on Arnhem Drive, on a monthly basis, we don't know who it is but we need to let them know some information. If this is you, could you let either us or Janet know and we'll fill you in! Now I have you all intrigued!!

Until next month, keep safe. Laura & Pete

 Find us on Facebook under News & Views

Find all of our back copies on the Caythorpe & Frieston Parish Council Web Page

All Correspondence To: editorsnewsandviews@gmail.com

REOPENS 4th JULY - APPOINTMENTS ONLY - Call 07852 244988



Barbers Studio
29 Ermine Street
Ancaster
NG32 3PW
07852 244988



Cutting it in Ancaster

Opened in October 2019, No. 29 Barber's Studio, Ancaster is a new and exciting venture for Gary Wilson, which is proving to be a good decision!

Gary has been a barber for over 30 years and had a successful business as Gary's Barbers in Sleaford for 23 years before deciding to move to Ancaster into his own modern, well equipped studio.

Set in a village location, easily accessible, with free on road parking, Gary is open Tuesday to Friday from 8am, & Saturday from 7am.

No 29: Professional Barber and Men's Stylist

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NEWS & VIEWS



Would you or an elderly relative like some help in the home from an award winning company?

Here at Farrow Friends, we offer everything elderly people need to stay independent, prevent loneliness and maintain social interaction.

We offer various services including: shopping, meal preparation, sitting, cleaning, laundry, pet care and more...

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Please enquire for more details
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 www.farrowfriends.co.uk
 FarrowFriends@outlook.com




My name is Lauren and I own a small local business called Farrow Friends. We are a home help company for the elderly and we specialise in dementia. I started the business as I recognised there was a gap in the market for people who might be feeling a bit lonely or may need some help in their home but do not want to pay the high prices for a conventional care company. We have gradually grown and have twice won Customer Care of the Year at the Grantham Journal Business Awards, something we are very proud of. We always strive to put our clients and their families at the very heart of all we do, which is why you will always see the same member of staff.

We offer a range of services to enable elderly people to stay independent such as cooking a freshly prepared meal, cleaning, shopping, laundry, changing bedding, looking after pets, gardening and more. We do not offer personal care such as washing or bathing you, but we aim to bridge the gap between being fully independent to needing more complex care, by completing all the jobs necessary for you to remain in your own home safely and happily. All of our staff are fully DBS checked and insured and really do go the extra mile. We also have a therapy dog called Rosie who loves to visit clients. If you, or anyone you know may be feeling lonely or feel they might like to have an extra pair of hands helping with day to day tasks, then please feel free to give me a call for an informal chat. Take care and stay safe!



The Red Lion Continues To Roar



When we took over the Red Lion Pub in August, we had some big ideas. Unfortunately, a nationwide pandemic which shut all establishments wasn't quite in the original business plan.

However, instead of giving in and remaining closed for the foreseeable, we decided to reinvent our business model. Most notably by offering takeaway and delivery services to local residents and those within a few miles. This has meant our community could still enjoy lovingly-prepared meals from the comfort of their own home, safely, and we could guarantee the future of our treasured drinking and eating spot.

But we haven't just been delivering home cooked food. To give you a glimpse behind the scenes, we've been busy giving the Red Lion a fresh lick of paint, ready to receive our

regulars and new customers alike once everything is back to normal. Not only that, the worn out car park, which some of you may be familiar with at the back of the pub, has been revamped into a glorious secret garden. This will allow you all to eat and drink while practicing social distancing, if the weather holds out that is!

Sporting brand new benches, tables and chairs, herb gardens and delightful flowerbeds, it's the ultimate beer garden to sit in while watching the sun go down in the shadow of Caythorpe Church. It'll also be the perfect setting for enjoying the brand new, upcoming summer food menu, as well as some old favourites. We're hoping this will make it easy for you all to return to the pub safely, as well as giving you the



option to enjoy a cold, fresh beer or a crisp G&T alfresco.

Despite our hard DIY work, feeding the people in the community has always been our number one priority. We've had an amazing reaction to our delivery and takeaway menu, and we're happy to announce that we will continue to offer this service as we ease out



of lockdown. So you can continue to enjoy our ever-changing menu and famous Red Lion Sunday Roast on your sofa.

At the time of going to press, we are still waiting for full government guidance, but rest assured that we will carry out all necessary risk assessments to ensure the safety of our customers and team. With that, we would like to thank everyone who has supported us by ordering takeaways and deliveries, offered well wishes and those who have shown true community spirit by partnering with the pub. Particularly Amir, Mohammed and the team at The Spar, Hafiza for supporting curry nights, Caroline from School Run Cafe for her gorgeous scones and Sunday lunch puddings (in return for self raising flour!) and Tim Ward, for keeping us supplied with locally-grown potatoes. Finally, big thanks to our neighbours for enduring the dulcet tones of Michael Topley and Matthew Hartford as they brought the secret garden to life.

Cannot wait to see you all again - Simon, Becky, Kim and the Team



Lockdown - Week 7



Hello again,

The beginning of the seventh week. Goodness me. Let's hope we don't have to do this again for a while, although the doom-laden headlines forecast, possibly more of the same.

I am sure the scientists are working themselves hard night and day to find a vaccine. Incredibly clever people out there whom we expect to work wonders. I use the word 'expect'

sweepingly because as a people we are inclined to assume it all happens at the drop of a hat! It must be a slow, intricate, often frustrating process and they have to be quite sure it works. Then, possibly, after all that, working all hours; sleepless nights of worry, to get to the very end and find it doesn't work! I'd collapse on my bench amongst the test tubes and petri dishes and sob!

Of course, I have faith in them as I am sure we all do. More power to their elbow, as they say and perhaps, a small prayer wouldn't go amiss. AND Boris is BACK!! So great. I do hope it is not too soon.

Last Christmas two dear friends of mine sent me a "Promise" list of four treats for the coming year as my Christmas Gift. I was so chuffed to receive such a thoughtful, quadruple of gifts. Became quite tearful, if I recall correctly!

The gifts were spread throughout the seasons:- Spring, the first treat in March, Sunday lunch out at one of my favourite places. Summer, the second to happen in June. A 'posh' picnic. Venue to be determined. Autumn, the third, Sunday lunch at their house in September. Jan is an excellent cook. Such a treat! Winter, the fourth a pre-Christmas lunch. Venue also to be determined.

We managed the first. A delightful lunch at The Petwood Hotel, Woodhall Spa. Then of course Covid19 came to join the party!! "I don't think," said Jan sorrowfully, "that we'll be seeing you in June!" Indeed not, neither September nor December as far as I can tell. There's always next year Jan and John. Thank you so much for the thought! This sort of gift is so enjoyable as not only has there been considerable thought put into it but one also has the fun and pleasure of the company of the person or persons who have come up with the idea.

The previous Christmas my eldest Granddaughter Laura's gift was Afternoon Tea at Chatsworth House in Derbyshire, for whenever it would suit us. We chose April and it happened to be a cold but beautiful day there. Laura drove up from Bath for the weekend and we had a great Saturday enjoying the wonders of the Derbyshire country side, the stunning house and of course, I had the benefit of Laura's great company. We also made pigs of ourselves munching our way through a superb afternoon tea! Such a fantastic idea and something lovely to remember.

Laura drives a white mini-cooper a great little car to experience as a passenger. She drives well, with supreme confidence, whizzing this speedy little job in and out of the traffic with aplomb! She, like the rest of my family seem reliant on sat navs, so it was with great amusement I saw that she had happily got us into the wrong lane on driving out of Chesterfield and we would have eventually made our way into a Sainsbury carpark. "I think Laura," I said gently, "that we are in the wrong lane!", "Oh yes!" she said with a sweet smile. She looked to her left and saw the busy lane she should be in. "I could go over there" she said thoughtfully, searching for a space. "What would you do if I were not here?" I asked, knowing full well the answer. "I'd whizz over there," she announced. "Okay I'll close my eyes and you do what you do!" "Okay Nanny! Close your eyes!" and with that she swung the wheel and we were there in a jiffy! I chuckled. Such wonderful nerve! "There was a clear sign Laura," I mused thoughtfully, as we bowled along. "Mm, well I am not good with signs Nanny! I rely on my sat nav!" We laughed most of the way home! She is such a joy!

Apart from myself and the two tiny tots, all of my family drive. The only one for whom I haven't been a passenger, is George. He will be eighteen in June and passed his test first go. Jess is twenty one, also in June. (So two BIG birthdays very soon). Jess passed her test around her eighteenth birthday and she too is a very competent driver.

How they are going to celebrate their milestone birthdays I do not know. Covid19 has put the lid on party time. Possibly a mass video get together! Zoom! That seems to cater for large numbers! They will no doubt celebrate sometime but when you are young it seems so unfair. Both of them are sensible people and will no doubt take it on the chin.

Dan and family have taken to their bikes. I know this because I saw them on an Instagram video, out on a family cycle ride. Little Olivia, aged almost four, in a little seat behind her Daddy. Far more fun than a car seat! His wife Jodie and eldest daughter Lily, cycling along behind. A lovely little video.

I hasten to add that Dan is also a very good driver...can't leave one grandchild out. More than my life's worth!!

Talking of bikes, I saw the man on the penny-farthing again today. I have missed him for a while, perhaps I was busy elsewhere when he pedalled by. I was worried in case his magnificent metal steed had come apart!! Visions of the tiny back wheel rolling happily away, all on its own!

We had a great get together via video link on Sunday afternoon. Everyone in great form and Sue had created a brilliant quiz in which we all participated. Much laughter, especially when I cheated or demanded a half point for some obscure, entirely wrong answer. "Why did we let you get away with that Mum?" was the cry! Because I'm me of course!!

Fondest love to you all! I hope you are using the time to rake up some memories of your own. Off you go then and find a pen! In fact they say pens and paper are still in vogue! You know.... actually scribing!! Now there's a novelty!

Good luck with that!

Jassy xx

Lockdown - Week 8

Hello, I'm back again! Week eight fast approaching. It seems unbelievable that we have been cogging along in this strange, surreal way for days on end. Not so unbelievable when you take a look in the mirror. The problem? The state of one's hair.

Looking at my locks this morning I was driven to despair! I have never been particularly good at keeping my hair in trim, relying solely on the hairdresser. My hair is straight, very straight. Any bend or curl in it which has been noticed over the years has been put there by permanent wave! From birth, my hair was dark brown but it began to go grey in my mid-thirties. My hairdresser, who has been doing my hair for forty years and knows it well, tells me that his clients pay a great deal of money to have their hair dyed my colour. I wouldn't want to take away his custom but wouldn't it be cheaper to let nature take its course?

However, nature is certainly running riot now, due to enforced isolation. Generally I have it cut and styled quite short but now the style has gone and the grey has grown straggly around neck, fringe and ears. A shaggy grey donkey comes to mind!! In desperation I found a video on You Tube. I think it was called, "Cutting your Own Hair, Made Easy!". So armed with sharp scissors, a mirror and the i-pad switched on, I attempted to follow this enthusiastic, irritatingly bouncy hairdresser.

"First," he chirruped "take a handful of fringe and aim your scissors upwards at 90 degrees." Now this sounds straight forward but believe you me it is not!

You require a good eye, excellent balance and the ability to judge what is and what isn't 90 degrees. To the young, balance may seem an odd requirement but when you are eighty, have a dodgy arthritic ankle and need to grab something to maintain stability for longer than a millisecond, balance is a must! I turned my mirror to one side, jammed my left leg against the knobs of the tall chest of drawers, where my mirror rests and then approached my hair with gritty determination! Gazing at one's reflection and waving a sharp pair of scissors is not to be recommended. Of course by this time my enthusiastic hair designer had almost got to the end of the video so I had to restart!

I jabbed at the bunch of hair clutched in my left hand, pointing sharp scissors upwards, as my tutor directed. Snip. Missed my left hand fingers by a hair's breadth!! Pressed start and had another go. Ouch! I gave up and searched for a plaster, dripping hard earned blood the while! Meanwhile my cheerful instructor finished with, "Now that wasn't as hard as you thought was it?" Yes it darned well was and I now have a fringe with jagged edges!

When this lockdown first kicked off I was a bit slow off the mark ordering my groceries on line as I usually do. When I did wake up to the fact there were no slots available until the end of April, daughter rode to the rescue and arranged an order through Ocado.

Son in law's Aunt, of whom he is very fond, lives in London. She is about my age, travels the world with the energy of a fifty year old, marches to the supermarket for her groceries each week but was now considerably worried that she couldn't find anything left on the shelves as the locusts had been before her! So Fiona made an online order for her to be delivered a day later than mine. Perfect. All was well.

Well, it was until Fiona realised that somehow my order and that of Aunt's had got muddled up. That would have been fine except that Aunt is a vegetarian and I am not. I now have the delights of packs of tofu, cartons of soya milk and several tins of chick peas in my store cupboard and other stuff I'd never order. Fortunately they will keep and will be directed to Aunt in months to come but my fear was, that poor Aunt would be faced with tins of sardines, sliced ham and other favourites of mine when she is faint for the need of tofu.

Fiona managed to get that sorted so at least Aunt can eat the food she prefers.

A week later up popped a message from Sainsburys. As I am an ancient one and therefore a 'priority' I can have a coveted slot. It had to be the next day so I swiftly grabbed one and made an order. Unaware, until later, that I'd done that, Fiona arranged another slot with Ocado for me. I was very grateful but I said it wasn't needed as I had now made an order with Sainsbury's. 'Okay,' she said, "No worries, I'll cancel.' Not so easy! I think she was number 25,000 in the queue, a mere trifle! She left her computer on and kept checking the queue every hour or so, 17,000, 14,502, etc ,etc!! At last she was in and could cancel. Phew! "Now, what shall we do about next week Mum?"

All things considered we'll leave things as they are. After all I've got enough bodily flesh to keep me going until 2023!

Talking of home deliveries I have found that the only drawback is not being able to see the item you are ordering with any clarity. Weight is given which is fine but I like to see what I am buying and imagining what so many grams looks like is difficult for an old 'un. Also I have in the past pressed the wrong quantity button. Hence a call one morning from a very concerned and kindly lady from Sainsburys. "Good morning Mrs Wells, this is Angela from Sainsburys. Forgive me for asking but do you REALLY only want ONE brussel sprout?" It was so thoughtful of her to ask.

However, months later I foolishly did the same thing but this time there was no kindly Angela. Whom so ever had done the packing put one brussel sprout, the smallest they could find, into an enormous plastic bag. Taking the micky or what?

Conversely, in my last order I'd asked for three leeks, expecting your average sized leek, as you do. They certainly sent three; three of the largest leeks I've ever seen, which must have been grown as prize winning entries for a village horticultural show! They were used of course. I'm not one for waste. Leek and potato soup; leek, cheese and mashed potato pie; leek in a cheese sauce; leeks, leeks and more leeks. I've really gone off leeks!

In the confusion over a delivery order when I received Aunt's vegetarian stuff, there were two tins of condensed milk. Something I hadn't tasted for years. Out of curiosity I opened a tin. What a thick and sticky mass it is! I'd quite forgotten how sweet it was. Once open I was at a loss as to what to do with it. I went on line, as you do, and discovered lots of recipes using it but they were all incredibly fattening.

What to do? I had me a conundrum! It seemed such a waste leaving it in the jug in the fridge. Ah, some peanut butter in the cupboard! Methinks I will make peanut butter fudge! An American recipe using only two ingredients. Easy-peasy! Yes, I know fudge is fattening too but the idea was, I told myself, I could possibly freeze it and give it to the grandchildren

when I next saw them. I made the fudge but it refused to set. On the video I watched the American lady cut hers into handy chunks and pick up each chunk with ease, munching away and saying how delicious it was! Mine didn't turn out like that at all. Sticky and gooey, it clung everywhere, even down my apron front. It refused point blank to come off the greaseproof paper, despite the fact I'd greased it; it stuck my fingers firmly together so that I had to scrape off the gunge with a knife, which in its turn became well glued. Annoyed, I was tempted to throw it (when I could get it off my fingers) but my careful upbringing did not allow me to do that. After all, a wartime baby brought up to be frugal; waste not want not; clear your plate this minute Jacinth! (My mother's voice!) I could not possibly throw it in the bin, so...I froze it! Even then, it barely set! I retrieved it from the freezer the following day, expecting it to be the semi-hard consistency of fudge but no, after a few minutes on the plate it was as soft as it was when I stored it! Back in the freezer it went where it will stay until my sweet tooth drives me to tear off a chunk! By the way, I have to say, it tastes yummy!

I was awake around 3:30am. No apparent reason, just awake. I reached for my i-pad went on to You Tube and found some recordings by Barbra Streisand. I clicked on to 'Memories' from that great film, 'The Way We Were.' My goodness I'd forgotten how deeply that stirs the emotions. Within minutes I was sobbing. Needless to say, advice would have been to switch it off...but no...I carried on suffering! A sort of painful enjoyment.

Also earlier in the week I'd punished myself by watching 'Out of Africa'...again the music sent me reaching for my handkerchief AND the lovely Robert Redford dies in the end! Oh my word!! Those haunting French horns surge in, making me gasp and sob. Wonderful John Barry music. I have a disc of all his film music and his use of French horns sets his music on a different level. Yes, I sob a lot. I find after a good sob I often feel better, but after that I felt lousy! Another film. A great one with Tom Hanks and Meg Ryan, 'You've Got mail.' Some great Rock and Roll music and 50/60's stuff in that one, so no sobbing this time.

Instead I hand jived! Remember that? It's great when ankles don't function too well! Throw in a few rhythmic arm movements for good measure. Exhausting, enervating but lifts the spirits! Singing loud and long what lyrics I could remember. "Rockin' Robin! Tweet! Tweet! Tweet!" Fortunately there is no one around to complain! Might watch it again when I am on my static bike. Be great to pedal to.

My school friends who are still in touch, Jane, Mavis, Viv in USA, Margaret, Joyce, Shirley, will remember our Head of PE, Miss Cooper on her lenient days, (a rarity!) allowing we girls to have a jive to the then Rock and Roll era at the end of our dancing lesson in the barracks!

I can still hear Miss Cooper's voice ringing in my ear.... "Jacinth Hall. Behave!" I often found myself at the rough edge of Miss Cooper's tongue. She and my sister were members of the then very successful Grantham Ladies Cricket Club. She expected me to be as gifted a sportswoman. What a terrible shock it must have been for her to find me quite the opposite!

We seem to be looking forward to more isolation and social distancing for a while yet. Frustrating, worrying, terrifying as it all is, surely it is better to be safe than sorry? Meanwhile, I will continue to write my diaries, full of brilliance and deep, meaningful observations...you don't think so...okay, well anecdotes and stuff. Better? Thought so! Take care my friends and remember, all will be well in time.....or so they reckon! **Jassy xxx**

Caythorpe Primary School



"Where Learning Comes First"



JUNE 2020 - Partial Reopening of School

After carrying out a thorough COVID-19 Return to School Risk Assessment, we partially reopened Caythorpe Primary School on Monday 1st June and welcomed back some of our Reception, Year 1 & Year 2 pupils and Key Worker children have continued to attend as and when parents are working. Staff's hard work and preparation for their return certainly paid off as our reopening went extremely smoothly and we could not be prouder of the way the children came back. Staff have done an amazing job of encouraging and supporting children to social distance in school. They have shared age appropriate stories and Powerpoints with the children and chatted to them about the importance of social distancing. The children have been fantastic and tried their very best to follow the social distancing rules that we have in place.

Caythorpe Pupils @ Home

We have continued to be amazed by all of the brilliant activities that our amazing families have been engaging in at home. Pupils have been enjoying a variety of activities and developing a wide range of skills including baking, making models, exploring the outdoors, getting creative and looking after animals!





E-Safety Poster Competition Winners

Congratulations to Dotty, Daisy & Imogen for producing the winning entries for our 'E-Safety Poster Competition'. Their posters are bright, clear, well laid out and very informative. E-Safety is extremely important and it is vital that everyone knows how to use technology safely. Thanks to the Dixon Trio all pupils at Caythorpe Primary School will know how to keep safe online!





We have the following vacancy at Caythorpe Primary School to start September 2020

Midday Supervisory Assistant

7 ½ hours per week, split over 5 lunchtimes. This post involves setting up the hall for lunch, serving meals, supervising children, playing games with children and clearing away.

A new MSA would start at SCP 3 (and it goes up to SCP 6), so this would be £17,711 FTE (SCP 3) and would equate to £2,966 pa for 7.5 hours working term time only (38 weeks).

We are looking for someone who is dedicated to children’s welfare, enthusiastic and able to work as part of a team.

If you are interested in this post and would like to join the Caythorpe Team then please contact the school office via email at enquiries@caythorpe-cit.co.uk or telephone on **01400 272600**.

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A DAY IN THE LIFE

of a Retired Gentleman

by a Retired Gentleman

When I was first asked if I would write an article for News and Views I was flattered by the request and said yes - but now comes the hard part. Here I sit, studying a blank screen and thinking how do I write a piece for publication when I haven't done much writing before? Well, let's put a few words down. The thing is, retirement can be good fun, especially if you have been able to prepare for it over your working life. It can contain some of the best years you'll have.

Thinking about retirement can be a bit frightening, but if you're lucky, you'll make it to there and find that it's not frightening at all. It's great. Look, you can do things just because you want to and if you don't finish them for whatever reason, it doesn't matter - there's always tomorrow. You can find out when the stores aren't busy and go shopping then. Visit places you've never been to before. Do whatever you have put on your Bucket List because you now have the time. Or, just relax and do nothing, but this isn't a good idea as you will get out of condition and store up trouble for yourself. It's good practice to keep active. Gardening, for instance, is excellent exercise - weeding, digging and grass mowing will help keep the muscles in trim and they do say gardeners tend to live to a good age. Walking is always good for you, or how about doing some kind of sport? The thing to do is find something you always wanted to do and go for it. Things like training to play a musical instrument or learning a foreign language could help to keep your mind active as well. You know a lot more information than you realise and could pass on some of your skills to younger people. A busy retirement is a happy retirement.

I retired when I was getting on for seventy one, most of my life having been spent mending vehicles but I was also employed for a few years in the world of insurance - what an experience that was! It certainly taught me a lot about how different people live life. Both jobs were energetic and demanding.

Now in my senior years I was hoping things might be a bit quieter - but no, not really.

In the speech I made when my eldest daughter got married I told my son-in-law the main thing to remember when being married is to learn to compromise, you know, a bit like Mr. Bucket - sorry - make that Bouquet, in the television series Keeping up Appearances. It helps in retirement too.

With both of us at home now, a typical retirement day for will often start off at 04.30ish when Jack cat is sharpening his claws lightly on the bedroom carpet to indicate that it's time for him to go out. If you don't wake up he'll walk across the pillows purring - that does it. Off he goes to do his Dawn Patrol, albeit, I suspect, a little quieter than Colonel Hathi and his squad in the 1967 Jungle Book film! OK, it's 04.30ish, but it's of no concern anymore as

there's no need to get up early to go to work now, so it's back to sleep 'til around 08.00. or maybe 09.00.

Up we get. Now, what day is it? Thursday! But it was only Monday yesterday, wasn't it... view 'phone to double check. Yes, good grief, it is Thursday. What is that old saying "Time flies like an arrow, fruit flies like a banana"... Oh well. View 'phone again to see if any reminders have flagged up for things which need attention today, as well as the news and glancing to see what Mr. Trump's been up to. Technology gives us the means to do so many things now. Internet banking, in particular, is very convenient and is making cash less and less necessary.

You start the day thinking we'll have a leisurely breakfast, then elevenses, lunch, then another cup of tea mid afternoon, with a bit of gardening in-between. But today is different. It's a lovely day and as I need to look at the car's rear disc brakes I may as well do it in the sun. The rear brakes are not used to the same extent as the front brakes and so the discs can start to get corroded. I don't like this and as I have had many years doing this sort of thing, it is quite safe and easy for me to rectify. Please don't attempt this kind of task yourself though if you have no experience of it!

Brakes all done now and it's time for a spot of dinner then begins the usually fruitless search for something interesting to watch on the telly. You know, there's so many channels to choose from but the vast majority of them are of little interest to us. Should we just give up and listen to Classic FM? I like to watch 'Last of the Summer Wine' if it's on. Even though I've seen it before I never seem to get tired of watching, especially the ones when Foggy returns for his second stint. Roy Clarke is such a good script writer. The Other Half leaves me in peace to watch these programs as she thinks they are too true to life and that Nora, Ivy and Pearl feel that John Gray was quite right in his book - Men Are from Mars, Women Are from Venus.

After our dinner we see the news and weather and Jack, whom we may or may not have seen during the day, turns up and eventually settles down in one of his beds to go sound asleep, getting set for tomorrow's adventures. We'll get ready to turn in soon and start off another new day tomorrow when, who knows, I may well put on that new outside water tap that's sitting on my workbench waiting patiently...

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Lockdown Hair!

Could any of us have imagined when we were at our last meeting in March that it would be months before we would all be together again? We had heard of past pandemics but never could have envisaged being “locked down” unable to see our immediate family, go shopping, meet friends etc. To see the daily toll of deaths, nationally and internationally, reach unbelievable figures made us afraid

especially when we ticked all the boxes for those least likely to survive.

But good often comes from a bad situation and locally we have seen how the communities have pulled together, helping one another out and generally being very kind. Personally, I have had kind neighbours and friends shop for me, I’ve had online deliveries or Click and Collect for food shopping and have gone back to having milk delivered. Many of the local businesses have also been doing home deliveries and going above and beyond to help us all. Thank you.

The WI nationally has been campaigning for over a year to get everyone involved in helping to alleviate loneliness, in not just the elderly or people living alone but everyone who needs a friendly voice to hear and to be listened to. This is something we can do from our armchairs now, but through a visit when we are “unlocked”, which hopefully will be soon. If anyone out there is feeling lonely please do let us know. Many of us have been doing what we can but as the majority of our members are older, and being shielded, it has made it less easy. I know of at least two members who have made face masks, scrub bags and face shields (independently of the efforts by the Caythorpe village team) some for just family and some to be sent to others in need. We have made cakes and preserves and given them as a thank you for help given.

Personally, the one thing I have noticed is how much less I have been spending. I filled my car with fuel at the beginning of March and would normally need to refill again the following month, but surprisingly, I only needed to put more fuel in last week and that was more because the price was now 99p a litre! What it has done though, is make me realise how many unnecessary journeys we make a month and how many unnecessary items we buy. Take clothing for instance, I don’t NEED a new top or skirt, in fact I don’t NEED any new clothes, I need to resurrect some of the ones I already have and stop spending! Now, “Dishe Rishi” Sunak wouldn’t agree with that because, to get the economy going again, we must go out and spend which is absolutely true.

Finally on Lockdown, what about “Lockdown Hair”? Mine was due to be cut weeks before hairdressers had to close, so it has now gone from the sublime to the ridiculous. I’m actually beginning to resemble Miriam Margolyes it has gone so wild (apologies to MM). Roll on July when we can return to a more refined look, you’ve got to laugh though haven’t you?



Although the local WI's are not having meetings, the wheels are still turning behind the scenes thanks to Zoom and home working. We have an annual competition, **The Lady Denman Cup competition**, for budding writers. This year the title is "**What I heard on the bus....**" and it can be true, fictional, funny or sad as long as it is **NO MORE THAN 500 WORDS**, including the title. The deadline has been moved to September from 26th June, so with that in mind we invite all members to take up the challenge and get writing! *Details from Pauline or myself.

Whilst on the subject of competitions, I must remind you that we were going to enter (and still will if possible) the WI's bi-annual **Make, Bake and Show competition** held in October at the Venue in Navenby. There are floral art, Art, Craft, Cookery and novice categories plus the cooperative section where several members work together to create our WI's entry. I know that every one of you can either sew, create, cook and paint and as the winning WI is decided by adding up all the points its individual members have achieved, it is obvious that the only way to get to be in the top three is to enter as many of the categories as possible. We did very well two years ago, but I believe we can do even better this year. If you would like more details, please email me suecase@hotmail.co.uk and I will be more than happy to advise you. If we start working on projects NOW it will be so much easier in October.

Our July meeting would have been Line Dancing but not sure if our weakened muscles could have coped with that and I suspect the August outing will be abandoned this year too. We are hopeful that we will be able to meet again in September with maybe different arrangements in the village hall; we will have to wait and see. But it will be nice to be back with old and new friends alike.

We all send our best wishes for a speedy recovery to Ann Ashcroft who has been very ill recently but who, we understand, is making slow but sure progress to recovery. We are all thinking of you Ann and look forward to seeing you again soon. If anyone knows of other members who might be unwell please let Pauline know so that Get Well cards and flowers can be sent, we like you all to know you are not forgotten. Keep smiling! **Sue Case**

In & Around The Garden



The first half of June was very noisy in the garden, as most of the small birds seemed to be feeding fledglings at the same time. Families of goldfinches, the youngsters lacking the red faces of the adults, squabbled over the sunflower hearts, alongside smaller numbers of greenfinches. In the trees around the fat ball feeder baby great and blue tits cheeped incessantly for the adults to bring them food, while the long tailed tits piled en masse into the wire cage

that is supposed to keep the squirrels off. At one time there were 8 there at once, so they must have had a particularly good breeding season.

So far all efforts to defeat the squirrels have failed. My attempt to stop them eating the peanuts by hanging the holder on a wire protected by plastic bottles was foiled by their dropping out of a tree straight onto the feeder. When there were no more peanuts they started on the suet balls. I read that they do not like hot spices, which birds cannot taste, so I rolled two balls in cayenne pepper before putting them out. The squirrels just waited until the birds had taken all the outermost layer, then ate the rest. The cage around the fat balls presents no problem to them. By swinging on the side they can deflect the cage so that the balls, hanging down in the middle, are within reach. I thought to stop this by anchoring the cage into so that it remains vertical, but this firmer platform allows them to reach in with both arms and pull the fat balls towards them. A squirrel baffle might work, but the pole has an extra foot for support and is rather narrow, so none of those offered for sale will fit. Meanwhile I am still finding seedlings of walnuts and horse chestnuts all round the garden. Back to the drawing board!

Driving through Stapleford Woods I was struck by the profusion of rhododendrons in full flower beside the road. At this time of year the masses of mauve flowers are gorgeous. But *R. ponticum*, which was introduced from the Mediterranean area, has a dark side. It spreads by suckers and produces millions of seeds, enabling it to form extensive thickets where conditions are suitable. It was encouraged on shooting estates as cover for game birds, but it smothers native plants and biodiversity is reduced wherever it flourishes. Another beautiful thug.

In our flower borders hardy geraniums provide most of the colour at the moment. Two natives, the bloody cranesbill, bottom right, (*G. sanguineum*) and meadow cranesbill, (*G. pratense*), are parents of a host of varieties, but both are good garden plants in their own right. Also in flower is *Sambucus* 'Black Lace', bottom left, a sport of the native elder, with deep purple

cut leaves and pink flowers. It also bears berries which birds like. Foxgloves stand tall in the borders – the ones I planted amongst the trees have mostly been eaten by something, but those I left where they sprouted are fine and will no doubt seed in all the wrong places again. JA



Caythorpe & District Garden Society

It is with regret that the committee have decided to cancel the meeting scheduled for July 14th. The annual Caythorpe Show, that was due to take place in August has also been cancelled, as the Covid-19 outbreak continues to make it impossible to predict when and under what conditions indoor gatherings will be permitted. Other planned meetings will be reviewed nearer the time.



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Our meetings have obviously been suspended during the lockdown. Meanwhile here's an excerpt from the colourful boyhood memories of Augustus Peach recalling Fulbeck at the turn of the 20th century:

The Village Parson

The parson's name was Willson such a man you never saw
He had to stoop to bear his frame through every open door
His voice was hard and throaty and his sermons somewhat short
For if at length he did but speak his surplice would be caught
Between his elbow and his face and drawn across his nose
To substitute a linen hanky neath his parson's clothes.

The Reverend Vere Francis Willson M.A. was the Rector throughout my young days in the village. An abnormal man big and tall, his half tall hat together with long clerical coat made him an outstanding figure in the village. He was more than a parson, he was interested and took part in all the activities of the village even to helping the farmers in their work and much to our displeasure in meting out punishment with the cane to the boys at school, whenever the schoolmaster was unable to attend school. He seemed to us boys always to be somewhere in the neighbourhood and often visited the school in the early mornings.

He could be very stern and also very amiable, good natured and kind. He undoubtedly loved to be a benefactor and the Sunday School children's annual Summer treat was enjoyed as much by him as the children. On that day we should have our instructions to bring to school a mug each, then to be marched to the Rectory in fours. There we should find the trestled tables laid out on the lawn covered with beautiful white tablecloths, highly polished tea urns at each end, and soon after our arrival covered with all the good things for a special treat to children in those days. During the tea the Rector together with the Rector's servants looked after our requirements. He would go round, lift up each child and say "You must have more, can you hold it?" After tea, time would be spent in games, racing supervised by him and even if you were unlucky, the loser could be sure of a prize. Before going home, each child received a bun and an orange.

He was sometimes included in the cricket team, but he was no player. Annually he would entertain all the policemen from the district at the Rectory to tea followed by a game of bowls on his lawn and a cricket match on the village cricket field. I remember at one such party (I was employed as boy at the Rectory at the time) during his speech he said "You know policemen like a parson are never popular, if I go down my drive and the lads of the village standing at the corner see me coming they say, 'Here's the b----- parson coming'? I know because they would gesticulate and begin moving away." During the Summer Messrs Boots Chemists staff at Lincoln would pay an annual trip to the Rectory, given tea and entertained. Choir supper at the Rectory after the Harvest Festival with another choir party every Christmas Eve with carols were annual events. A meat

supper for the choir, parents of the Sunday School children, bellringers followed by a first class entertainment on New Year's Eve then a midnight service at the Church.

He encouraged savings for he was always in attendance in the Parish Room at eight thirty Monday and Tuesday mornings to receive the coal and clothing clubs' cards. Probably threepence, sixpence and one shilling handed to him by children according to the parents' circumstances, entered on their cards and in his book. About October the amount collected would be augmented by money from the Rector according to the amount shown on each individual card, the cards having been collected by him and made up. Then the cards returned would be handed to the coal merchant or if a clothing card taken to the local tradesman or to a specified Lincoln clothing firm and purchases made previous to the Winter. The Rector paying the business houses direct with instructions that a further bonus by the firm be added to the card at the time of purchase. This made sure of the villagers having a supply of coal and the children having warm clothing and good boots for the Winter months. (Reproduced with kind permission of the author's grandson, Alistair Mutch. Alistair gave the History Group a fascinating talk last year on the social structure of Fulbeck— see N & V July 2019)

Stay safe and well everyone.

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C & F Parish Council News

From the Chairman of CFPC

Well, here we are as the lockdown begins to ease, it's been a very strange past few months not being allowed to have physical contact with anybody outside of your household, always keeping 2 meters apart. As the lockdown has begun to ease we are allowed to operate in bubbles, so we have bubbles here and bubbles there! It makes me wonder what the new norm will be?

Thankfully due to the wonderful people in our village we have come through that phase reasonably unscathed! We have had our volunteers helping people in the Parish to ensure that our community goes forward stronger and more resilient. We have had the Spar shop and local businesses supporting the people and of course importantly the other way round, the local people supporting our local businesses which is how it should be.

As the lockdown eases further the Parish Council identified that face masks may become part of the norm in some areas of our lives, to go to the doctors surgery or hospital appointments or to travel on public transport, so as an initiative following a suggestion from our wise old owl 'Richard Dix', Caythorpe and Freston Parish Council - agreed to supply everyone in the Parish with a face mask. A flyer was placed in this glorious magazine 'News & Views' and we received numerous requests for the facemasks which have been duly and diligently delivered. We have to say a big thank Marcella Bartholomew and her team 'For the Love of Scrubs' for making all of our face masks. What a fantastic job they've done with the face masks and not only that but the production of scrubs for our local hospitals and the Queens Medical Centre, well done to your Team, that's really fantastic.

Now we can congregate in groups of six! We are really looking forward to be able to open the children's playground at the playing field so that parents can take the little ones for a walk and play on the swings and toys in the play area that would be great wouldn't it?? I'm really forward to a date when the public houses and restaurants may open, although I'm really unsure how that's going to operate with social distancing! So again it's a wait-and-see, I think. In the middle of June shops opened up again and there appeared to be a mad rush for some to get all the things they've been missing.

The Parish Council hasn't met face-to-face since its meeting in March, it looks like it may be a bit longer till we can all meet together so we are still operating using 'zoom'. Our next meeting will take place on 8th July and member of the public are invited to join the meeting but you will need to request a slot so an invite can be sent out. Details of the meeting will be posted on the noticeboard with the agenda but you will have to contact the clerk to arrange to attend a meeting via zoom.

It's good to see that our environment is being cared for. Andy Crawley is constantly talking with Mid UK to try to work with them to control litter that may emanate from their site, although I have to say there is still quite a bit being thrown out of car windows or dropped thoughtlessly on the footpaths around the village. Where peoples borders and hedges ajoin the footpaths Cllr Allan Graham has asked them to make sure that people can still use the

C & F Parish Council News

footpaths without going on the roads. We have experienced some fly tipping within the parish boundaries so please keep alert and if you see anyone fly tipping try to get a registration number or some form of identity without putting yourself in any danger and report it to the local authority SKDC, whether it's rubbish, garden waste, lawn mower cuttings or hedge clippings it's all fly tipping and can lead to prosecutions.

I have to say a really big thank you to Mel Stevens our Parish Clerk of some four years who has provided an invaluable service to the Parish Council and especially in supporting me during my first year as Chairman of the Parish Council, so thank you Mel it's very much appreciated. Mel retired from this position of Clerk and Responsible Officer to the Parish Council on the 31st of May 2020, so have a happy and fruitful retirement!!!

To finish on a positive note our two public houses, the playing field, village hall and social club have all had to weather the storm of the lockdown but hopefully they have come through that and are ready to go, so when it happens let's make sure that we support them. Stay safe and good health to every one.

Neil Fritzsche, Chairman CFPC, 07001598052

Footpaths

As Caythorpe Parish Councillor with the Footpaths Portfolio, I would like to write to all residents of Caythorpe and Frieston with a request. This request regards vegetation that may grow out from your property that potentially overhangs a public footpath.

We are well into the growing season now and bushes and other vegetation is growing thick and fast. It is of course lovely to see all this verdant growth but there is an issue with public footpaths becoming obstructed by overgrowing vegetation, presenting footpath users with problems. Can I therefore, on behalf of the Parish Council, request that if you have bushes or trees or other vegetation on your property adjacent to a public footpath that could potentially (or are at present) growing out over that footpath, that you trim this vegetation back, keeping the path clear for residents to use without obstruction? We are fortunate to live in an area with so much greenery, but it should be incumbent upon us all to maintain this to ensure it does not present a hazard to users of our village footpath.

If any residents have issues with footpaths that they would like to bring to the attention of the Parish Council, please address them to me at the email below.

Clr. Allan Graham / a.graham-caythorpepc@outlook.com

Parish Councillors

Jean Allen	01400 275052	Jonathan Betts	07818 588546	Roger Brook	01400 272022
Mike Budden	07711 618269	Andy Crawley	01400 318453	Neil Fritzsche	01400 273293
Allan Graham	01400 279236	Colette Linforth	01400 272241	Andy Roberts	01400 273320
Pete Sandy	01400 273567				

Not from the Rectory

We have no time to stand and stare – no time even to say a prayer!

At the time of writing our church buildings remain closed and there are no acts of public worship. Churches can however now open for private prayer and how we can do this and comply with the detailed guidance on both social distancing and hygiene is under discussion by the rector and the churchwardens – for the most up to date information please refer to the website www.southcliffchurches.uk

One of the regular readers of this letter was dismayed to think the current ban on all non-essential rail travel would mean the curtailment of my reports. Fortunately, I have some reports 'in the bag' which serve to remind us both of happy outings in the past and of happy outings which we may anticipate for the future

We have either travelled on or viewed the North Norfolk steam train between Sheringham and Holt many times but the Mid Norfolk steam railway is too far south to visit when on the north Norfolk coast. However, the opportunity came in summer 2019 for a day out by train from Grantham taking the East Midlands train to Norwich as far as Ely to change on to a Greater Anglia service also to Norwich but which would stop at Wymondham which is the southern terminus of the Mid Norfolk

As planned, there was a neat Ely connection which would have allowed ample time to say my prayers in the glorious parish church - to which Simon Jenkins awards 3 stars - and which today is what remains of the former abbey before catching the 2.15pm departure for the 11 miles or so north to Dereham, the northern terminus

Best laid plans however had not allowed for the cancellation of the connecting service so the hour I had in hand was spent on Ely's platform 1 enjoying a coffee and a Kit Kat instead while waiting for the next stopping train one hour later. The onward route winds through wooded mid Norfolk – according to my admittedly ancient map mostly a 'danger zone' for army training – before arriving at Wymondham where the Mid Norfolk's line branches off from the main line and in days before Dr Beeching would have extended through Dereham to Fakenham and Wells next the Sea taking pilgrims to the little station [today an Orthodox church] at Walsingham

The Mid Norfolk station is a good 15 minutes' walk from the main line station and the walk takes you through a lovely little market town and through the churchyard: the square tower at the west end plus the original nave survive to serve as the parish church while all that remains of the monastic church which would have extended eastwards is the octagonal tower. The east end is today adorned with a splendid screen by Sir Ninian Comper

The two abbey towers can be glimpsed as the train pulls away north from the station. I relaxed in an old fashioned, first class compartment on both the outward and return journey in a train of 4 or 5 carriages pulled by a diminutive 0-6-0 tank locomotive which had been built in 1943 for the War Department and served simply as a colliery engine. Today WD75008 rejoices in the name 'Swiftsure'

There is a curious juxtaposition of new and old on the Mid Norfolk as the line has direct access to the main line and is only a few miles short of Greater Anglia's Norwich train depot. It is home to the new fleet of Greater Anglia trains while drivers are trained to drive them and once they are in service will hold the present stock until that is disposed of Dereham station had a very welcome refreshment room where I enjoyed a much-needed cup of tea before heading back to Wymondham for the station where the return East Midlands train most helpfully was booked to stop at Grantham where I arrived on time.



While our church buildings are closed for public worship you can join us for the live streamed service of Holy Communion at 10am each Sunday on Facebook – the necessary link is to be found on the home page of the benefice website at www.southcliffchurches.uk

With every blessing, Stuart Hadley [Rector of the SouthCliff Benefice]

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Ramblings of the Old Rector

Lock-down has given us time to reflect on life. While enjoying a glass of wine in the garden, I wondered what had been the catalyst for the Arab Spring, the series of anti-government protests, uprisings, and armed rebellions that spread across much of the Arab world in the early 2010s, starting with protests in Tunisia. As a result of that reflection I have spent the last four weeks in my study researching the life and impact of King Idris and Muammar Gaddafi of Libya; Kings Fuad and Farouk and Presidents Gamal Abdel Nasser, Muhammad Anwar el-Sadat and Muhammad Hosni El Sayed Mubarak of Egypt; Kings Hussein and Faisal and President Muhammad Najib Al-Rubai of Iraq. I am about to start work on Saddam Hussein Abd al-Majid al-Tikriti before moving on to Syria.

Except for King Farouk, who was a spoiled brat and a ridiculous playboy who kept the fellahin in penury, the other leaders were very much aware that the glue which holds the Arab world together is Islam. The Bedouin culture of the desert tribes is rooted in the faith, and its practice is observed universally by both Shi'ite and Sunni. Together with the well-paid professional, the poorest worker scratching an existence in the desert soil is scrupulous in his devotion to God. What a contrast with Great Britain where Christianity is ignored by the large majority of the population. But then, while crowds surrounded Jesus when he taught on the hillside, in synagogue or in the Temple, the rest of the people washed their cars or went to see Nazareth Town play Magdala United. I know that comparison is invalid, but the point I wish to make is this: during lock-down we've spent an inordinate amount of time worrying about the state of our health; I suggest that it would have been more profitable had we examined the state of our soul and our relationship with God.

Another reflection on another day gave birth to the following conclusion. When I consider the fame and fortune of the actors Richard Burton, who was born and bred within two miles of my home, and attended the same Grammar School as me; and Anthony Hopkins, who lived even closer to my home in his boyhood, I think that I might have missed a trick. Modesty and humility forbid me from telling you that I have had my moments on the stage. And I don't mean my storming performance as a shepherd in the Nativity play in church, when my mother declined to acknowledge me.

When I was Senior College Chaplain at Cranwell in 1986, I would from time to time take a morning off from formal chaplaincy work and cross the airfield to the centre where cadets were taught RAF administration. In one part of the training curriculum the cadets took turns to play the part of the Station Duty Officer (SDO) and deal with unannounced visits from members of the public. They would be marked on their performance. On arrival I received a briefing from a member of the Directing Staff who told me that I was to act as an angry local chicken farmer furious at the low flying activity over his farm.

Thus armed, I pulled a scruffy long jersey over my uniform shirt and burst into the office where the hapless cadet was SDO. Before he could object to my unauthorised presence I was in full flow. "Do you have any idea about the problems your aircraft are causing my Buff Orpingtons?" For some reason I adopted a Norfolk accent. "The hens aren't laying and the barnyard rattles and shakes every time your big bombers fly over the farm." He started to explain that they were not bombers, but I raised my voice and banged his desk, "I don't care if they are flying pigs, they are making a damned racket over my farm. The chicks are in a hell of a state!" As I lost my rag over my Buff Orpingtons my accent became Welsh! The poor

cadet failed to satisfy or shut me up and I think he threw me out in the end. Which I would have done in his shoes! I remembered that episode the other day while sitting in the garden listening to the racket made by the starlings. I believe I gave an outstanding performance, of which Burton and Hopkins would have been proud.

While my mind has been occupied with these idle musings, I have also put the finishing touches to my latest book. Publishing a book during a pandemic was not my most astute endeavour. In my defence, the book was planned and well advanced in January when I wrote the Preface. It was then overshadowed by the dark clouds of Covid-19. However, just after Whitsun it was sent electronically from the Editor in Arizona to the printers in Croydon and so it is time to announce its birth.

“ALIVE IN CHRIST” is a small selection of my sermons. Many of you will have heard one or two of them, some will have heard many of them. But I cannot remember sermons I have heard much beyond a week except for some interesting sentence or a striking phrase, which makes me wish I had a copy of it. If you find that familiar, then this book is for you.

Following an introductory essay on the Discipline of Preaching, I have selected sermons which I have preached in a variety of times and places. Many are pastoral sermons on themes related to the Church’s year; others have a national context, including the First Gulf War, the Anniversary of the Great Escape, the 75th Anniversary of the Chaplains’ Branch of the Royal Air Force, the Battle of Britain, the closure of the Princess of Wales Hospital, Ely, the 75th Anniversary of the Royal Air Force and the 50th Anniversary of the RAF Association, Brexit, the unveiling by Her Majesty The Queen Mother of a statue of Sir Arthur Harris in London, the 75th Anniversary of the South African Air Force, Remembrance Sunday, and the unveiling of the Coastal Command sculpture in Westminster Abbey by Her Majesty the Queen.

The price of the book is £8.99 (plus £2.00 p&p), but copies may be ordered for collection from 6 Arnhem Drive for the retail price £8.99; please first telephone 01400 272085 to arrange Covid-safe collection. To order copies by post, please send your name and address with a cheque for £10.99 payable to B H Lucas, to me at 6 Arnhem Drive, Caythorpe, NG32 3DQ. It’s cheaper than Nytol !

Brian Lucas. (The Last Rector of Caythorpe)



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Caythorpe Cricket Club

(LACK OF) CRICKET REPORT

Our Cricketers have been starved of action, like other Sports enthusiasts, since the end of their winter "Nets" in March. Many fixtures both Junior and Senior have, of course, been cancelled. This has already included two Lincolnshire County Fixtures for which our Ground had been selected. This has included a spell of superb weather for the first six weeks of the planned Season to add insult to injury.

From mid-May the ECB guidelines (which we have followed completely) permitted Net sessions for two players at a time, with various anti-virus precautions in place. Latterly this has been amended so a group of up to 6 Players may practice at one Net. One batsman - who is not allowed to handle the balls - with up to 5 bowlers taking turns to bowl to him, each with their own ball which nobody else can touch. All whilst maintaining 2m spacing! Looks odd but does seem to work.

All Net practice has to be pre-booked so that it is known who is in each Group. We have had Junior sessions utilising our two Nets on Monday and Tuesday evenings, with both Caythorpe and Claypole Players getting practice at weekends. We even have to allow 15 minute breaks between Sessions, so one Group is clear before the next arrives.

The latest ECB Covid-Bulletin (which they have issued weekly) looks forward to an amended form of a Match perhaps being possible from August. There would be no close fielders, nor Umpires, and non of the Social side - no Teas for example. We await further details but will try to go ahead with whatever is allowed as soon as possible.

The ECB (English and Welsh Cricket Board) particularly hope to get some play for Juniors and we eagerly await more details.

When Cricket was suspended we already had 12 Youngsters signed up through the ECB for All-Stars Cricket. Moira Cree, our co-ordinator, informs that if a late start is possible she will endeavour to provide Sessions through the late summer, perhaps twice a week, for the 12 already on our books. Guidance is awaited on which training games they could play, as many of the usual activities do not comply with Social Distancing. Once again we are in the hands of ECB!

Finally, Caythorpe C.C. has just received a "Return to Cricket" Grant of slightly over £1000 from ECB so that we will not be in a severe loss-making situation this year. The Club had already paid Annual Insurance and Field Rental, and we have greatly missed the Membership Income and the Friday night BBQ's. That we received the Grant was partly in recognition of Caythorpe's outstanding support over many years for both Junior Cricket and All-Stars, which actually trebled the value of the grant.

David Cree (Hon. Pres. Caythorpe C.C.)



News & Views Shout-Out

Good morning Laura and Pete, Once again thank you for continuing to produce the magazine – not all village magazines have been able to do this! The May issue was still in the Spar shop when I called yesterday but I will pick up the June one on my next visit.
An Avid News & Views Reader

Dear Avid News & Views Reader, Thank you for your kind words, it's always great to hear positive things! We aim to have N&V at our 'static' drops by the 1st of the Month ready for the wider community to enjoy :) **L&P**

Dear N&V, a limerick for you!

On the plate of an overweight man
Lay ten slices of very fat ham
A salad of green
Was also there seen
And a sixteen ounce tin of chopped Spam

Robin Dickinson, Caythorpe Resident



This shout out goes to **Janet Hoddell** who has been part of our trusty N&V Distribution Team in Caythorpe for a number of years. Janet has stepped down from her Kings Hill round and we'd like to send her a great big thank you for her time and dedication in getting N&V out to all the houses in her distribution area. Thank you Janet x



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NEWS**

Church Floodlighting

July 2nd - **RICHARD JAMES RUDDLE**
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Dad & John

July 28th - In loving memory of
RICHARD JAMES RUDDLE 02.07.69 – 28.07.19
on the anniversary of his death

The South Cliff Benefice

Our churches are currently locked and no services are taking place in them. For up to date information please see the benefice website at www.southcliffchurches.uk and join the Rector for a live streamed service of Holy Communion at 10am each Sunday on the Benefice Facebook page at

<https://www.facebook.com/Southcliff-Benefice>

PETE'S PUZZLES

ALL ANSWERS ON NEXT PAGE

1. How many colours are on the official flag of Lincolnshire and what are they?
2. What is the northernmost Capital City in the World?
3. Football - Sunderland did it in 1979, and Villa in 1981, Who did it in 1980?
4. Which British Artist has had No.1 Hits with a Band of 4, a Band of 3, A duet and as a solo artist?
5. Curtis James Jackson III is better known as?
6. Name the four human members of Scooby-Doo's 'Scooby Gang'?
7. Which Actor has starred as 'Shrek', 'Austin Powers' and 'Wayne' from Wayne's World ?
8. If the Union Flag is being flown over Buckingham Palace, what does this signify?
9. Which London Building is also known as 'The Old Lady of Threadneedle St' ?
10. The M1 Motorway starts and finishes in which two cities, both beginning with the letter L

Apologies for the error in last month's answers...The Freddie Mercury question about his birth name had a duplicated answer from another question given!
The answer is Farrokh Bulsara!

Dingbats

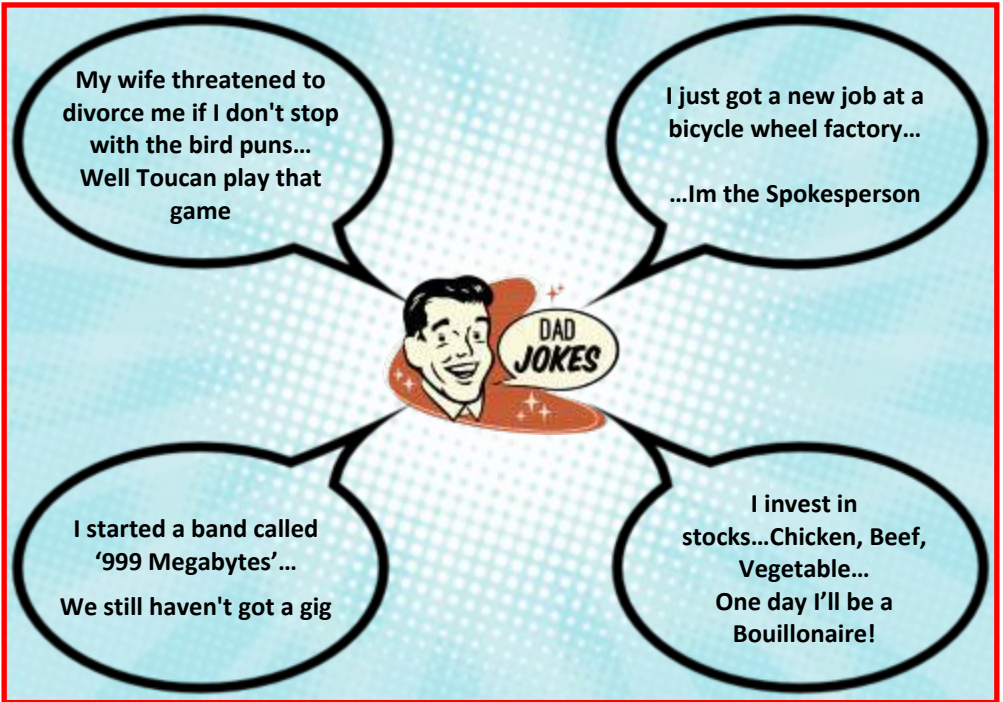
1. Marlosebles

2. oLD

3. F X THE

Sudoku

4	7			8			
		2		4		7	
5				1			9
1			3				7 9
3	6				1		2
	9			5			7
		8		6		1	
			2				4 3



Pete's Puzzles Answers

- Answers to Pete's Puzzles
1. Four, Red, Yellow, Blue & Green
 2. Reykjavik, Iceland
 3. Trevor Brooking (FA Cup Final winning goal scorers, Alan Sunderland & Ricky Villa)
 4. Paul McCartney with The Beatles (Numerous), Wings (Mull of Kintyre) With Stevie Wonder (Ebony & Ivory) and as a Solo Artist with The Frog Chorus.
 5. 50 Cent (American Rap Artist)
 6. Fred, Velma, Shaggy & Daphne
 7. Mike Myers
 8. That the Queen is not currently in residence.
 9. The Bank of England
 10. London & Leeds, Hendon and Garforth specifically

S O D O K U	4	7	9	6	3	8	2	5	1
8	1	2	5	4	9	7	3	6	8
5	3	6	7	1	2	4	9	8	8
1	8	4	3	2	5	6	7	9	9
9	5	2	8	7	6	3	1	4	4
3	6	7	4	9	1	5	8	2	2
2	9	3	1	5	4	8	6	7	7
7	4	8	6	9	3	1	2	5	5
6	5	1	2	8	7	9	4	3	3

- DINGBATS
1. Losing Your Marbles
 2. Growing Old
 3. The After Effects

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WHAT'S ON IN JULY 20?

<u>Date</u>	<u>Event</u>	<u>Page</u>
1 st	At Least the Football is back eh?	14
15 th	Unfortunately Arsenal are still awful...	16
30 th	And Liverpool will have won the League by now....wish Football had stayed in lockdown...	17

Remember

Don't be rigid in your beliefs, be open minded...

...Not even statues are set in stone forever anymore...

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