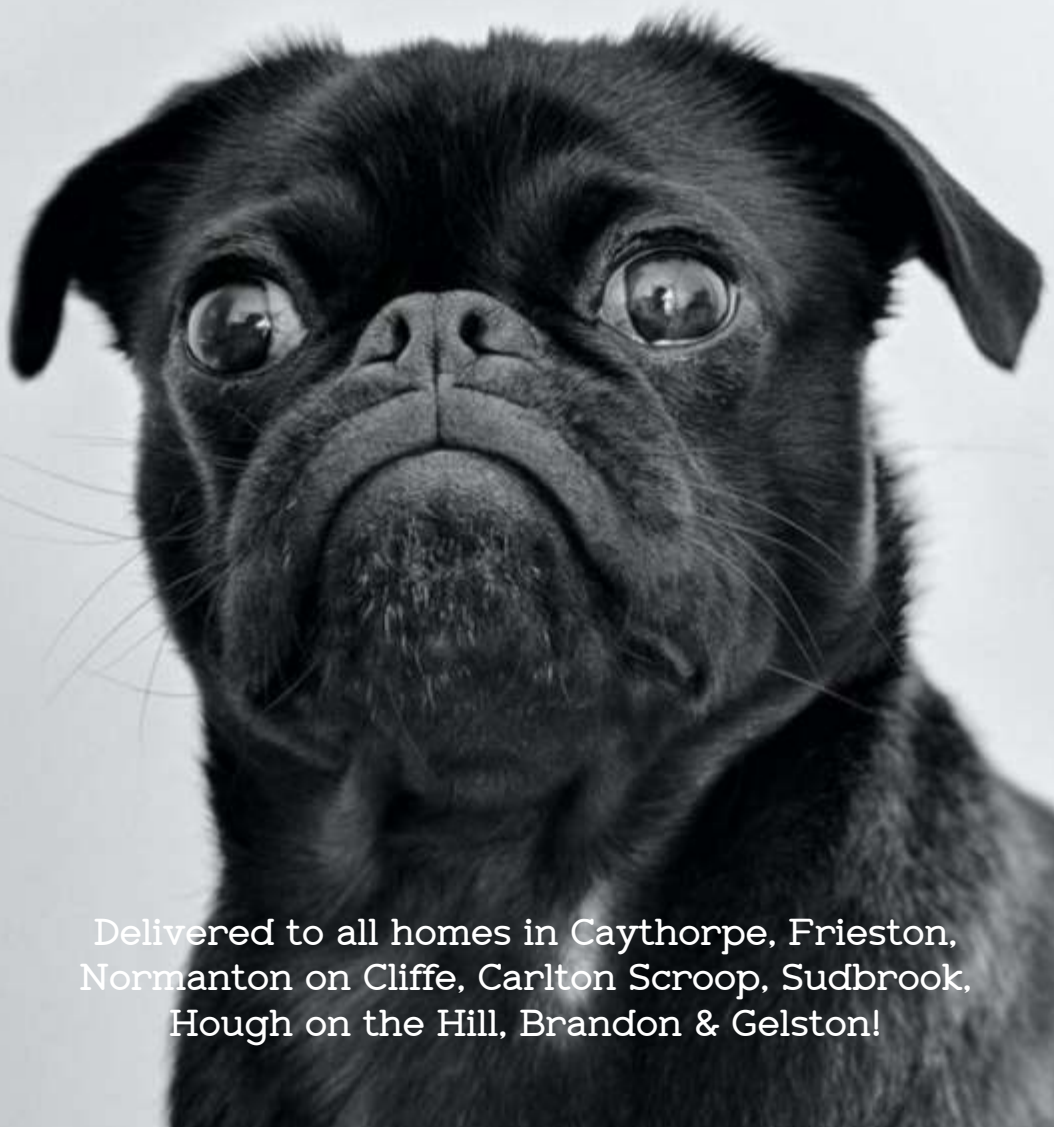


NEWS & VIEWS

June 2020

The No-Idea Edition

The One where everyone is a bit confused



Delivered to all homes in Caythorpe, Frieston,
Normanton on Cliffe, Carlton Scroop, Sudbrook,
Hough on the Hill, Brandon & Gelston!

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ISSUE 57 - JUNE 2020

**Distributed to all homes in Caythorpe, Frieston, Normanton on Cliffe, Carlton Scroop, Sudbrook,
Hough on the Hill, Gelston & Brandon**

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General Information

SPAR



THE POST OFFICE



Spar Shop Team - Photo Courtesy of Richard Hall

Caythorpe Surgery: 01400 272215 / Disp 272770

Ancaster Surgery: 01400 230226 / Disp 231204



	Reception	Dispensary
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Monday	08:30 - 18:30	08:30 - 18:00
Tuesday	08:30 - 18:00	08:30 - 18:00
Wednesday	08:30 - 18:30	08:30 - 18:00
Thursday	08:30 - 18:00	08:30 - 18:00
Friday	08:30 - 18:00	08:30 - 18:00
Ancaster		
Monday	08:00 - 18:00	08:30 - 18:00
Tuesday	08:00 - 20:30	08:30 - 20:30
Wednesday	08:00 - 17:30	08:30 - 17:30
Thursday	08:00 - 18:30	08:30 - 18:00
Friday	08:00 - 18:30	08:30 - 18:00

Spar Shop/Post Office Opening Hours

Spar Shop Opening Hours

Mon - Sun 07:00 - 21:00

Post Office Opening Hours

Mon - Fri 09:00 - 14:00

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Brandon	Telephone Kiosk on corner of Church Lane & Hough Lane
Carlton Scroop	Charity Street on Wall before Golf Club Entrance
Caythorpe	Village Hall / Hammond Pavilion / Old Chapel, Chapel Lane
Frieston	CURRENTLY OUT OF USE
Gelston	Village Green in telephone Kiosk
Hough	Telephone Kiosk on High Street, opposite Church
Normanton	Telephone Kiosk, Main Road
Sudbrook	Telephone Kiosk

Prescription Collection: To observe social distancing changes have been made to the process of collecting your medication from the dispensary. If you are arriving at the surgery by car please pull in to one of the 6 designated dispensary collection parking bays. Once you have parked phone the number indicated on the sign and speak with a member of the dispensary team. They will ask for your details and the bay number you are parked in. They will then bring your medication to pass through the car window.

For patients who are arriving by car but do not have a mobile phone, or for patients arriving on foot to Caythorpe please come to the back door of the surgery (accessible from the carpark) and follow the instructions on the door.

To order your next prescription we are not currently accepting paper requests. This can now be done by phoning the surgery as normal and selecting the dispensary option from our phone system, or alternatively signing up for our online repeat prescription service. To do this please call and speak with the Practice reception team. Please leave at least 3 full working days before collecting your medication

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N&V EDITORIAL

June 2020



So here we are again, and what a bit of a palaver over a rather excellent piece of artwork we used for last month's cover, thankfully the vast majority of readers were very much of the opinion that the artwork was very apt and a powerful image for us to use, again we give massive thanks to artist *M J Hiblen* for allowing us (and many others, including Social Media group 'NHS Millions') to reproduce it.

Now, onto more important issues...COVID-19 still has many of us on Lockdown, hopefully none of you have followed President Trump's moronic mutterings about using disinfectant internally, (Domestos Shot anyone?!)...How anyone can think this man has the intellect or humanity to lead a country is beyond me...Only in America! It's become all just a bit confusing with this 'Stay Alert' message, I mean, which of us haven't already been on a heightened state of alertness over the last 2 months anyway?! Stay Home - Save Lives was so much clearer! Now there is talk of opening up schools again...How do you get Reception Class children to all socially distance within a classroom? Anyone who has had small children knows the difficulty in socially distancing from them when using frequenting the smallest room in the house!

We mustn't forget to mention our fantastic local businesses that are going above and beyond during this pandemic, our pubs, takeaways and corner shops, who are doing their best to keep things as normal and running as best as possible for us. We here at News & Views want to thank, again, our wonderful Distribution Team who keep this magazine going every month, all volunteers, all doing a wonderful job for us here, Thank you N&V Distribution!

We are over the moon with this month's edition, it's jam packed full of interesting articles, pictures and information for you all to enjoy, given that we currently have no events to mention, it's brilliant that we have so many articles to offer to you for your enjoyment instead! News & Views - Nothing stops us delivering the best to our readers! However, we do have one small change to the Puzzle Page going forward, with the previous Quizmaster stepping down, (Thank you Tony for your previous submissions!) they will now be set by yours truly. Tony's Quiz Time now becomes Pete's Puzzles, which will bring them more in line with the News & Views Quiz Nights that will make a return in less pandemic times! Hopefully you will like the slightly altered layout!

Until we meet again, Take Care - Pete & Laura

 Find us on Facebook under News & Views

Find all of our back copies on the Caythorpe & Frieston Parish Council Web Page

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Exchange goods, share skills and care for each other



A fantastic Team of dedicated local Volunteers have been working around 8 hours a day producing scrubs for the NHS during the COVID-19 Pandemic.

Deyna Lynn one of the Volunteers, said “Our village and surrounding communities never fails to amaze me. When needed, we pull together and achieve great things. A small team of local volunteer super heroes are spending around 8 hours a day (sometimes more) sewing in a workshop on the heath, supported by villagers who are cutting out fabric for us. In one week we turned out 9 sets of scrubs for Caythorpe Medical Practice, 19 sets for Grantham Hospital and 100 sets for Queen’s Medical Centre at Nottingham. I cannot begin to tell you how incredible this team is.”



Photo on left: L-R Gill Elton, Deyna Lynn & Marcella Bartholomew
Above: More scrubs!

Deyna carried on “Other teams have indicated that they can turn out 20 in a week... some less than that. OUR Team, OUR Community, we have so many reasons to be proud. But the main one is what we can achieve together. Marcella Bartholomew, Gill Elton, Kev Bartholomew, Liz James, Neil Fritzsche, Margaret Atkin, Linda Allen and myself won't stop producing these scrubs until the NHS and local Key Workers no longer have a need. It's hard work, but I am proud to say during Lockdown 2020, I was part of a community that took action and did great things.”





There is a distinct shortage of scrubs for the Key Workers in our NHS Hospitals and Care Homes as they are now having to change their outfits several times a day to minimise the spread of infection. It is essential that they are supplied with scrubs to enable them to continue their critical work during these unprecedented times.



We have a group of people, from our Cliff Villages, who are busy cutting and sewing scrubs to support our local Key Workers and in order to ensure their voluntary efforts are optimised, it is essential that we have appropriate supplies of fabric to keep them busy!!

We have already had some amazing financial support from individuals and our local councillors, that has enabled us to produce hundreds of scrub outfits, but we still need more.

If you can donate, whatever amount you can spare, it would really help us to keep this project working to its maximum efficiency. We have a Paypal fundraiser <https://www.paypal.com/pools/c/8oyUpyoVLp> There is also a donation tin at our local Spar Shop in Caythorpe.

We really appreciate your support. Thank you!



75

VE DAY

75TH ANNIVERSARY



Winner



Oliver and his winning Artwork!



Oliver, aged 7, from Caythorpe, saw a Facebook post shared by his Primary School. Lincolnshire Emergency Medical Response (LEMR) were running a

competition for children to post photos of their artwork showing support for the NHS during the COVID-19 pandemic.

Oliver had been busy creating rainbows for his windows at home, so decided to enter one of his pictures into the competition.

On the April 21st, the 4 winners were announced, Oliver was very excited to be one of the winners!! Oliver is going to have his artwork placed on one of the LEMR vehicles and once the pandemic is over they will visit his school to proudly reveal his artwork on one of their Rapid Response Vehicles. Oliver's Mum, Caroline, said "We are all very proud of Oliver!".

LEMR is made up of approximately 45 selfless volunteers, all of who are either current or ex-serving Armed Forces personnel, from all trades and ranks from across Lincolnshire. These volunteers give up their own free time to put something back into the Lincolnshire community, in order to provide a rapid and dynamic response to 999 emergency calls in support of East Midlands Ambulance Service (EMAS).

LEMR utilise two Rapid Response Vehicles (RRV). Both vehicles are Skodas (Octavia VRS) and were purchased and owned by the charity through generous public donations, as well as a Lottery grant and funding via the Armed Forces Covenant. Both cars are fully marked up, fitted with blue lights and sirens and operate out of RAF Cranwell.

Should you wish to learn more about LEMR, Lincolnshire's Emergency Medical Response Team, you can check out their web page at: www.lemr.co.uk



The Finished Vehicle with Oliver's Rainbow on the Passenger Door



Continuing on from our May Edition, Jassy Wells, has kept us entertained with more thoughts and tales of her time during Lockdown, this month we bring you Weeks 5 and 6!

LOCKDOWN - Week 5

Hello,

Me again! Doesn't that woman ever run out of things to say? I hear you ask. Seems not! I think it is possibly on a par with talking to oneself. Something I did anyway before

isolation time. I was once asked if I was lonely living by myself and I said no. Which is true I am alone but not lonely, an entirely different concept. However it does bring out the quirks in one's nature! Talking to oneself being one of them.

A friend recently sent me an amusing quote from the (supposedly) Psychiatric Association:- "During quarantine it is considered normal to talk to your walls, plants and pots. Kindly contact us only if they reply." I do that all the time! Happily no response as yet.

A week or so ago my printer decided not to 'speak' to my laptop. Very annoying as I wanted to print off a label to go on a parcel. I had paid my dues to Hermes and when I was instructed to 'Print Label', I tapped PRINT and nothing happened. I checked that the light was on but the machine's little green eye just stared insolently at me and refused to function. It was then that my teacher tactics came into play. Firstly, I patiently pointed out the error of its ways. Then I used logic and reasoning, speaking quietly, keeping my cool. Then I finger wagged and issued a warning. Never in all my forty years of teaching had I come across such blatant, obstinate refusal to do as bid. So I lost it, shrieked and raged but it still stared glumly back. "Right," I yelled, "I have had it up to here with you! I am going to make you go without food for a few hours. Days if need be until you listen to reason! Understood!" So I pulled the plug on its power and stormed away. It worked! I think the term is re-booting. It also comes under the heading of "going nuts!"

Gazing out at the wonderful Easter weekend sunshine, put me in mind of other Easter/Summer breaks when the kids were younger. Another life line when living alone, having memories to draw on. My advice, jot them down!

Do you remember sitting in the car gazing out at a grey, angry East Coast sea, rain throwing itself out of an equally leaden sky? A quick switch on of clanking windscreen wipers of an ancient but much loved jalopy, displaying in each grey, smeared sweep, a discouraging glimpse of a wet Sutton on Sea beach, where the kids had hoped to play. We'd set off in high hopes. "Bound to be better by lunch time" cried a hopeful Dad, whose idea it had been in the first place. "Only East Coast mist!" The fact that it was chucking it down with rain had apparently escaped him. He'd eagerly loaded up the boot with two wind breaks, two fold up seats, a garden spade, (just in case... of what? No idea!) buckets and spades for the young ones, fishing nets on long fragile, bamboo poles which bent dangerously near to breaking point, as Dad tried to cram them in the boot. They eventually ending up between the seats, from back to front. Two blankets to sit on, two tennis rackets, one with a gut string broken, a plastic cricket bat, a broly, generally with one arm broken so it bent dangerously in the strong east coast breeze, towels and swimwear and the all- important, bag of warm jumpers and anoraks.

Finally, a box full of clutter, i.e. Suntan oil, tin opener, box of mints, a tennis ball, mum's book (Poldark series in those days), insect bite cream, Elastoplast, sunhats and sandals.

For a warm sunny day all of the above would be happily carted down to the beach by one and all, laughing, chattering and joking; carried back later in the day far more reluctantly, it has to be said, by two adored children, with sulky faces and dragging feet, plus one adored husband chivvying them on. Me? Why of course, I was always smiling! For a wet day, of which there were many, few items in the boot saw the light of day. On returning home it all had to be emptied and put away by a grumpy Dad, head deep in the boot, bottom in the air, yelling instructions to deaf ears. The addition of sand, which had somehow, mysteriously, found its way into the boot, did not help his calm, unflurried mood. Picnic stuff would be in the car and issued on demand by my good self. After all, I know my place. On a sunny day the cool box and picnic basket would always be in my charge. On a wet day it was still in my charge but this time, uncomfortably, under my knees in the passenger seat. Oh, the joy of a seaside adventure.

The driving rain did not deter Peter. "Come on you lot we are off to find crabs!" Screams of delight and the kids would tumble out of the car and follow him to the ends of the earth; gloves on, scarves knotted, wellies sloshing through shallow, ridged pools to the wooden groynes which made their way down to the sea. Guess who volunteered to remain behind and clear up the picnic chaos? Moi! That took only minutes, so time for me to snuggle down and read the next chapter! It could rain to its hearts content. I was in Poldark land.

Peter didn't let me get away with that for long. He'd open the door and say "Oi you! Out of there! Walk time!" so reluctantly I'd trail behind. Finding it as a rule, quite fun. Peter was like that. He'd make anything fun. The wind would be howling and the rain determined to find its way into the driest of necks, Peter would find a shell and with its sharp edge, draw a line on the wet sand. He'd line us all up behind it and wait for the tide to reach the line. When it did and we all got our wellies wet, the kids would yell, "Do it again Daddy!" or years later, "Do it again Grampa!" He'd graciously oblige. Sutton on sea was our playground and it became a favourite for our eldest grandchildren too. Sadly the wooden groynes which encouraged sea pools to stay behind after the tide had long gone, full of scuttling crabs and minute sea creatures to search out and study, are no longer there. Now it is one vast expanse of sand. Shame. Such wonderful memories.

So, as I recall that recent, lovely weekend weather, I think that someone up there is perhaps taunting us. "You lot don't value what you have, so now you can't have it, think on! The world is wonderful even on the coldest, wettest day in Lincolnshire and even more wonderful when you have those you love around you."

Two dear friends went out for a cycle ride last weekend and saw the man on the penny-farthing. They sent me a picture. Wonderful! Proof that I am not losing my marbles and gone back in time!! My eldest grandson sounded highly dubious. "A penny-farthing Nanny! You saw a REAL penny-farthing?" Yes I did Danny Wells! A real penny-farthing, so there! I'll send you proof!"

A friend sent me a delightful little Easter video of painted Easter eggs, fluffy yellow chicks surrounded by flowers, to the tune of "What Wonderful World". Made me cry. Getting very emotional in my old age. Is this happening to anyone else? Is it enforced isolation? No? Ok then, it's just me. My love and the inevitable cry of "Keep safe!" **Jassy xxx**

LOCKDOWN - Week 6

Hello all, The sixth week of enforced Lockdown approaches. Really? Is it THAT long! To many people it must seem like a lifetime. Friends in the past have bewailed the fact that technology has taken over society. Hasn't it clarified its importance during this enforced isolation? For me it has always been a godsend, as after Peter's death and actually for some years before, when he was so ill and going anywhere was a problem, it helped me cope with difficult situations. Banking on line, sending for groceries to be delivered, sending in tablet orders, paying for goods electronically, Christmas shopping, paying for parcels and having them collected. The list is endless when one can't get out and about. It gives independence and means that although there are some things one has to ask friends to do (which they do willingly) most of the time I cope. Most of all, technology has come into its own during this awful time, by further opening up communication with one's family and friends by using Face Time and Skype. Also Google Duo and even more intriguing, something called Zoom! Quite amazing!

One Sunday afternoon my daughter in law had the brilliant idea of all the family joining in with a group video call. I was somewhat nervous as, although I am pretty Tech savvy, I hadn't done one of these before. "Nothing to it Mum," my son assured me. "You'll be fine!". I was and it was great fun. Suddenly all my family were on the screen, Andy and family in their garden in Wiltshire, Fiona and family in their kitchen on the Isle of Wight, Grandson Dan ,his wife and daughter in their sitting room in Portishead . They could see me and I them and they could see each other. A crazy back and forth conversation took place for forty minutes or so.

In the middle of it all I suddenly realised that my phone needed recharging so I ambled off to plug it in, quite forgetting that family could see what was going on. "Where's Nanny off to?" "What IS she doing?" "Mum, all we can see is the ceiling!!" "Is Nanny hiding?" Loud laughter all round! I am so glad that I amuse my family. In fact I laughed with them so much I felt quite tired afterwards.

More of these get-togethers are planned for every Sunday afternoon. Family teasing and light arguments prevail, so distance is no hardship when you know and love these dear people so well. Charades next time perhaps or how about a quiz? Neither of which I like but I'll doze and smile whilst they play, enjoying their camaraderie. I might even take part and google the answers!! Peter would have joined in. He loved party games! However, he wasn't into computers at all but I am sure once he'd got the hang of it he would have loved the facility enabling him to see his much loved family so often and beat them all, hands down!

Yes, I hear what you say. I too am aware that our privacy is probably invaded when we are blithely ordering an item we deem important but probably isn't. Technology is something which is not going away. I have accepted that and decided to keep abreast of things and be as vigilant as I can be, when dealing with email, scam and suspicious intrusion into my accounts. As yet, touch wood, I have used my common sense and ignored anything remotely dodgy. I've no doubt , like this evil, invisible virus, there is some unscrupulous individual working hard to hack their way into one's technology. All one can do is to take every precaution offered and hope for the best. My only fear is that someone in authority will suddenly make the decision to throw the main electrical power switch to OFF!

Today the inevitable leek soup for lunch. Leek and potato actually. Phew it's very filling. Of course I had to scatter crumbly cheese over it... Yummy! For pudding, a plain, lemon iced lolly. Quick and easy!

Peter was a real pudding person. When we went out for a meal he'd always peruse the sweet menu first, then sit back with a self-satisfied smile and announce, "Great they've got treacle tart!" Or, "My favourite, (they all were) apple crumble!" When the waiter/waitress came and asked, "Would you like custard, ice cream or cream with that sir?" His reply would always be the same. "The lot thanks!!" In a friendly pub where he was well known, or more decorously in somewhere less down to earth, "Yes please, all of them!" Or if he was really having to watch his behaviour, he'd glance at me and know that after his heart attacks he ought to be careful, he'd say, "Custard thank you." Innocence personified! At the time I was amused but looking back perhaps it wasn't the wisest route to take for a man who developed three blocked arteries and subsequently had several heart attacks! God bless him. He loved his 'puds'. Who was I to spoil his fun?

This morning I caught up with a series of programmes with James Martin the chef, on a trip around the British Islands to Highlands. I love James Martin, an amiable Yorkshireman, and his, "Just a knob of butter" is usually half a pound! "Just a slosh" of red wine, half a bottle and "Just a dollop" of fresh whipped cream, an entire carton! My sort of cook!! Apart from his outdoor cooking in these various beauty spots, where to my delight he sifted icing sugar in a high wind, he reintroduced me to Cornwall.

As a child my parents rented the same cottage every year in Perranporth. I was convinced it was ours as my Mum always referred to it as 'our' cottage. I was very disappointed when I found out it wasn't. Perranporth in those days (70 years ago) was a very quiet seaside village. Very little on offer but swathes of glorious sand, cliffs, a rolling powerful sea, a giant rock in the centre of the beach where a very deep and wide pool was regularly washed clear by every tide. It was in that pool that I learned to swim. Magical. We took our children there years later and it was beginning to change, becoming more of a town and not for the better, but it still had pockets of loveliness. When I retired, as a treat we went back and I was so disappointed. That gentle seaside village was now a sprawling town with noisy arcades and fairground rides. We only stayed for an hour or so. That was enough for me. Happy memories shattered! Why are planners allowed to do that? However, there are still wonderful, out of the way places in Cornwall and it is still one of my favourite counties. That is why I enjoyed James Martin's programme so much, beautiful Cornish country side, a dollop of rich cream and his cheeky, Yorkshire sense of humour! The perfect combination!

My garden after all this time is just beginning to need a trim all around. The back lawn is pretty with its peppering of cowslips and midst them all, an isolated mauve primula. The peony shrub is a mass of scarlet and the lilac tree, close by, is crowned with deep purple blooms. Even the magnolia's pale pink and dark streaked blooms are hanging on in there and will do so until late summer. In the far distance, the bright yellow bush, euonymus fortunei, beckons me to hobble there and have a closer look. Below the silver birch a haze of forget-me-nots. Quite stunning. A combination of the wild and the cultivated, Peter's plan all along. I love it.

All this copious handwashing has created an itchy crazy paving on the back of each hand. Try as I may I cannot ease the soreness. I think it is not only the assiduous washing but a combination of ageing, paper thin skin and soapy water. Jess, my thoughtful youngest Granddaughter, bought for me last Christmas some excellent body lotion called 'Inis,' the energy of the sea! It has seaweed extracts, shea butter and other important ingredients. That has done the trick! Possibly a coincidence but I'll continue to use it until it loses its magic or unless, with all the nutrients of the ocean, I turn into a mermaid. One of the two!

Take care my dearly loved family and friends, be thou safe and well. **Jassy x**

Caythorpe Dash

23rd Event
1st March 2020



After months of preparation and what seemed like months of heavy rainfall, the morning of 1st March 2020 was fine and dry if a little cold and the 23rd Caythorpe Dash event was upon us. Prior to the event, courses for the 5k and half marathon had been researched, mapped, walked, changed due to the ground conditions and finally signposted and marshal positions had been established; by this time Dave, Bruce, Mike Pilgrim and I had had our fill of battling wind, rain and mud in checking and setting up the courses.

Our team of refreshments volunteers, ably marshalled by Deanna Hammond, had been baking cakes and preparing soup for the runners and volunteers. Plates, cups, medals and trophies had been bought, and goody bags consisting of a printed tech t-shirt, a morf (or neck scarf), an energy bar and a bottle of water for the half marathon competitors had been made up following generous sponsorship from the Red Lion, Caythorpe. Our volunteers had attended a briefing at the Sports and Social club on the Friday evening prior to the event and were fully equipped and prepared for the Sunday event day.

At this juncture Dave Fidler and I wish to express our sincere and heartfelt thanks to our benefactor who, through the Wagon & Horses, bought and supplied the Caythorpe Dash with our essential Race | Result electronic race equipment – their public spirited and most generous funding is absolutely marvellous and through that generosity now enables the



Mark & Anne Louise - Waggon & Horses

Caythorpe Dash to maximise the returns to the playing field (which hither to cost us £400 – 500 in hire & delivery charges per event). Following their generous sponsorship, it was our pleasure to invite the new landlords of the Waggon and Horses, Anne Louise and Mark, to set the race underway – many thanks to them.

A total of 67 competitors took part in the two events (a smaller than hoped for turn out, but we are still rebuilding our reputation after a 4 year shut-down (and we had inadvertently clashed with the Belvoir Challenge which had 1300

competitors from our region). Some good times were set and all of those who set out completed their designated course. Full results can be found at: <https://my.raceresult.com/143100/results?lang=en>



During the event a surprise visit took place from BBC Radio Lincolnshire as the playing field was one of the destinations of the regular Pirate Gold Sunday morning show. Members of the Radio Lincolnshire team conducted a live interview with the Deputy Race Director Andy Crawley which was broadcast live on air before they set off for their next destination.

Our marshals around the courses did a great job of directing competitors and providing encouragement as well as providing water stations at the PFI, at Stubton Village Hall and Hough on the Hill; many of the competitors commented most warmly on the friendly and most supportive help given by the marshals.

As the competitors crossed the finish line they were presented with their medals by Pete Leeds of News & Views before tucking in to soup, rolls and cake provided by Deanna Hammond and her team of bakers.

Thanks go to Front Runner of Bracebridge Heath who provided the winners trophies for the first three male and female finishers in each event as well as the medals and clothing for the goody bags. Tom Mountain and his team from PGL provided great assistance with a first aid

vehicle (fortunately not needed), with a further 4 marshals / helpers, and back marker runners for both events, so releasing the marshals as they passed by.

The race marshals were able to return to the Hammond Pavilion to join the runners for refreshments and generally agreed that the event had been well organised and that a good time had been had by volunteers and runners alike.

Caythorpe Dash would also like to extend a very big and warm thank you to our local farmers and land owners; through their kind permission we were, and are, able to route the races through the lovely local countryside, giving exercise to many and valuable funds to the playing field. Jeremy Hayward gave us permission to use his farm track from Wheatgrass Lane to Gorse Hill Lane; Teri from Gorse Lodge near Stubton helped us route through her property; and John Lord from Hough-on-the-Hill gave us permission to use his land up to Hough. Additionally, Claire Asher, John Holmes, Andrew Siddans, and David Theaker all have given us permission to route through their land around Fulbeck for our upcoming 10K in Oct 20. A very big thank you to all. There were in excess of 50 volunteers from the villages and beyond who turned out to contribute to the success of his event. As a result of their efforts £1,318 total was raised in total; after costs £659.56 was given to the Playing Field for the benefit of the many who use its sporting, social and play park facilities (£428 alone went in signs and medals as we continue to build the Caythorpe Dash base and reputation).

Planning is already well advanced for the next events which will be a 10k and 5k event held on Sunday 11th October 2020 followed by a 5k and half marathon on Sunday 28th March 2021. If you would like to sign up for any of these events you can do so via www.Caythorpedash.co.uk. If you would like to join our band of volunteers then please contact Andy Crawley via crawley1803@aol.com, or alternatively phone 01400 318453 / 07986 548474

Lastly, we would like to correct an omission from our first report on our 10K race on the 17 Nov 19. We had in our competitors Mr Bob Panter who was the founder of the runs from Caythorpe many years ago. Bob left the village some years ago, but made a special trip back from Dorset to run the race. At the age of 79 (I'm sure he won't mind us revealing that) he came in 31 out of 77 in an extremely respectable 57 mins and 50 secs – I was proud of a similar time when I was 40!! Well done Bob and it was great to see you back – thank you for making the effort.

The 'Team' from Left to Right: Andy Crawley (Deputy Race Director), Dave Fidler (Race Director), Bruce Nelson (Treasurer) & Mark Pocock (Head of Race Control)



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Carlton Scroop and Normanton-on-Cliffe Parish Council is recruiting a Clerk/Responsible Financial Officer

The Council is seeking a Parish Clerk and Responsible Finance Officer to assist in its management and provide effective administration and financial support. The position requires a candidate who is competent in administration and management of finances in addition to understanding the work of parish councils and their services. The position is part-time, 4 hours per week and is home based; there is flexibility over the working pattern for these hours. This is an interesting position and the clerk will work closely with the Chairman and 6 other councillors.

The role encompasses a wide and varied range of duties including secretary for Council meetings. It requires a good organiser, an effective communicator; oral and written, and someone comfortable working on their own initiative able to meet targets as required. The candidate will prioritise correspondence and action routine matters on behalf of Council.

As Responsible Financial Officer the candidate will maintain accurate and up to date financial records of Council business, oversee authorised expenditure and produce timely financial management and budget reports to aid Council.

The salary for the position will be pro-rata for 4 hours per week against an annual salary set in LC2 of National Joint Council pay scales. Based upon scale point 18 i.e an annual salary of £24,313; this equates to £2628 per annum (£12.64 per hour). Based on experience and qualifications the salary may be set on a higher scale point.

A full job description can be downloaded from the parish website. Applicant should submit a current CV and a detailed supporting letter outlining their skills and suitability for the position to jeffreycouzens@btinternet.com. For further details or an informal discussion, please contact Cllr Mr Jeffrey Couzens on 01400 251195.

Closing date for applications is Friday 5th June 2020. Please note that applications will be considered upon receipt.

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19

In & Around The Garden

As usual the weather for the last few weeks has been very erratic, with temperatures over 20 °C at the end of April and cold winds and a frost forecast for mid May. After the winter deluge a dryer March was welcome, but April showers failed to materialise and we've only had 22mm of rain over the last 8 weeks – the average for that length of time is 90-100mm. So far I have only had to water recent plantings and the veg patch, but the sunny parts of the garden are looking very dry.

We had a pair of robins nesting in a box behind a dense wall shrub, and I have been watching them bringing food in for several weeks. They usually perched briefly in a nearby tree, then made their way through the bush to the nest. One afternoon one of the adults was in the tree and just about to visit the nest when a crow flew in and landed on the lawn. The robin took off and went not to the nest, but into a juniper well away from it, where it waited until the crow left. When the coast was clear it came back and delivered the food. Is it instinctive to avoid the nest when predators are around, or is the robin smart enough to understand that he would give away the nest's location by flying in with a beak full of worms while the crow could see him? In any case the nest was safe and a few days later we watched the first fledgling leave the box and clamber into the bush. For the next few days the adult robins carried food to the end of the garden where they had hidden the brood in the undergrowth, and later I saw three young robins flying over the garden wall. Job done.

The other birds mostly come in pairs these days, but we still have to fill the feeder daily. Two groups of baby blackbirds have been seen in the garden, usually shepherded by a male. They have several broods a year, so their mates may be working on the next one already. The summer visitors are also returning: I've seen a few martins and swallows around Caythorpe and to my delight and relief a group of at least a dozen swifts has been screaming over the garden in the last few days. I have read that their numbers are in decline so it's great to see them back.



Geum Mai Tai



Pasque Seed Heads



Welsh Poppy

The borders are starting to fill out and although the tulips have finished, alliums are now providing colour in the sunny areas. Welsh poppies have seeded wherever there is a bit of shade and provide plenty of pollen for bees. Many of the rockery plants are in flower, including a pretty pale orange Geum 'Mai Tai'. I bought it last year, but its few flowers were rather a

disappointment. This year it has lots and looks lovely – gardening requires patience! Scabious have also started flowering, and will go on doing so until autumn if deadheaded regularly, but I won't be deadheading the Pasque flower just yet, as the seed heads are attractive in their own right.

I've decided to try to do without insecticide entirely this year. I only ever used it on a few plants affected by capsid bugs and on lily beetles.



Lily Beetle Eggs and Larvae



Red Lily Beetle

The latter reappeared recently so now I am on a search-and-destroy mission. The adults are quite easy to spot and the orange eggs are laid conveniently in lines on the undersides of the leaves. It pays to crush them before they hatch as the larvae cover themselves in their own faeces and dealing with them is a messy job. **JA**



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A DAY IN THE LIFE

of a Farrier

by Mark Watson RVM, FWCF

Since around Roman times, humans have felt the need to apply shoes to horses' feet. Although the horse has been around for 60 million years, it has only been domesticated for a few thousand. Apparently, the word "farrier" comes from the French word "ferrier" (blacksmith) and the Latin word "ferrum" meaning iron. A farrier is a person who exclusively shoes horses, whereas a blacksmith, in the modern sense of the word, designs and creates metalwork such as wrought iron gates and railings.

I began my farriery career in 1991 in the King's Royal Horse Artillery in London. I served a three-year apprenticeship in the Army and left 20 years later as the Farrier Sergeant Major, running the Army School of Farriery in Melton Mowbray. The farriery apprenticeship is approximately 4 years long and the UK is the only country worldwide that has a law requiring farriers to be qualified.

My day starts around 7am when I go into my forge to load my van with the shoes required for the day. I then set off, hoping to arrive at my first yard for 8am. I have regular clients who I visit every 5 to 6 weeks. Horses require shoeing around this time usually due to the amount of foot that grows rather than the horse wearing the shoes out. The horse's foot is sensitive inside but is encased within the hoof which is similar to a giant finger nail. It generally grows around 1 to 2 centimetres per month.

This particular day I have two show jumping horses first who have just returned from an 8-week tour abroad. Their feet are long and require a lot of time to trim them correctly. The feet are trimmed with snippers (huge nail clippers) and then rasped perfectly flat with a sharp rasp (huge nail file). After this, the shoe is selected. There are hundreds of different styles and sizes of horseshoes and it is important to select the correct one. The shoe is placed into a gas fire ready for shaping. We get the shoe hot because the metal bends much easier and this allows more precision when fitting it to the foot. The shoe is placed onto the foot red hot which causes smoke but allows the farrier to get a good flat fit between the shoe and the foot. When the shoe is fitted, the final process is to nail the shoe onto the foot. The nails must only be placed into the insensitive part of the foot - but it is a fine line when you're placing nails into a living animal's foot.

It would take on average just over an hour for a farrier to shoe one horse providing everything is basic and straight-forward. I choose to take much longer these days and try to concentrate on the quality of the work I'm doing.

After around four hours, it's time to move to my next yard where I have one dressage horse to shoe and an older horse to trim. I shoe the dressage horse first and then it's time for the old boy's trim. He's led out, tied up and I slowly lift his front leg. He's not so flexible these



Rasping the foot level

days (I know how he feels!) so I try and hold the leg lower for him and give him regular breaks. After his trim, he has a gentle wander back to the field for the rest of the day in the sunshine. I book their next appointments, say goodbye and then I'm on my way home.

A fairly easy day today but enjoyable non the less. I finish the day in my forge making a pair of shoes for a horse later in the week. Farriery is a great job with lots of variety although the work is physically hard and mentally challenging. I feel very lucky to work for myself alongside some fantastic clients and some lovely horses and no two days are ever the same!



Fitting the hot shoe



Nailing the hot shoe to the foot

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NEWS & VIEWS



Our meetings have obviously been suspended during the lockdown. Meanwhile here's an excerpt from the colourful boyhood memories of Augustus Peach recalling Fulbeck at the turn of the 20th century:

The Village Parson

The parson's name was Willson such a man you never saw
He had to stoop to bear his frame through every open door
His voice was hard and throaty and his sermons somewhat short
For if at length he did but speak his surplice would be caught
Between his elbow and his face and drawn across his nose
To substitute a linen hanky neath his parson's clothes.

The Reverend Vere Francis Willson M.A. was the Rector throughout my young days in the village. An abnormal man big and tall, his half tall hat together with long clerical coat made him an outstanding figure in the village. He was more than a parson, he was interested and took part in all the activities of the village even to helping the farmers in their work and much to our displeasure in meting out punishment with the cane to the boys at school, whenever the schoolmaster was unable to attend school. He seemed to us boys always to be somewhere in the neighbourhood and often visited the school in the early mornings.

He could be very stern and also very amiable, good natured and kind. He undoubtedly loved to be a benefactor and the Sunday School children's annual Summer treat was enjoyed as much by him as the children. On that day we should have our instructions to bring to school a mug each, then to be marched to the Rectory in fours. There we should find the trestled tables laid out on the lawn covered with beautiful white tablecloths, highly polished tea urns at each end, and soon after our arrival covered with all the good things for a special treat to children in those days. During the tea the Rector together with the Rector's servants looked after our requirements. He would go round, lift up each child and say "You must have more, can you hold it?" After tea, time would be spent in games, racing supervised by him and even if you were unlucky, the loser could be sure of a prize. Before going home, each child received a bun and an orange.

He was sometimes included in the cricket team, but he was no player. Annually he would entertain all the policemen from the district at the Rectory to tea followed by a game of bowls on his lawn and a cricket match on the village cricket field. I remember at one such party (I was employed as boy at the Rectory at the time) during his speech he said "You know policemen like a parson are never popular, if I go down my drive and the lads of the village standing at the corner see me coming they say, 'Here's the b----- parson coming'? I know because they would gesticulate and begin moving away." During the Summer Messrs Boots Chemists staff at Lincoln would pay an annual trip to the Rectory, given tea and entertained. Choir supper at the Rectory after the Harvest Festival with another choir party every Christmas Eve with carols were annual events. A meat supper for the choir, parents of the Sunday School

children, bellringers followed by a first class entertainment on New Year's Eve then a midnight service at the Church.

He encouraged savings for he was always in attendance in the Parish Room at eight thirty Monday and Tuesday mornings to receive the coal and clothing clubs' cards. Probably threepence, sixpence and one shilling handed to him by children according to the parents' circumstances, entered on their cards and in his book. About October the amount collected would be augmented by money from the Rector according to the amount shown on each individual card, the cards having been collected by him and made up. Then the cards returned would be handed to the coal merchant or if a clothing card taken to the local tradesman or to a specified Lincoln clothing firm and purchases made previous to the Winter. The Rector paying the business houses direct with instructions that a further bonus by the firm be added to the card at the time of purchase. This made sure of the villagers having a supply of coal and the children having warm clothing and good boots for the Winter months. (Reproduced with kind permission of the author's grandson, Alistair Mutch)
Stay safe and well everyone!



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CS & NoC Parish Council News

Carlton Scroop and Normanton on Cliffe Parish Council

Parish Council Report

At the beginning of April the Government approved the LO1-20 Coronavirus Regulations. The effect of these Regulations was to enable Councils to hold remote meetings until May 2021 and removed the requirement to hold an Annual meeting this year.

The Parish Council determined that, in accordance with the Regulations, no meetings in person would take place until July 2020 (subject to Government guidance) and that the positions currently held by Councillors (Chairman, Vice Chairman, sub committee members and representatives of Village Organisations) would continue until an Annual Meeting was held.

Councillors continue working together (e-mail / telephone) and the Council contact e-mail continues as normal and should a meeting of the Council be required, arrangements will be made and advertised for a remote meeting

During these strange times, the Parish Charity Trustees have been joined with a team of volunteers and are doing sterling work looking after any special supply needs of Parishioners.

Adrian Illingworth, our Clerk, has decided that, after five years service, it is time to move on and will be leaving the Council on 31st May 2020.

Councillors have decided that, until a new clerk is appointed, they will carry out this function and each Councillor has undertaken specific duties to enable this. Details of these will be published on the Council website and the Council e-mail will continue as at present. Whilst Parish Council initiatives have been placed on hold, grass cutting will continue.

All Councillors have agreed for their contact details to be available on the website should anyone in the Parish have any concerns during this interregnum.

The Parish Council is preparing a job description/application pack for a Clerk which will be advertised in the coming weeks and looks forward to as many replies as possible

Keep safe and well.

J Couzens

Chairman, Carlton Scroop and Normanton on Cliffe Parish Council

Parish Councillors

Jeffrey Couzens (Chairman) • Simon Hutton (Vice Chair) • Richard Rainthorpe

Scott Baker Browne • Alan Thomas • Bridget Hankinson

csncpcclerk@aol.co.uk

History **Today** with Mansell Beard

This month, Mansell has sent in some fantastic photo's taken in Brandon and Hough on the Hill and we've spotted a well known Caythorpe Legend!



Top Left: Land Army Girls 1945
taken at Burtt's Farm, Brandon

Elsie Cobb, Jim Jex, Joyce Gibson,
Freda Gibson, Dolly Gilbert, Doris
Welbourne, Sheila Gibson

Top Right: Mr Reginald Baxter &
Miss Jean Towns - 12th July 1952

Bottom: Sam Extall with Taxi
waiting outside the Church at Hough
on the Hill





Approx 1940 - Carlton Road, Hough looking towards Lower Road and below, the same junction today.



To the right, circa 1940, High Road, with the Tower of the Church, today, the tree blocks the tower.



Left: Eastern House Hough on the Hill circa 1940 and the same view today below.



Right: Church of All Saints, circa 1940 and today.



Riverview Wellbeing Therapies

Despite Covid 19 lockdown, local therapist, Lisa Hartford, at Riverview Wellbeing Therapies, has just graduated with a diploma in Medical Hypnotherapy. The course originally planned as face to face lectures and some online line courses had to move all



online with the onset of Covid 19. But the students still managed to finish thanks to the hard work of the course providers – The Clinical Hypnotherapy School.

Lisa completed her **initial hypnotherapy training** in June 2019 and has been helping people with mental and physical wellbeing since starting her training in September 2018. However, like all professions there is a need for continuous professional development and that is why she attended the new course and increased her skills and knowledge. Her passion to help people stems from having poor mental health in the past and when she recovered, she changed career direction to start to help other people. Lisa has had to take all her sessions online, in line with most therapy work right now. Luckily there is research that shows online is just as effective. In addition to helping clients with hypnotherapy she now offers solution focused conversation therapy and specific help for PTSD. For this reason, she recently changed her business name from Key Hypnotherapy Solutions to Riverview Wellbeing Solutions to highlight her broader skills.

Lisa is halfway through a MSc Degree in Psychological Wellbeing and Mental Health which she is completing on a part time basis at Nottingham Trent University although right now her course is also being delivered online. Amongst other things the course has highlighted the prejudice some minority groups face when looking for help with their mental health, in particular the BME and LGBT. This knowledge has given her an insight into part of the perspective some clients bring to her sessions based on their past experiences with therapy. She offers warm and compassionate support to everyone.

Lisa can help with anxiety, stress, low mood and help you face other physical and mental challenges. She works with clients from the age of 10 and her oldest client to date was 84. If you are interested the first session is free and Lisa can work over the telephone or over zoom online. Right now, she is offering key workers free help – her way of giving something back to the community. Based in quite surroundings in Caythorpe, is one of the things clients like about Lisa's therapy room, but right now she can still bring some calm into your life over zoom.

Full insured, DBS checked. You can get in touch on 07903 774961 for an informal discussion on how she can help you and also how to get online if you need help with that.

Not from the Rectory

We shall meet again – in Hastings! At the time of writing this letter we are in 'lockdown' and our church buildings are closed – and will remain closed until at least 4th July and that assumes all five of the government's tests will have been met; nonetheless the life of the church continues and church members in the South Cliff Benefice along with many members of the various village communities are serving those communities reaching out – within the boundaries of social distancing – to those are isolating or alone and we very much hope making sure no one is without the food or the medicines they need

Her Majesty the Queen spoke to the situation and indicated that we when life is back on track we shall once more 'meet again': within our own family one of those we look forward to meeting again will be my wife's aunt who lives in Hastings. LNER are in the process of refunding the fare we had paid for our planned day trip which for the present time remains in abeyance although it is one we have made several times as readers of this letter in News & Views will be able to see! The journey is to some extent a repeat of the journey I have previously reported on to Rochester but at St Pancras we will board a Southeastern Javelin train heading to Deal and Dover as far as Ashford International where we take the Marshlink train to Hastings

We understand there are draft proposals to extend the High Speed service through Rye to Hastings but for the present we can sit back and enjoy a gentle meander across Romney March through Ham Street and Appledore [the starting point for the trail linking the Fifteen Marsh Churches] and into Rye with its mix of medieval, Tudor and Georgian houses before reaching first Winchelsea and then Hastings.



Hastings boasts Europe's largest beach launched fishing fleet while from the clifftop country park there are unrivalled views over the old town – familiar to us from 'Foyle's War' - and out over the English Channel. The Normans landed to the west of Hastings in Normans Bay at Pevensey while the famous battle of 1066 was fought some way inland at Battle which can be reached by the train taking the alternative route from Hastings to London via Tunbridge Wells.

We'll meet again but in the meanwhile we pray for those affected by the Coronavirus: Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort in knowing that nothing can separate us from your love in Christ Jesus our Lord.

Stay safe, Stuart Hadley, Rector of the South Cliff Benefice

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Ramblings of the Old Rector

As I write this in my study on 16th May (right up against the deadline) I had planned to be in South Wales. Fifty years ago today I was coming to the end of my three-year ministry in Cimla, a district in Neath. I had been sent there by the Bishop of Llandaff to build a church on a very large local authority housing estate. For three years I had worked hard to establish a congregation of faithful people from all walks of life who became our friends. During this time we held our Sunday Eucharist in a redundant site office donated by the Metal Box company. I started a Senior (over 18-year-old) Youth Club which met weekly to discuss a subject of their choosing; after the discussion we adjourned to the pub next door where strong friendships were cemented. One lad became an international Rugby referee (Clive Norling). Another proceeded to ordination and has recently retired as a Canon of Llandaff.

Fifty years ago today the Archbishop of Wales came to Cimla to consecrate the new modern-style church, having approved my choice of St Peter and St Paul as the patrons. To the chagrin of the Archbishop I was about to join the Chaplains' Branch of the RAF, and so the night before the consecration, having prepared the church in readiness, I knelt alone in the empty building and prayed that the faithful, who were excited about the prospect of the morrow, would build a strong and lasting congregation on the foundations we had laid together over the three years of preparation. Any fears I might have had were groundless, for the church community in Cimla has gone from strength to strength. Twenty-five years ago we returned to celebrate the quarter-century with the dedication of an extension to the building.

I would never have imagined that the church building would be closed for today's half-century celebration of the Eucharist. Covid-19 has ensured that it is closed, and that the 100-plus regulars cannot assemble in celebration. It is all very sad.

Yet, there is no alternative; this virus is vicious, and demands that we take it seriously. The best thing to come out of it is the renewal of innate goodness and compassion in the British people at large. I have been so moved by the way in which communities have come together for the common good. I have been totally unimpressed by the response of the media. The BBC TV News department appears to fill the screen with anyone who rings in with a complaint, regardless of its veracity. In the interest of your mental health I would advocate the avoidance of televised news programmes and scrutiny of the daily newspaper!

Thankfully, the public has used its common sense and accepted government advice and at last the virus appears to be coming under control. It is early days and we have a long way to go, but Fr Stuart was able to visit the garden centre again, so there is hope. In Caythorpe we have been grateful to our Spar shop for providing us with a good variety of plants to ensure that our gardens will be havens of enchantment throughout the summer. I must say that the marvellous weather has played a significant part in our feeling of well-being. Even so, I am aware that one or two villagers are desolate at the cancellation of the cricket at Trent Bridge!

Brian Lucas (The Last Rector of Caythorpe)

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News & Views Shout-Out

Good morning News & Views! I haven't even opened my News and Views yet but had to congratulate you on the wonderful cover picture. What a powerful message it sends....I love it!! Well done. Stay safe. **Angie Hibbitt, Carlton Scroop**

Hi Folks! Firstly, what a wonderful edition the May issue is. The various anecdotes from LOCKDOWN 3 & 4 had the two of us here in our very own Lockdown rolling about with laughter. Keep up the good work. **Patricia Jeffery, N&V Reader**

WHAT IF

What if there were no birds any more
Nothing to watch flutter or swoop or soar
No owls to hoot in the dead of night
Nor lark to hover in melodic flight
Pouring his heart from a summer sky
For the benefit of you and I

And what if all the trees were gone
No boughs for birds to perch upon
No cool green shade for lovers talks
Nor russet carpet on autumn walks
Tall towers of green reaching for the sky
For the benefit of you and I

And what if all the flowers too
Deprived us of their scent and hue
No blaze of colour in municipal park
Nor night-scented-stock in summer dark
A dull old place this world would be
If there was only you and me

Mike Eyett, Caythorpe Resident

Gardening - Another Way

First plant 6 rows of peas: Prayer;
Perseverance; Politeness; Promptness; Purity;
Peace.

Next plant 3 rows of squash: Squash gossip;
Squash fault-finding; Squash indifference.

Then, 6 rows of lettuce: Let us be faithful, Let
us be unselfish, Let us be truthful, Let us love
one another, Let us work for others, Let us set
a good example

Finally no garden is complete without turnips:

Turn up with a smile, Turn up with new ideas,
Turn up with determination - to make
everything count for something good and
wonderful to make sure that each and every
day you will try to do something for someone
less fortunate than yourself.

Sent to us by a Normanton Resident

The deadline for **News & Views** is midday 17th of each month. If you have any events you wish to advertise or articles, letters, contributions etc, please drop us a line at:

editorsnewsandviews@gmail.com

Letters, which are most welcome, are accepted by email only. Please provide your name, address and a contact number. Your name or pseudonym will be published. Your letter may be edited for reasons of content or of space.



CHURCH MOUSE NEWS



If Jesus fed the 5000 today

The South Cliff Benefice

Our churches are currently locked and no services are taking place in them. For up to date information please see the benefice website at www.southcliffchurches.uk and join the Rector for a live streamed service of Holy Communion at 10am each Sunday on the Benefice Facebook page at <https://www.facebook.com/Southcliff-Benefice>

St. Vincent's Church 200 Club draw has been suspended from May 2020 until further notice due to COVID-19. Collectors are unable to collect the yearly subscriptions.
Thank you for your support – Janet Hoddell.



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PETE'S PUZZLES

ALL ANSWERS ON NEXT PAGE

1. Which current County of England is the only one starting with the letter T?
2. What type of bird is a Yaffle?
3. Which football team that is not based in Glasgow last won the Scottish Championship ?
4. In which Book Series (Also TV, Film, & Radio series) will you find the characters Arthur Dent, Ford Prefect and Zaphod Beeblebrox ?
5. Who was named Time Magazine Person of the Year for 2019?
6. "Kiss Me Kate" is a musical version of which play by Shakespeare?
7. What was Queen Singer Freddie Mercury's name at birth?
8. According to the cartoon theme tune, who lives in a Pineapple under the sea?
9. Your 15th Wedding anniversary is traditionally known as what?
10. In which sport will you find teams named 'Maple Leafs' 'Penguins' and 'Devils'?

The above questions all appeared in the News & Views Quiz Night,
so that's a good taster of the questions asked.

Think you can win one of our quizzes? Come along to the next one and find out!

Dingbats

1. **YYY MEN**
2. **DEA**
3. **Timing Tim ing**
4. **COTAXME**

Sudoku

		4		9	6		8
			5	8			
			3				1
					2	4	3
	5					9	
6	9	3					
1				4			
			2	1			
7		6	8			5	



Pete's Puzzles Answers

- Answers to Pete's Puzzles**
1. Tyne & Wear
 2. Woodpecker
 3. Aberdeen
 4. The Hitchhikers Guide To The Galaxy
 5. Greta Thunberg
 6. The Taming of the Shrew
 7. Farrokh Bulsara
 8. Spongebob Squarepants
 9. Crystal
 10. Ice Hockey (Toronto, Pittsburgh & New Jersey)

S	5	7	4	1	2	9	6	3	8	
U	9	3	1	6	5	8	4	2	7	
K	2	6	8	3	4	7	9	5	1	
O	8	1	7	9	6	5	2	4	3	
D	4	5	2	7	3	1	8	9	6	
S	6	9	3	4	8	2	2	1	7	5
J	1	8	9	5	7	4	3	6	2	
O	3	4	5	2	1	6	7	8	9	
K	7	2	6	8	9	3	5	1	4	

- | | |
|----------|------------------------|
| D | 1. Three Wise Men |
| I | 2. No Idea |
| N | 3. Split Second Timing |
| G | 4. Income Tax |
| B | |
| A | |
| T | |
| S | |

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Electrical Emergencies, Power Cuts	0800 056 8090
Environmental Agency Incident Line	0800 807060
Lincolnshire County Council	01522 552222
South Kesteven District Council	01476 406080
NHS Direct	111
South Cliff Churches (S Hadley)	07398 390549
Samaritans (Free call)	116 123
Caythorpe Primary School	01400 272600
Sir William Robertson School	01400 272422

WHAT'S ON IN JUNE 20?

<u>Date</u>	<u>Event</u>	<u>Page</u>
1 st	Primary Schools start to open in England	14
15 th	Boris might make another confusing announcement??	16
30 th	Stay Safe, Stay Alert, Stay Home...or go to work, but not on public transport, but work from home if you can, stay in but go out but definitely stay alert!	17

Employ my Mother as a cleaner and Dad as the gardener, then they can both come round, that's ok. Coming round as Mum and Dad, well that's just illegal!

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